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# The Quincy Sun



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**MILES AND SMILES** - A happy Ingrid Thorvaldsen-Mannix - one of the youngest runners in the annual Frank Buckley Memorial 5K Road Race, crosses the finish line as onlookers cheer her on in front of the Squantum Elementary School July 10. The race, traditionally held over the Independence Day holiday weekend, was delayed one week due to the weather. Story, other photos Page 16.

Quincy Sun Photo/Larry Carchedi

## Cain Wants Realistic Solutions From New Commission

By SCOTT JACKSON

Ward 3 Councillor Ian Cain, who was recently named the chairperson of a new mayoral commission on diversity, equity and inclusion, said he wants the commission's solutions to be realistic and for the process to be "very pragmatic, non-emotional and non-political."

Mayor Thomas Koch named nine members to the commission earlier this month and asked Cain to serve as its chairperson.

Also serving on the commission along with Cain are attorney Gabriel Cheong; Faries Gray, a leader of the Massachusetts Tribe at Ponkapoag; Philip Chong, the president and CEO of Quincy

Asian Resources; David Murphy, the city's commissioner of natural resources and formerly the town manager of Randolph; Lola Tom, the director of Asian services and community development for Hamel-Lydon Chapel; Mercy Umoren, a 30-year resident of the city; business owner Tony Patel;

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## Koch: Downtown Development One-Third Done

By SCOTT JACKSON

Mayor Thomas Koch said plans to redevelop Quincy Center are about one-third finished, with four major projects complete and several more in the pipeline.

"I said this in '07 when I ran: We want to finish Crown Colony, we want to build in the downtown, and the last frontier is the shipyard. We want to tackle the shipyard, and I meet with those guys on a regular basis, but that is an issue for another day," Koch said in a recent interview.

"We are, I would say, a third through the new downtown Quincy."

The mayor discussed his plans for Quincy Center during the interview. When asked how he envisions the downtown area will look when he leaves office - whether that is in two years, six years or longer - Koch said the goal for the area remains the same as when he first took office in 2008: creating a vibrant new neighborhood.

"When I was running for mayor in '07 and prior to that I worked from a couple of different mayors, all you heard from people was 'the downtown has gone to hell, it is decrepit, it is in decline' - whatever term you want to use - 'when

Cont'd On Page 4



**MAXSON TORRES** of Quincy rides a scooter through a course during one of the games at Cub Scout Pack 42's Bicycle and Scooter Rally. Story, other photos on Page 32.

Photo by Vy Nguyen, Cub Scout Pack 42 Quincy



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**LaBrique Field Renovations Underway - Page 14**

**More Quincy news:**  
**The Quincy Sun.com**

# Endurance Exercise: Why And How

## Practical Fitness With Wayne L. Westcott

By WAYNE WESTCOTT

Some people tell me that they don't have the time to exercise, and others say they don't see the need to exercise as they are not overweight. These individuals are definitely not in the minority.

The most carefully conducted research study in the area of exercise participation found that only 3.5 percent of adults under age 60 meet the national recommendation for regular physical activity, which is 30 minutes a day, 5 days a week, at a moderate effort level (equivalent to walking at a 24 minute per mile pace). Less than 2.5 percent of adults over age 60 meet this relatively modest exercise criterion, even though many in this age group have more time availability for physical activity.

For a variety of good reasons (not the least of which is better health and fitness benefits), the new national exercise recommendations offer an alternative training program of 20 minutes a day, 3 days a week, at a higher effort level (defined as jogging or other aerobic activity at a similar energy output). While exercise that is effective for improving health and fitness does require a regular time commitment, 20 minutes of aerobic activity, 3 days a week should be manage-

able for most people. It is also important to understand that endurance exercise has many physical benefits in addition to weight loss. Let's examine some of the remarkable physiological adaptations that can be attained through appropriate aerobic activity.

**Heart Becomes a Better Pump:** After several weeks of effective endurance exercise, you will notice a reduction in your resting heart rate. For example, instead of beating 75 times a minute, your heart muscles may contract only 65 times a minutes, for a 10 beat per minute lower resting heart rate.

The reason your heart can beat less frequently at rest is because it can pump more blood each time it beats. It has basically become a stronger pump as a result of your endurance training program. One heart adaptation involves larger pumping chambers that can hold more blood. Another adaptation involves stronger heart muscles that can contract with more force. A 10 beat per minute reduction in resting heart rate saves almost 15,000 heart beats per day. But a slower heart rate serves several other purposes, such as giving your heart muscles more rest between beats, giving your heart chambers more time to fill with blood between beats,

and giving your heart tissue more time to receive its own oxygen supply (which occurs between beats).

**Blood Vessels Become a Better Delivery System:** One of the most remarkable adaptations to aerobic activity is the proliferation and enlargement of your body's blood vessels. Regular endurance exercise increases the number of blood capillaries and the diameter of your blood vessels. It is similar to watering your garden using 10 larger hoses rather than using 5 smaller hoses. With more and larger vessels you can increase the flow of oxygen-rich blood to your muscles, and to your heart.

**Blood Becomes a Better Oxygen Transporter:** With endurance exercise your blood volume increases and the number of oxygen-carrying red blood cells increases. This is like adding 20 more boxcars to a 100-boxcar train. You are able to bring more oxygen to your muscles, and to your heart.

When your heart becomes a better pump, your blood vessels become a better delivery system, and your blood becomes a better oxygen transporter, you can perform higher levels of aerobic activity for longer periods of time. What used to be a fast pace now feels like a slow pace, and

what used to feel like a long exercise session now feels like a short exercise session. Physical tasks that used to leave you winded now barely raise your breathing rate. Essentially all of the usual lawn and garden tasks (mowing, raking, hoeing) become easier to do, and even enjoyable (to some degree).

But how to do you attain these beneficial physical adaptations most effectively and efficiently? While there are many training programs and exercise protocols that promote cardiovascular development, my preference is interval training. Interval training is especially well-suited to beginning exercisers who do not have the physical ability to perform sustained endurance training.

Although there are unlimited combinations of intervals, I recommend the following training guidelines for new exercisers:

- Limit your interval training sessions to 22 minutes
- Perform 11 intervals, beginning and ending with lower-effort segments (warm-up and cool-down)
- Perform each of the 6 lower-effort intervals for 2 minutes
- Perform each of the 5 higher-effort intervals for 2 minutes
- Perform your lower-

effort intervals at a 2 to 3 level on a 10-point scale of exercise exertion

- Perform your higher-effort intervals at a 6 to 7 level on a 10-point scale of exercise exertion

- Do interval training 3 non-consecutive days each week

Consider the following example of an interval training program performed on a stationary cycle. Begin with a 2-minute lower-effort interval at 50 watts (warm-up), followed by a 2-minute higher-effort interval at 100 watts. Repeat this alternating pattern of lower-effort and higher-effort intervals 5 times, then conclude your training session with a 2-minute lower-effort interval (cool down).

As you become more fit, you will need to increase your higher-effort interval to 125 watts to achieve a 6 to 7 effort level, which should be very reinforcing.

Of course, you may perform a similar interval training program on a treadmill, step machine, rowing machine, or other type of endurance exercise equipment. Regardless of the exercise mode, the higher-effort intervals are effective for attaining appropriate training intensity, and the lower-effort intervals are effective



WAYNE WESTCOTT

for maintaining desirable training duration. Interval training provides a practical combination of these key exercise components (intensity and duration) that results in beneficial cardiovascular adaptations and endurance enhancement.

Please check with your physician if you have any contraindications or limitations with respect to endurance exercise.

Wayne L. Westcott, Ph.D., is chairperson of the Quincy College Exercise Science Department and Director of the College/Community Fitness Center. He has written 30 books on physical fitness and strength training, as well as strength training chapters for 9 National Personal Trainer Textbooks. Wayne can be reached at 617-405-5978 or at [wwestcott@quincycollege.edu](mailto:wwestcott@quincycollege.edu)

## Car Wash Teams Up With School Partnership To Benefit Food Pantries

In honor of ScrubaDub Auto Wash Center's new Quincy location, the third generation family business has teamed up with the Quincy School ~ Community Partnership (QSCP) to support Quincy food pantries.

With food pantries in Quincy still recovering from the COVID-19 pandemic, this community initiative aims to collect food and monetary support for the pantries while rewarding donors with free ScrubaDub car wash services.

From July 29 to Aug. 9, visit ScrubaDub Quincy at 147 Coddington St., Quincy, to donate non-perishable canned/boxed food items (i.e. rice, pasta, cans of soup, cereal etc) or \$5 to support local food pantries and receive a complimentary Simoniz UltraShine Hot Wax (\$10 value) with your car wash. Alternatively, donate \$10 online to receive a FREE ScrubaDub Express car wash. Visit <https://www.scrubadub.com/fr/campaign/quincyschoolcommunitypartnership>

All food donations and 100 percent of the funds raised will be provided to the Quincy School ~ Com-

munity Partnership (QSCP) for distribution to Quincy's food pantries.

"It's an honor to partner with the QSCP to support local food pantries," said Mathew Paisner, ScrubaDub's director of Business Development. "As a regional family business founded in Massachusetts in 1966, giving back to the communities where ScrubaDub operates is crucial to our success. Food pantries help families in need put meals on the table. COVID-19 has created obstacles for many Quincy students and families so we're thrilled to work with the QSCP to better support the Quincy community."

"The pandemic has had a large effect on our students and families, as well as local food pantries in Quincy. It is essential that we get back on track with helping our community," said Keith Segalla, executive director of the Quincy School ~ Community Partnership. "We are grateful for the support we receive from all business partners and excited to launch this new community fundraiser with ScrubaDub to help our food pantries."

## Councillor DiBona Holding Office Hours At City Hall

Councillor-At-Large Noel DiBona will hold summer office hours at Quincy City Hall in the Great Hall, James R. McIntyre Government Center building, 1305

Hancock St. on Wednesday, July 28th from 5 to 6 p.m.

DiBona hosts office hours to give the residents of Quincy an opportunity to come in and discuss any

topics in person. Other office hours this summer are Wednesday, Aug. 11th from 5 to 6 p.m. and Wednesday, Aug. 25th from 5 to 6 p.m. If these days or times

don't fit your schedule you can email [ndibona@quincyma.gov](mailto:ndibona@quincyma.gov) or call 617-834-4081 to arrange an appointment to meet with him.



PIPING PLOVER spotted by Quincy photographer Stephen Fearnley at Wollaston Beach July 12.

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# Quincy, Braintree Residents Oppose Proposed Billboard

Digital Sign Would Be Located Along Route 3

**By SCOTT JACKSON**  
Residents and elected officials from Quincy and Braintree spoke out against a proposed digital billboard that would be located along Route 3 in Quincy. Members of the board vetting the proposal were also skeptical of the idea.

Quincy's Zoning Board of Appeals on July 13 held a public hearing on the request of the John Flatley Company for a variance to construct the new digital billboard at 1 Crown Drive, which is located within the Elevation apartment complex at Crown Colony. The board did not vote on the proposal that evening and will discuss the matter again on Aug. 10.

The proposed billboard, which would be 35 feet tall, would face toward Route 3 and Braintree. It would replace an existing billboard

already on site.

"We are essentially seeking to replace the signage that exists there today, the static sign that exists there today, with a new digital sign," said Edward Fleming, the attorney representing the John Flatley Company at the hearing.

While the developer is seeking permission to build the new billboard, a provision in Quincy's municipal code prohibits the construction of new billboards and also prevents the ZBA from granting a variance for such a sign.

"The construction of new off-premises signs, including billboards, is prohibited throughout the City and the City may not issue permits for their construction or relocation. No use variance shall be granted to vary this provision," the municipal code states.

At the July 13 hearing, however, Fleming said a separate section of the code gives the ZBA the ability to grant use variances in all zoning districts throughout the city — a provision he said was not changed when the City Council barred the ZBA from granting variances for billboards.

"They didn't change the underlying authority that was given to the Zoning Board of Appeals," he said.

In addition, Fleming said the ability to permit billboards ultimately rests with the state's Outdoor Advertising Board. That board, he said, would have to hold a public hearing where residents of Quincy, Braintree and other communities would be allowed to share their concerns.

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## Koch Open To Police Bodycams

**By SCOTT JACKSON**  
Mayor Thomas Koch said he would be open to having members of the Quincy Police Department wear body cameras but would need to discuss the issue with senior police officers first.

The mayor was asked about police body cameras during a recent interview after state officials announced they would make grant money available to municipalities looking to purchase them. Koch said he would need to discuss that matter with Police Chief Paul Keenan and other department leaders before committing to the idea.

"That is a question I would like to have a conversation with my chief about and the command staff. We haven't talked about that in a long time, quite frankly," Koch said.

"I know, in looking at it, it sounds good on the face of it but if you are getting called to a domestic violence case, I don't know that people involved in something like that would be happy they are on camera. I think there are some sensitive issues regarding that we have to make sure we flesh out."

Cont'd On Page 10



**BUSINESS HALL OF FAMER** — The Quincy Chamber of Commerce recently inducted Granite City Electric and its CEO Phyllis Papani Godwin into the Quincy Business Hall of Fame. The induction ceremony took place before more than 250 business leaders, government officials and members of the Godwin and Papani families at the Chamber's recent Annual Meeting, held at the Pavilion at Granite Links. Mayor Tom Koch gave the keynote address. Granite City Electric was founded by Italian immigrant Nicholas Papani, Phyllis's father, in 1923 in Quincy. In the photo from left to right is Jim Dunphy CEO of South Shore Bank, the event sponsor; incoming Quincy Chamber Board Chairperson Christa Hagearty, CEO of Dependable Cleaners; Phyllis Papani Godwin and Chamber President Tim Cahill.

Photo Courtesy Quincy Chamber of Commerce

## Homeowners with equity: Roll all your debt into one new loan

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Some additional facts: Rate/Annual Percentage Rate (APR) effective as of 07/14/21 and may change. Applies to 1-4 family owner-occupied homes. Assumes a maximum 80% loan-to-value and first mortgage position. Subject to credit approval. A 30-Year Loan would be repaid in 360 equal monthly principal plus interest payments of \$4.21 per \$1000 borrowed, which do not include taxes or insurance premiums, if applicable. So your actual monthly payment will be greater. NMLS #409557.



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## Moments in time

THE HISTORY CHANNEL

• On Aug. 2, 1776, members of Congress affix their signatures to an enlarged copy of the Declaration of Independence. Fifty-six congressional delegates in total signed the document. John Dickinson of Pennsylvania and James Duane, Robert Livingston and John Jay of New York refused to sign.

• On Aug. 3, 1861, the last entry of Charles Dickens' serialized novel "Great Expectations" is published in his literary circular, "All the Year Round." The novel tells the story of young Pip, a poor orphan who believes he will inherit a fortune.

• On Aug. 6, 1890, at Auburn Prison in New York, the first execution by electrocution in history is carried out against murderer William Kemmler. When the current failed after 17 seconds, a second charge was required for two minutes before Kemmler was declared deceased.


• On Aug. 5, 1914, the world's first electric traffic signal is installed, in Cleveland, Ohio. It consisted of four pairs of red and green lights on corner posts. A gas traffic light, in 1860 in the U.K., exploded after being used for a month.

• On Aug. 4, 1936, American Jesse Owens wins gold in the long jump at the Summer Olympics in Germany. It was the second of four gold medals Owens won in Berlin. Owens would win his third gold medal in the 200 meters the next day.

• On Aug. 8, 1942, six German saboteurs who secretly entered the United States on a mission to attack its infrastructure are executed for spying. On June 12, the German team had buried explosives on Long Island to use later. On July 18, a second team had successfully landed in Florida.

On Aug. 7, 1987, Lynne Cox braves the freezing waters of the Bering Strait to make the first recorded swim from the U.S. to the Soviet Union. Her swim took 2 hours and 16 minutes.

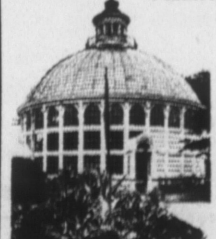
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**United States Botanic Garden**

The Botanic Garden is the oldest continuously operating public garden in the United States. George Washington, Thomas Jefferson and James Madison helped establish it on the National Mall in 1820; George Washington's letter written in support of it is on display in the Library of Congress. Its displays include rainforest plants, succulents, grasses, shrubs, orchids, medicinals, endangered species, butterfly gardens, a children's garden, water gardens and seasonal exhibits. — Brenda Weaver

Source: [www.usbg.gov](http://www.usbg.gov)



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# Downtown Development One-Third Done, Koch Says

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is somebody going to do something about it, it is a mess, there is nothing to go there for," Koch said.

"I know if you go back 20, 25 years, people were hoping that Sears was coming back or Remick's was coming back. Those days were over when the malls came — now the malls are struggling to succeed.

"The vision became 'we have to create a brand-new neighborhood.' We need people to live there 24-7, we obviously want commercial and professional for balance, and we want retail. Retail covers restaurants, stores, boutiques — you name it. That covers a big variety of things.

"With the pandemic, we saw the advancement of the home delivery stuff probably by a decade. It forced it to happen so much faster, but that is the future, so we have to deal with that.

"I would expect that we will have some boutique retail, a lot more restaurants, a performing arts center, an area in the center where families can go with their families and enjoy it. Safe, clean places to eat, places to go. I think there will be places people enjoy."

Four major developments in Quincy Center have been completed since 2016: West of Chestnut, Cliveden Place, Nova Residences and Chestnut Place. Those four developments include 536 residential units plus street-level retail spaces.

The city has also undertaken its own projects, including the opening of the Hannon Parkway, the relocation of the Town Brook to a new culvert, the creation of the Hancock Adams

Common between City Hall and the United First Parish Church, and a new municipal parking garage on the former Hancock Lot.

The projects done to date have helped create a sense of vibrancy in the area, the mayor said.

"I hear all the time people like to come up and just walk around Hancock Adams Common. They love it, the atmosphere, whether it is day or night," Koch said.

"It opens up a whole new world, but at the end of the day it is the heart of the city. It's the downtown. It's where you want density, vibrancy, obviously tax revenue — all those things. That is where it should be, and we are making progress.

"The same people that probably squawked about 'downtown looks like crap and you haven't done anything' are now squawking because there is too much going on."

Other developments are in the pipeline for Quincy Center.

The City Council has approved land disposition agreements for two other projects, both of which still need to go before the Planning Board.

In June 2019, councillors approved an agreement with FoxRock Properties, which planned to construct three new buildings on a portion of the former Ross Lot. The company's proposal for the site includes a medical office building, a 140-room hotel and approximately 196 residential units.

In December 2020, councillors approved an agreement with LBC Partners to develop the remaining portions of the former Hancock Lot on parcels known as R2

and R3 in city planning documents. The company plans to construct two more buildings on the lot with roughly 360 residential units between them and additional retail space.

Koch announced three additional projects — containing nearly 600 total residential units — last month, all of which would be constructed in the stretch of Hancock Street that borders the former Ross Lot. Two of the buildings, one of which would house a performing arts center in its lower levels, would be up to 15 stories tall. The third building would stand seven stories tall, including two stories of restaurant space on the lower levels.

Those projects, along with FoxRock's development nearby, will transform that area of the downtown, Koch said.

"What we talked about, those three buildings, and then FoxRock — we are going to be talking about that more in a couple weeks — on that side, what is going to happen there is going to be incredible, the change and transformation," he said. "And, it is new jobs, permanent jobs, places for people to live, expansion of all the retail and vibrancy, and new tax revenue that helps the entire city."

When asked if a multiplex movie theater could open in Quincy Center in the future, Koch said it would be unlikely. The performing arts center, however, could include a cinema of its own.

"A movie theater is difficult," he said. "I think the performing arts center is going to have some sort of a movie theater aspect to it.

Maybe it is film festivals. Maybe it is certain times of year they do different things.

"These big companies, they want a 12- or 16-cinema complex that would need the whole downtown for the parking lot. It is just not really feasible. I think a boutique-type movie theater may be incorporated into the performing arts center. It makes some sense and probably will happen."

Other entertainment venues — like a bowling alley or a place to listen to live music — are more likely to arise in Quincy Center, the mayor said, and one such venue could be located in the seven-story building Joey Arcari of the Boston Hospitality Group unveiled plans for last month.

"That other stuff is going to pop," Koch said. "Arcari talked about a two-story restaurant and entertainment facility — who knows how that is going to shake out. Those things are going to happen just organically.

"I have heard from some people, 'we need a place where you can go in and there is a band playing or some singers or just a piano bar.' We have a lot of great restaurants, but they are looking for that next level now and the market is going to force it. It is going to happen for sure."

As for finding retailers to come to Quincy Center, Koch said that could be a challenge given today's climate for retailers.

"That is going to be a challenge, trying to find those boutique retailers, because the retail world has changed dramatically and drastically," he said.

## BBB Offers Tips For Back-To-School Shopping

As families prepare for the upcoming school year, National Retail Federation (NRF) studies indicate back-to-school spending leans towards the need for new outfits. It's time to put away the sweat pants and put on the good clothes. Half (49%) of parents with school-aged children say their kids are most excited to shop for apparel this year, up from 42 percent last year.

Before determining what students may need for the year, be prepared for a shift from one teaching format to another, and set a budget. Planning ahead, as much as possible, will help keep expenses to a minimum and help everyone involved stay on task.

BBB recommends the following tips when looking for school related items, either in person or online:

### In person shopping

Retailers are eager for shoppers to come back but with restrictions? Mask mandates, social distancing, hand sanitizer, and other precautions may still be in place for some locations, as well as restrictions for those who have not been vaccinated. When trying on the latest fall fashions, contact the retailer ahead of time for their requirements. Consider following CDC guidelines for cleaning and disinfecting items upon arriving home.

### Research big ticket items

Check with your child's school to find out their technology requirements, and determine if there are any changes

necessary to the home's high-speed internet. According to NRF, 63 percent of consumers expect at least some school and college classes will take place online this year, up from 55 percent when the original survey was conducted in July 2020.

Before purchasing an expensive laptop, tablet or other computer accessory, research the brands, warranty, customer reviews and the prices at various stores to make certain the best deal can be had. Also, look up the retailer's reputation on BBB.org.

### Shop smart with sales and tax-free weekends

Compare prices between different retail stores, save coupons, sign up for email alerts and redeem any cash-back or rebate offers. This will help get the best deals and stay within budget. Also, your state may have a tax free weekend, enabling you to buy clothes, school supplies and other items without paying sales tax. To see what your state offers, check out this resource from the Federation of Tax Administrators.

### Ask for discounts

Many stores and software companies offer discounts. Some of them are available to students that have either an .edu email address or a student ID. Others may have a discount for signing up for marketing materials, or surf the internet for online coupons and discounts (make certain they

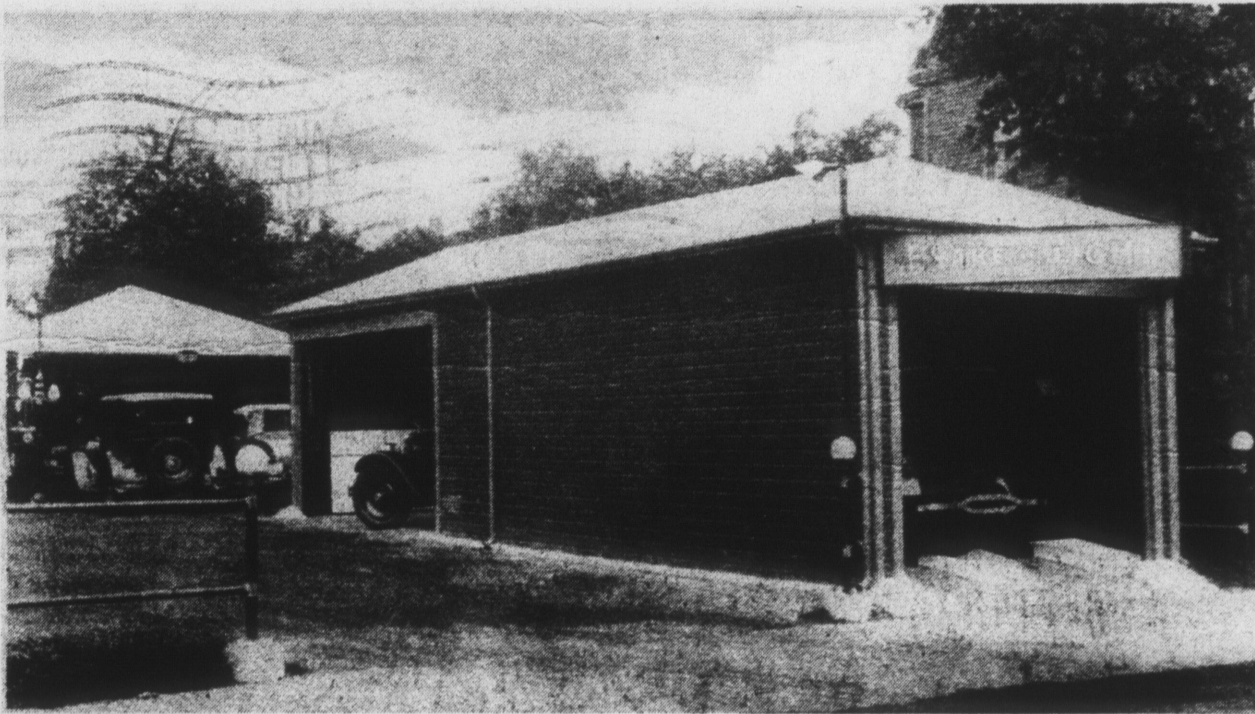
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## Scenes From Yesterday



**THIS 1930 POSTCARD** was published for the Blackie Service Station that was located near the corner of Woodbine Street and Weston Avenue in Wollaston. It was owned and operated by Albert Blackman who lived just around the corner. The sign over the door is barely discernible, but this was an official headlight and brake inspection station. The card was mailed to local customers as a reminder to have their lights and brakes

inspected. Stating on the reverse that "we serve you with expert knowledge and the most scientific equipment available." Surely they didn't have anything like the computers they plug our cars into today. The site of this business is now included in the Red Line's Wollaston Station parking lot.

*From the Tom Galvin Postcard Collection*

## Quincy's Yesterdays

This Week  
**1973**  
48 Years Ago

### 8-Ward Plan On Election Ballot

Sept. 6, Nov. 6, and Dec. 4 should be dates for Quincy voters to remember this year.

The City Council was expected to unanimously approve a plan to hold a referendum vote on the 8 Ward Redistricting plan Sept. 6. The primary election would then be held Nov. 6 and the final election Dec. 4.

The proposed action was being taken in an effort with the "one man, one vote" recent court decision. As presently constituted, the original boundaries were set in 1889 when Quincy became a city. Under the present configuration Wards 1, 5 and 6 are larger than Wards 2, 3 and 4. The eight-ward plan was devised to comply with the court decision.

(Editor's note: The eight-ward plan was defeated and the ward lines for the six wards were redrawn to comply with the court's decision.)

#### QUINCYISMS

**Amelio Della Chiesa**, former mayor, city councillor and state representative, celebrated his 72nd birthday July 31. Since retiring from public office, the former official and his wife Evelyn have been living in Pembroke... The Quincy Cooperative Bank, Quincy Center, was advertising "Term Deposit Certificates with rates and maturity dates ranging from 7-1/4% for 5 years down to 5-3/4% for six months"... Two sisters and their husbands, who are also friends and neighbors in Houghs Neck, jointly celebrated their 50th wedding anniversaries. More than 200 guests attended the celebration for **Mr. and Mrs. Christopher Simonelli**, 74 Charles St., and **Mr. and Mrs. John Romano**, 76 Charles St.... **Jean H. Phelan**, 105 Alstead St., North Quincy, received a Doctor of Education degree from Boston University's School of Education... Roberta's Fashion Shoppe, 1538 Hancock St., Quincy Center, was advertising a sale of "Dresses, Pant Suits and Sportswear, Save 20% to 50%"... Patriot Ledger photographer Everett Tatreau was installed as president of the Quincy Lions Club at ceremonies held at Duttons' Restaurant. Tatreau, who succeeds Roger Hamel, will serve from July 1 through next June 30... **Charles M. Melchionne**, a Marine Corps veteran of the Korean War and a member of the Robert I. Nickerson Post of Squantum, was installed as commander of the Norfolk County Legion Council... Foley Chrysler, 330 Hancock St., North Quincy, was advertising 1973 Chrysler New Yorkers for \$5,795... Kimberley's, Quincy Shore Drive, was offering "Friday, Saturday and Sunday Specials, 'Two Baked, Stuffed or Boiled Lobsters for \$5.95'"... The Fireside Lounge at Duttons', 125 Sea St., was featuring Sunday to Wednesday sing-a-longs with the Myrtle Kelley Duo... Two members of the girls' track team at North Quincy High School participated in the Youth Games in Birmingham, Alabama. They were **Jill Seamans** and **Janice Kelly**... The Quincy Bantam Minors won their first Bay Colony Hockey Association summer league game with a 4-0 win over Abington. **Jimmy Moore** scored two goals while **Jim Triglia** and **Mike Van Tassel** scored the other two goals... Quincy Recreation Director **William F. Ryan** announced that **Colleen O'Day** and **Stephen Mele** had been selected as "Leaders of the Week"... **Ruth McCrann**, daughter of Mr. and Mrs. **James McCrann**, 169 Wilson Ave., Wollaston, received a B.S. degree from Boston University's Sargent College. Miss McCrann was a Dean's List student... **Navy Personnel man Third Class Michael R. Fallon**, son of Mr. and Mrs. **George F. Fallon**, 112 Elm Ave., Wollaston, reported for duty aboard the guided missile cruiser U.S.S. Albany at Mayport, Fla... **Robert F. Denvir**, a candidate for Ward 1 councillor, in a letter to **Mayor Walter J. Hannon**, criticized illegal dumping on city owned marshes in the Houghs Neck area. Denvir suggested that guard rails be placed in the affected areas to prevent further dumping... **Putnam S. Borden**, executive director of the Council on Aging, announced that arrangements have been made with the MBTA to issue reduced one-half fare passes to senior citizens over age 65. The program will commence Aug. 1... The seniors' menu for Monday, July 30 at Sawyer Towers, Martensen Street, included scalloped hamburger and macaroni, carrots, roll, butter, coffee and dessert... **Marine Pvt. Roger P. Johnson**, son of Mr. and Mrs. **David W. Johnston**, 75 Curtis Ave., Quincy Point, has completed infantryman training at the Marine Corps base at Camp Pendleton, California.

### BBB Offers Tips For Back-To-School Shopping

Cont'd From Page 4

are affiliated with the retailer). Even if you don't see a discount advertised at the store, it doesn't hurt to ask.

**Consider buying in bulk**

If meeting in person, some teachers may ask parents to buy bulk items (pa-

per towels, tissues, wipes, hand sanitizer) for the entire classroom to use throughout the year. Compare lists with other parents and see if costs can be shared.

**Shop wisely, safely online**

When shopping online, be wary of "click bait" ads

that feature items that imply that you may want or need it based on the search history. Scammers could be trying to drive you to a different website to potentially steal personal information. Take note of the ad and go to the store's website by directly

typing into the search bar. Make note of the website's privacy policy, contact information, and always use a credit card when making a purchase.

Learn more about BBB Accreditation Standards and BBB Standards for Trust.

### New Commission: Three Points To Consider

I would like to thank Mayor Koch for appointing members to the Equity, Diversity, and Inclusion Commission. However, I am still bothered by his repeated denials that there is anything to investigate. I think there are three points to consider here.

First, anyone who has ever managed people learns quickly that perception IS reality. If, for example, someone of Asian descent believes that they will be accosted and harrassed if they visit the fountain outside of city hall, they will simply avoid the area. They will resent it, but they will stay away. Then, few will notice their absence. Redlining and talk of the "color line" are all too familiar touchstones here.

Second, as the saying goes, "Absence of evidence is not evidence of absence." Harassment and bullying only take place in public when the perpetrators are in the majority and feel safe. Usually, it takes place when there are no witnesses. As John 3:20 says, "For everyone who does evil hates

### READERS FORUM

the Light, and does not come to the Light for fear that his deeds will be exposed." So far these folks have managed to avoid the mayor's notice.

Third, while the commission does its work, I ask Mayor Koch to please consider changing his comment to "Let's see what we turn up." The suggested replacement is a signal to the commission to do a thorough job, and to everyone else that we do not have a definite answer yet.

I would be happy and relieved to receive an "I told you so" if the commission finds nothing wrong in Quincy. That may happen. But my own conversations with friends of other races and origins make me suspect that there will be plenty to talk about.

Gregory A. Baryza  
Cliveden Place  
Quincy

### Mayor's Use Of COVID Funds For College Frustrating

Mayor Koch's unreasonable, maybe arrogant, continued pursuit to buy the Monroe Building with COVID funds is frustrating and unforgivable.

He says the funds are being used for "recovery", but I don't see a "recovery" in the horizon. People are still being infected with the virus, with the Delta variant more prevalent. COVID hospitalizations are rising. Only about 60 - 70% of Mass. residents are vaccinated, with many other states with much lower rates (and we're not quarantining any tourists and residents who aren't, are we??). First responders are still risking being infected saving others. Medical research now has to deal with the Delta variant and maybe other unforeseeable variants.

So, Mayor Koch, instead of using the funds for the "recovery", why don't you allocate money to health professionals and health centers in the city who are / will be dealing with this crisis? And allocate funds to renters, who are out of jobs, so they won't be evicted? Or allocate funds to food pantries who have seen skyrocketed use of their services? Or even hold the money for a rainy day, because, Mayor, COVID and its variant(s) are here for the foreseeable future. There's NO recovery, but survival.

Mayor Koch says we would be up in arms and protest

if a private developer bought and built a high story condo building, or whatever a developer does, on that site to make a profit. Yes, we would be, but we are 10-times angrier with his using the American Rescue Plan Act funds to help a college survive, not for pandemic reasons, but because of its own mismanagement of funds, and for political reasons.

I'm mad as hell, and I hope many others are, too.

Gene Lee  
Quincy

### Suggestions For Local Supermarkets

Dear Quincy Supermarkets:

Myself and other seniors are now faced with shopping for one or two people. Would it be possible to put out smaller portions? We don't need pounds of fruit or vegetables. Also, when you offer, buy one get one free, could you have a bin at the front of the store for people to donate the extra item for the Quincy Food Bank?

Kathy McCluskey  
Quincy

# Arts & Entertainment

## Another Month On Display For 'Another Story' At MPL

By JEAN HLADY  
Milton Public Library

During the month of August, the Milton Public Library will continue its July display to host a local artist named Allegra Murray in an exhibit titled "Another Story."

This talented artist creates flowers from various papers, all sourced within the community. These three-dimensional pieces are very colorful and cool, incorporating lots of different hues and often with written words interwoven into the beautiful images. Each piece has a theme of its own to include graphics like musical notes or a local map of Milton streets, and the fun list of embellishments goes on to create a very enjoyable and eclectic exhibit.

The artist started creating paper flowers in 2017 when she made book page flower centerpieces for a Jane Austen-themed tea at our library. Since that time her plants

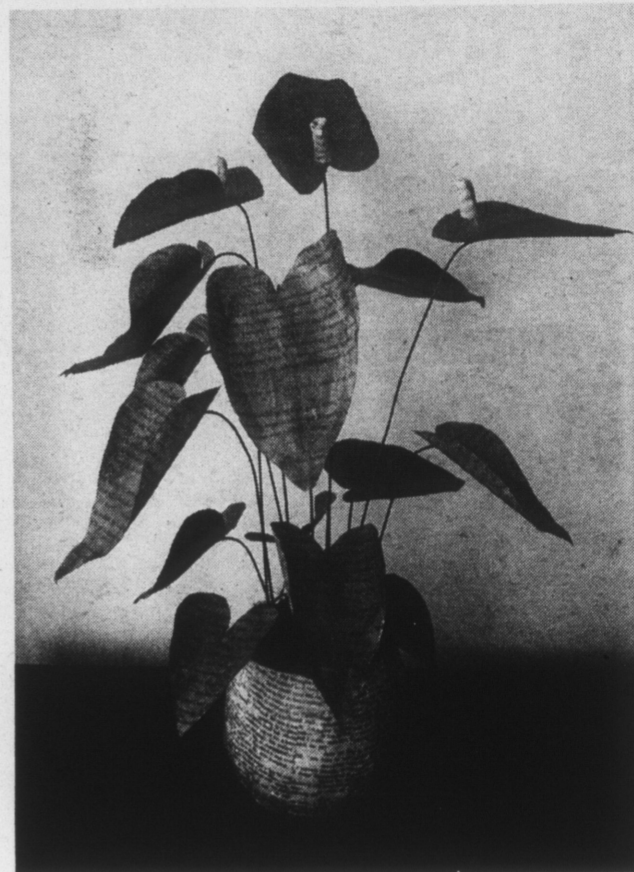
and flowers have been featured in local publications. Her sculptures were also included in several exhibits such as the Scituate Arts Association's "Annual Juried Show" and the Art Center East's "In Bloom" display at which her piece called "Hope Blooms 2021" was awarded honorable mention. She is originally from Long Island, NY and lives in Milton, with her husband and two sons. She has a Bachelor of Music degree from Manhattan School of Music and a Master of Science in Arts Administration from Boston University.

"When a reader thinks of a favorite book, the mind goes to the complex characters, the unforgettable settings, or the timeless story woven throughout the pages," Murray says of her work. "Once the last page has been read, the book is closed and it is placed back on the shelf where it remains until it is taken out



**THE SECRET UPSCYCLED GARDEN** created with paper flowers (above) and **Laceleafing Through the Pages** (top right) by artist Allegra Murray will continue to be on display during August by the Milton Public Library. To view this online display, go to: <https://miltonlibrary.libguides.com/art>.

Photos Courtesy Milton Public Library



again. Through my exhibit, 'Another Story,' I wish to celebrate the pages within the book which are so often hidden away when not being read. The used book pages, having been transformed into beautiful plants and flowers, bloom with the names, places, and quotes that rekindle the memory of a beloved tome."

To view this online display, go to: <https://miltonlibrary.libguides.com/art>. Here you can also see the many wonderful virtual art exhibits created over the course of the last year.

For questions and for more information about applying for an MPL display, Email [jhlady@ocln.org](mailto:jhlady@ocln.org).

## Movie Review: 'Black Widow'

By BOB GARVER

After more than two years, the Marvel Cinematic Universe is back on the big screen! Due to the pandemic, the MCU's poor fans have had to spend the last six months sustaining themselves merely on the three streaming series that have brought the entire medium to new heights.

But now it's time to start blowing up the box office again. A mere two weeks after 2021 delivered its biggest hit yet with "F9: The Fast Saga," the bar is being raised once again by arguably the biggest franchise in cinematic history. The film's \$87 million domestic haul this past weekend is certainly a boon to the box office. But I anticipate those numbers dropping off pretty quickly because this is not one of the MCU's better installments.

The MCU, for all its success, has had some noticeable insecurities in recent years when it comes to its female characters. Rival comic book franchise the DCEU got "Wonder Woman" to theaters in 2017, and the MCU has been desperately trying to play catch-up ever since. First there was the way they bragged about giving The Wasp top billing (alongside male superhero Ant-Man) in a 2018 film.

Then there was the female-led "Captain Marvel"

in 2019, which was probably the boldest step in the process, but still didn't impress audiences the way they hoped. That pan across the franchise's female heroes in "Avengers: Endgame" was a pathetic cry for approval. And now we're getting an unwarranted Black Widow movie even though the character has already been written out of the franchise.

The film takes place in 2016, between "Captain America: Civil War," but before "Avengers: Infinity War." Natasha Romanoff aka Black Widow (Scarlett Johansson) is on the run from government forces led by Gen. Thaddeus Ross (William Hurt) when she's sent a mysterious item by her former "sister" Yelena Belova (Florence Pugh). The two aren't really sisters, but they posed as sisters while they were stationed as Russian sleeper agents in the 90s. They and "parents" Alexei (David Harbour) and Melina (Rachel Weisz) formed something close to a real family before the girls were taken away by Gen. Dreykov (Ray Winstone) for long stints in assassin training. Now the time has come to shut down Dreykov's operation once and for all, but it will require getting the "family" back together even though they all hate each other and were never a real family anyway.

The good news is that Pugh, Harbour, and Weisz are all great in this movie. It's a lock that Black Widow herself will go on to the Infinity War, but the fates of the other three aren't so certain, so we can get caught up in their stakes. On top of that, the actors have good chemistry and their jokes hit at a good ratio. The bad news is that since Black Widow has been raised to be a killing machine, the character and the movie as a whole are noticeable robotic.

"Black Widow" wants to give its main character notes other than "heroic assassin haunted by her dark past," but it never manages to make her more interesting than that. The characters here are more grounded than in the rest of the MCU, so the action sequences, while fine, aren't unique or memorable. And I'm sorry, but the backtracking in chronology is a constant reminder that Marvel didn't see a need to give us a well-considered Black Widow movie at the appropriate time (and the one-year delay didn't help). This movie isn't going to turn anybody away from the MCU, but the franchise has, and hopefully will continue to have, many better entries.

Grade: C

"Black Widow" is play-



ing in theaters and available for streaming on Disney+. The film is rated PG-13 for

intense sequences of violence/action, some language and thematic material. Its

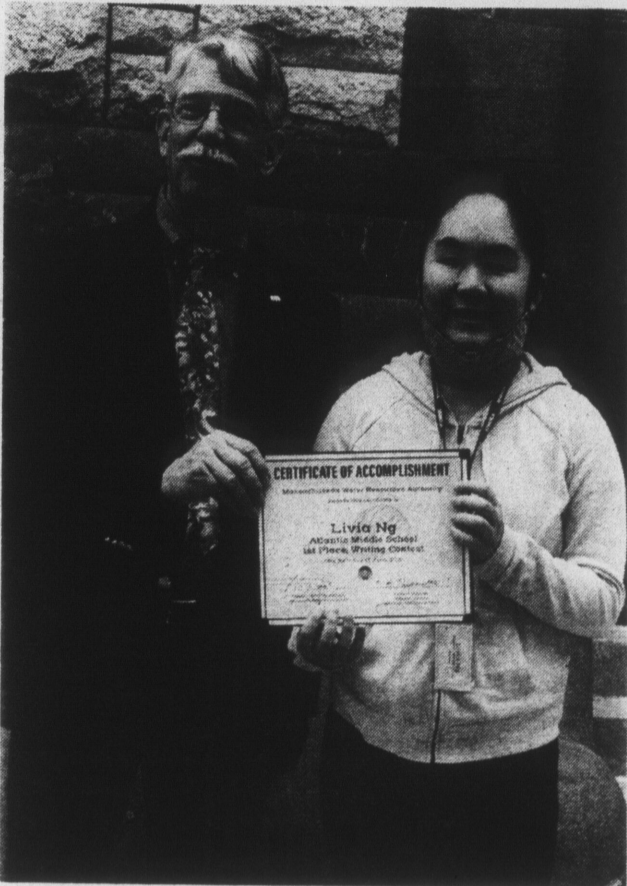
running time is 133 minutes. Contact Bob Garver at [rrg251@nyu.edu](mailto:rrg251@nyu.edu).

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## Social



LIVIA NG receives her first place essay contest award from Stephen Estes-Smargiassi, MWRA's Director of Planning and Sustainability and Waterworks Museum Board Member.

Photo Courtesy MWRA

### Livia Ng Wins 1st Place In MWRA's Poster And Writing Contest

The Massachusetts Water Resources Authority announces Livia Ng, a 7th grader in Holly Rendle's class at Atlantic Middle School, was the first place writing winner in the MWRA Annual Poster and Writing Contest.

Close to 100 people gathered at the Waterworks Metropolitan Museum June 22 to honor this year's contest winners. The theme for the 2020/2021 School Year Contest was "Water Works Because We Do." This year, students across the MWRA service area were challenged to use their creative skills to

design a poster or write an essay, story or poem about the important work being done behind the scenes at the MWRA to make sure we all have clean drinking water and proper wastewater treatment.

All winning posters and writing entries are on display at the Waterworks Museum located at 2450 Beacon St., Boston, through Sept. 30. All of the winning posters and essays are available on MWRA's website: [www.mwra.com](http://www.mwra.com).

Livia's first place essay appears on this page (bottom right).

## Summer Harvest And Care Of Raspberries

By MELINDA MYERS

Easy care raspberries are high in fiber and Vitamin C, making them a healthy snack as well as delicious in jams, jellies, and desserts. Enjoy the best flavor and reduce pest problems with proper harvesting and summer care.

Pick raspberries when the fruit is firm but soft, deeply colored, and easily slides off the hard core. Check your raspberry patch and harvest every few days to avoid overripe fruit that attracts picnic beetles and other pests. Consider wearing long pants and a long sleeve shirt for protection against the thorns and mosquitoes.

Place berries in shallow containers when harvesting and storing to avoid crushing the delicate fruit. Chill any uneaten berries within two hours of harvesting to preserve the freshness and flavor. Wait to wash berries until right before use to further lengthen their storage life.

Once the summer harvest is complete, it is time to do a bit of pruning. Remove the canes that bore the summer fruit back to ground level. These canes will not form fruit in future years. Removing them now gives new canes room to grow and reduces the risk of disease.

This is also a good time to check all canes for signs of disease problems. Look for sunken and discolored areas, cankers, and spotted, yellow or brown leaves. These symptoms along with dry crumbly fruit are clues disease, like anthracnose and spur blight have moved into your raspberry patch.



RASPBERRIES ARE READY to pick when the fruit is firm but soft, deeply colored, and easily slides off the hard core.

Photo courtesy of MelindaMyers.com

Remove and destroy diseased canes to ground level as soon as they are found. This is often enough to manage these diseases.

Summer is also a good time to thin the remaining canes on summer bearing raspberries. Remove weak or damaged canes, leaving three or four of the sturdiest per foot of row or six or eight stems per hill when growing in the hill system.

Wait until next spring to reduce the height of the re-

bearing, these produce a summer crop on second year canes and fall crop on first year canes.

Make pruning easier and benefit from an earlier, larger fall harvest by managing fall bearing raspberries with one pruning. Cut or mow all the canes to ground level once the plants are dormant and before growth begins in spring. This pruning technique eliminates the summer crop but is much easier, less time consuming, and eliminates any animal and winter damage in just one cut.

Consider planting a summer and a fall bearing raspberry patch to maximize the harvest. You'll enjoy summer raspberries from one planting plus a larger, earlier harvest from your fall bearing raspberries when pruning all the canes to ground level each year.

Grab your favorite berry harvest basket, dress appropriately and head to your raspberry patch. With every bite of fresh-from-the-garden raspberry or homemade raspberry treat you will be glad you took the time to plant, tend and harvest your own.

Melinda Myers has written more than 20 gardening books, including The Midwest Gardener's Handbook and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment.

More Quincy news:

The Quincy Sun.com

### The One Behind The Scenes: By Livia Ng

MWRA Writing Contest  
First Place, Grades 6-8

Livia Ng  
Grade 7, Atlantic Middle School, Quincy  
Holly Rendle, Teacher

Many of us take things for granted and we don't know just how lucky we are. We should have more gratitude for the little things in life that help us more than we know. In Massachusetts, many of us don't have to worry about having clean water or wastewater treatment because the MWRA takes care of it for us.

With their help, we can take a shower, use the bathroom, brush our teeth, wash our hands, and even be able to make our dishwashers work without having to worry about how the water comes and leaves our houses. During this time, what they do help us even more than we give them credit for. When they give us clean water, we're able to wash our hands and wipe down surfaces something essential to help lower the spread of COVID. By giving us clean water, they're practically helping us and the people around us be safe. And many of us have never heard of them even though they're so vital.

So who are the MWRA? The MWRA stands for Massachusetts Water Resources Authority and they make sure that we all have clean drinking water and/or proper wastewater treatment. Many people overlook the importance in what they do, but you should make sure you don't too. On their website they said, "MWRA's mission is to provide reliable cost-effective, high-quality water and sewer services that

protect public health, promote environmental stewardship, maintain customer confidence, and support a prosperous economy." And I for one think they are doing a fantastic job, for they help me with clean drinking water and wastewater treatment.

But how do they do it?

Let's first learn where they get the water for us to quench our thirst. The water we use is drawn from the Quabbin and Wachusett Watersheds and Reservoirs. Fun fact: the Quabbin Reservoir and the Wachusett Reservoir are the 2 largest bodies of water in the state of Massachusetts! The watersheds are filled with water from rain and snow and during the process of the water traveling to the reservoirs, they are naturally filtered. Since the lands around the watersheds are mostly forest and wetlands and haven't been built on, it helps keep the water clean and clear.

And for safety, the streams and the reservoirs are tested very often (over 1,600 water samples per month) and are patrolled daily by the Massachusetts Department of Conservation and Recreation. Since they're so well protected, the water is also very high quality. All of these factors ensure that we could get the best possible water!

During these steps, they also generate electric power as the water both enters and leaves the reservoirs. It's like killing two birds with one stone. They're providing us drinkable water and making electricity at the same time. When they use natural resources to produce electricity, they aren't using nonrenewable resources, therefore they are not contributing pollution, a major problem for the whole world. So they're helping us in so many more ways than just giving us water.

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## WHAT'S COOKING

with  
**Marie & Suzie**

By MARIE D'OLIMPIO and SUZIE FALCO

**Connie's Farm Cakes**

By MARIE

Recently, while looking over a cookbook that I had written in 1997, I came across a recipe from my friend, Connie called Farm Cakes. Farm Cakes are a cream-filled cupcake, all made from scratch, and you will see the homemade flavor shine through the moment you taste them.

Pre-heat oven to 350 degrees. Lightly grease 2 muffin tins. This recipe makes 18 Farm Cakes.

**Ingredients and Directions:****For the cakes:**

3 cups all-purpose flour  
2 cups sugar  
½ cup unsweetened cocoa powder  
2 teaspoons baking soda  
2/3 cups vegetable oil  
2 cups water  
2 tablespoons cider vinegar  
2 teaspoons vanilla extract

**For the Filling:**

8 ounces cream cheese, at room temperature  
1 egg  
½ cup sugar  
Pinch of salt  
6 ounces semi-sweet chocolate chips

Sift together the flour, sugar, cocoa and baking soda in a large mixing bowl.

Add the water, oil, vinegar and vanilla and beat at medium speed for about 3 minutes until well blended.

To make the filing, use a wooden spoon and cream the cream cheese.

Add the egg, sugar and salt and beat until smooth and thoroughly mixed.

Fold in the chocolate chips.

Pour the batter into the muffin cups, filling each about 2/3 full.

Spoon 2 teaspoons of the filing into the center of each cake.

Bake for 20 to 25 minutes or until toothpick comes out clean.

**Egg Rolls In A Bowl**

By SUZIE

I think my mother's favorite food of all are actually egg rolls. I'm sure I'll hear if I am incorrect but when I came across this recipe I adjusted some of the ingredients and oh boy is it delicious! I am planning on making it for her before this recipe gets published for a surprise.

Actual egg rolls are deep fried and not particularly healthy. Here is a version that allows you to get the same flavor combos without all the unhealthy fat and ingredients.

**EGG ROLLS IN A BOWL**

2 tablespoons sesame oil  
1 pound organic ground turkey/chicken or beef  
1 1/2 cups sweet onion finely diced  
1 stalk celery, minced  
1 cup carrots shredded  
1/2 teaspoon minced ginger  
3 cloves garlic, crushed  
4 cup organic chicken broth  
5 cups shredded cabbage

2 tablespoon Tamari or coconut aminos  
2 teaspoons rice wine vinegar or apple cider vinegar

1/2 teaspoon salt to taste  
1/4 teaspoon pepper to taste  
1 teaspoon toasted sesame oil  
Toasted sesame seeds, optional  
Green onions, optional

**Directions**

Saute the meat and onions with the sesame oil.

Cook about 4 minutes then add the carrots, celery, garlic and ginger. (Do not burn the garlic).

Cook for another few minutes.

Now add the broth and stir well getting all the bits from the bottom.

Now add in the cabbage, tamari (or aminos), salt and pepper.

Cover and simmer about 15 minutes.

Taste for seasoning.

Drizzle on the toasted sesame oil, sesame seeds and green onions before serving.

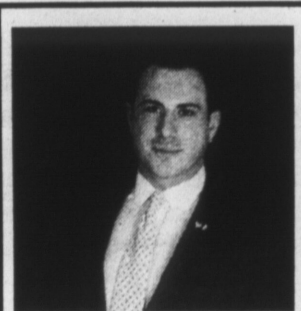
**Two Residents Graduate Clark University**

Two students from Quincy recently earned degrees at Clark University in Worcester.

Rose Burberry-Martin graduated with a Master of Business Administration.

Leonard Strauss gradu-

ated with a Master of Arts in International Development and Social Change.



Armando Agnitti, Esq., CISR  
Anthony Agnitti, CIC, LIA

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**Quincy Native's Short Documentary  
Film 'Blacksmith' Streams  
In 70th Country Worldwide**

Quincy native Frank DiCesare announces his award-winning short film "Blacksmith" has now been streamed in more than 70 countries and territories around the world.

According to analytics from the film's distributor, Filmhub, the 16-minute poetic documentary about Blacksmith Rob Flurry of Beaumont, Texas, reached the milestone in late May. Since its online debut in May 2018, "Blacksmith" has been streamed by viewers in North America, Central America, South America, the Balkans, Western Europe, Eastern Europe, Russia, Scandinavia, the Middle East, Africa, Asia, the Caribbean, and Oceania. "Blacksmith" is the first film from DiCesare and his production company, Oskar Films.

"Reaching streamers throughout the world has been an extraordinary experience for me and everyone involved in 'Blacksmith's' production," said DiCesare, who is president and CEO of Oskar Films in Sarasota, Fla. "We are grateful for our viewers and sponsors who have helped make 'Blacksmith' the online success it is today."

The news comes just four months after DiCesare launched his new website, [www.oskarfilms.com](http://www.oskarfilms.com) to promote "Blacksmith" and his future films. Oskar Films is currently in production on a new, short, poetic documentary, "Gardens of Life," which is being shot exclusively on Kodak Super 8 film. "Gardens of Life" has been registered with the Writer's Guild of America.

This year, "Blacksmith" was chosen for streaming on Smart TV apps GuideDoc, Filmzie, and Flexnet TV. The film is also available on Amazon Prime Video, Vimeo On Demand, and on



QUINCY NATIVE and filmmaker Frank DiCesare

Courtesy Photo

OskarFilms.com at <https://www.oskarfilms.com/films-won-the-special-jury-remi-award-at-51st-worldfest-houston-international-film-festival>.

In 2018, "Blacksmith" won the Special Jury Remi Award at 51st WorldFest - Houston International Film Festival. The festival's award is given to films that score in the top 4 percent in a particular category. "Blacksmith's" award was in the category of short documentary (under 60 minutes).

According to WorldFest's website, previous Remi Award winners include Steven Spielberg, Francis Ford Coppola, George Lucas, Brian De Palma and Ridley Scott. The award is named for American artist and sculptor, Fredrick Remington.

"Blacksmith" highlights the work of Rob Flurry, the resident blacksmith at the Spindletop-Gladys City Boomtown Museum (<http://www.lamar.edu/spindletop-gladys-city/index.html>) in Beaumont, Texas. Unlike the blacksmiths portrayed in the media today, Flurry's craftsmanship is that of the old-school artisan - no expensive equipment; no modern forge in which to work.

Instead, Flurry relies solely on nature's elements of fire, iron, air, and water (along with his own strength) to hammer out beautiful creations within the smoky furnace of his shop.

For more information on "Blacksmith," visit its IMDb page or its TMDB page.

Follow Oskar Films on Facebook at <https://www.facebook.com/oskarfilms>

Frank DiCesare was born in Quincy and graduated from Stonehill College with a bachelor's degree in English. He also holds master's degrees in English and English Education from Seton Hall University and Boston University, respectively.

A veteran journalist, his work has appeared on PBS and in U.S. News & World Report, National Geographic Traveler, Forbes Travel Guide, The Boston Globe, The Dallas Morning News and many other publications. In 2017, he turned his attention to documentary and filmmaking and formed Oskar Films, a division within his creative services firm, DiCesare Media Company.

**29 Quincy Students On UMass Lowell Spring Semester Dean's List**

Twenty-nine Quincy residents have been named to the Dean's List at the University of Massachusetts Lowell for the spring semester.

They are:  
Kishan Patel, major-

ing in biology; Anthony Huynh, chemical engineering; Kimberley Kalunga, chemical engineering; Shania Ruiz, civil engineering; Alaina Villarreal, clinical lab sciences; Kevin Gallagher, composition for new media; Jeffrey Lao, com-

puter engineering; Jazmyn Conrad, criminal justice; Brian Quach, exercise physiology; Thomas Tran, exercise physiology; Michaela Wright, liberal arts; Zhiyang Luo, mathematics; Kawtar Abouyoussef, music performance; Gloria Pierre, nurs-

ing; Lauren Saccoach, nursing; Vivian Lo, nutritional science; Emily Petrillo, psychology; Sara Avdulla, public health; Carolyn Ho, public health; Angela Shi, business administration; Leijin Zheng, business administration; Jinming Mei, civil engineering; Taren Chen, computer science; Eric Hellmuth, environmental science; Elizabeth DiMaggio, exercise science; Ching Lai Chin, mechanical engineering; Jeremy Tai, business administration; John Higgins, business administration; and Stanley Leung, computer engineering.

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## Social Security Matters

### Ask Rusty: Should I Claim Social Security At 62, or Wait Longer?

By RUSSELL GLOOR

National Social Security Advisor  
At the AMAC Foundation, The Non-Profit Arm  
Of the Association of Mature American Citizens

**Dear Rusty:** I turn 62 next year, and I am getting different answers to my questions so I hope you can help me. The amount I would collect is different at 67 and 72. If I start to collect Social Security at 62, when I turn 67 will it go up to that amount? And go up again when I turn 72? One person I spoke to said yes it does. The next person I spoke to said no - you get the amount for the age that you start to collect and that's all you get for the rest of your life. Please help me to understand if I should start to collect at 62 or should I wait? Signed: *Confused About When to Claim*

**Dear Confused:** First of all, your Social Security benefit stops growing when you turn 70, so waiting beyond that to claim will only cause you to lose benefits you are entitled to. Essentially you have an 8 year window to claim your Social Security benefits, and the amount you get will be based on the age you claim, relative to your full retirement age (FRA). Your personal FRA is 67, and if you claim at age 62, you'll get 70% of what you would get at your FRA. That reduction is permanent except for Cost of Living Adjustments (COLA) which may occur annually. Whenever you claim, that is the amount you'll get for the rest of your life - it doesn't go up at age 67, or any other later age. But the question of whether you should claim at age 62 or wait longer is more complicated.

If you are still working, you should be aware that claiming at any time before age 67 will mean Social Security's "earning test" will apply. The earnings test sets a limit for how much you can earn from working before SS takes away some of your benefits. For 2021, the earnings limit is \$18,960 (it changes annually) and if that is exceeded SS will take away benefits equal to \$1 for every \$2 you are over the limit (we don't yet know what the 2022 limit will be, but it will be slightly more than the 2021 limit). The earnings limit applies until you reach your full retirement age, after which there is no longer a limit to how much you can earn. If you exceed the earnings limit by a substantial amount, you could even be disqualified from receiving any benefits.

Other factors to consider when deciding when to claim are your health and your life expectancy, the urgency of your need for the money, and your marital status. The longer you wait to claim, up to age 70; the more your benefit will be. In fact, if you wait until age 70 to claim, your benefit will be 24% more than it would be at your FRA. But whether to wait beyond your FRA to claim should consider your life expectancy. If, for example, you wait until age 70 to maximize your benefit, you will need to live until at least 83 to break even (average longevity for someone your current age is about 84).

If you are married and have higher lifetime earnings than your spouse, you should be aware that your spouse's benefit as your survivor, should you die first, will be affected by your age when you claim. If you wait and claim at a later age, your spouse's survivor benefit will be more (assuming your spouse's own benefit is smaller). If you claim at an earlier age, your spouse's survivor benefit will be less.

So, as you can see, there's no one simple answer for when you should claim your Social Security benefits. Everyone's personal circumstances are different and deciding when to claim benefits should consider your entire situation, as described above.

*This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.*

To submit a question, visit [amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory) or email [ssadviser@amacfoundation.org](mailto:ssadviser@amacfoundation.org).

## EBT SNAP Online Purchasing Options Expanded In Massachusetts

The Baker-Polito Administration announces Massachusetts residents who receive Supplemental Nutrition Assistance Program (SNAP) can now use their EBT SNAP benefits to buy fresh food and pantry staples online from a variety of participating stores for same-day delivery and pickup via Instacart, including Price Chopper, ALDI and newly added Stop & Shop and Hannaford. Walmart and Amazon are also federally approved SNAP online retailers in the state.

Massachusetts first launched the SNAP online purchasing program on May 29, 2020. To date, Massachusetts residents have spent over \$75 million in SNAP benefits in online grocery purchases across retailers. Similar to using EBT SNAP benefits to purchase food in a store, benefits can be used to buy SNAP-eligible foods online, including fresh produce, frozen foods, dairy and eggs.

"SNAP online purchasing is one of several tools the Administration has employed, alongside the state's national leadership in Pandemic EBT and continuation of SNAP Emergency Allotments, to combat food insecurity for Massachusetts individuals and families," said Secretary of Health and Human Services Ma-

rylou Sudders. "SNAP remains an important tool as we start to recover from the public health crisis by putting money to buy healthy food directly into the hands of hundreds of thousands of households and supporting our local communities."

"As a result of the economic fallout of COVID-19, the Commonwealth has seen a historic increase in SNAP participation, with 100,000 more households now utilizing the program for a total of approximately 550,000 households," said Department of Transitional Assistance Commissioner Amy Kershaw. "Massachusetts has heavily invested in IT changes and maximized federal flexibilities to make it easier than ever to apply for SNAP and conduct convenient business with the agency 24/7 online and over the phone. In addition to these changes, SNAP online purchasing is another tool bringing greater equity to how residents can utilize SNAP."

Residents can shop for groceries from Stop & Shop, Hannaford, Price Chopper and ALDI via the Instacart online site and mobile app. Once an Instacart customer profile is created, customers can enter their EBT SNAP card information as a form of payment. Customers can enter their zip code to deter-

mine if they are near a participating retailer, and begin shopping for retailers' EBT-eligible products. Once items are added to their cart, customers will be able to select how much of their benefits they would like to allocate to the order. Orders for delivery and pickup can be placed by customers for receipt in as fast as an hour or scheduled several days in advance.

To help subsidize costs for EBT SNAP participants, Instacart will waive delivery or pickup fees through Sept. 16, on up to the first three EBT SNAP orders for each customer with a valid EBT card associated with their Instacart account. For more information on EBT SNAP on Instacart, visit: <https://www.instacart.com/ebt-snap>.

"Providing people access to the food they love is at the core of Instacart's mission. We're proud to partner with Price Chopper, ALDI and now Hannaford and Stop & Shop to provide more families in Massachusetts with a convenient and accessible way to get their fresh food and pantry staples," said David Healy, Retail Partnerships at Instacart. "Expanding EBT SNAP to reach same-day online grocery delivery and pickup is important to help people access the food they need, and

we look forward to expanding this payment integration to even more retailers across Massachusetts."

SNAP benefits cannot be used to pay for fees, like delivery fees. Economic assistance programs benefits received through DTA, which include Transitional Aid to Families with Dependent Children (TAFDC), Emergency Aid to the Elderly, Disabled, and Children (EAEDC), and State Supplement Payments (SSP) cannot be used to purchase items online at this time. The USDA approves all retailers for participation in the SNAP online purchasing program. Interested retailers can visit: [www.FNS.USDA.gov/SNAP](http://www.FNS.USDA.gov/SNAP).

Residents can check their SNAP eligibility and apply online or over the phone at (877) 382-2363. SNAP will not impact immigration status and is not considered in the public charge test. It is safe for individuals and families to get benefits they are eligible for. Currently, households are temporarily receiving increased SNAP benefit amounts and it is now easier than ever to apply.

DTA assists and empowers low-income individuals and families to meet basic needs, improve quality of life, and achieve long term economic self-sufficiency.

## Tips To Protect Your Personal Financial Data

With more financial transactions taking place online, it's important for consumers to protect their personal data, especially as cybercrimes like ransomware, phishing attempts and identity theft continue to increase.

"These risks are nothing new in our digital-first world, but far too many people still fail to properly protect themselves," said Michael Sullivan, a personal financial consultant with Take Charge America, a nonprofit credit counseling and debt management agency. "Taking the necessary steps may seem like a headache right now but becoming a victim of cybercrime can cause much bigger headaches for your financial life."

Sullivan shares six tips for consumers to protect their financial data:

• **Keep personal details personal.** Never provide details such as your Social Security number or other personal information to anyone you don't trust - especially if they call or email you to do so. Financial institutions will never ask you to verify these details in an unsecured way.

• **Safeguard your devices.** Ensure software on your devices is up to date with the latest security fixes. You also want to sign up for a subscription to security software with a provider like Norton or McAfee that will give you protection from things like viruses and malware.

• **Punch up your passwords.** Protect your personal devices and data by using long, unique passwords, phrases or codes that are harder to guess or decipher. And set up unique pass-

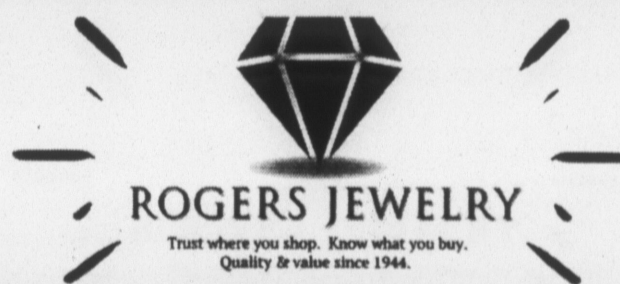
words for each of your accounts. A secure password manager can help you keep your different passwords straight.

• **Set up two-factor authentication.** In addition to stronger passwords, set up two-factor authentication (TFA), which requires you to input not only a password but an additional code that's sent via email, text or through an authenticator app. TFA adds an extra layer of security to your accounts.

• **Be wary of public Wi-Fi.** Although convenient,

public Wi-Fi connections can easily be compromised or spoofed. Never perform transactions or log into financial accounts when using unsecured Wi-Fi.

• **Regularly monitor your credit.** Review your report at least twice a year to check for suspicious or inaccurate information. You can get a free copy of your report each year at [annualcreditreport.com](http://annualcreditreport.com). Another good option is setting up credit monitoring services through providers like Credit Karma or Credit Sesame.



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On Thursday, July 15, at approximately 2 p.m., Officer Farina was dispatched to the Walgreens parking lot on Hancock Street for a report of a larceny. The caller reported that a white male, wearing a baseball hat, and a young female, with blonde hair, had taken \$140 from him and were now walking towards McDonald's.

Officer Farina made contact with the victim, who provided an updated description of the suspects. The victim stated he exited his vehicle and was immediately approached by the two suspects. The male party asked him if he could help him get a prescription from the pharmacy. The victim refused to help and told the suspect to go into the store himself. The victim stated that he realized he forgot his phone and reached into the driver's side of his vehicle to get it.

As the driver's side door was open, he believes the suspect reached into the driver's side door handle and took his money. The victim then saw the male with the money and confronted him. Both suspects walked away from the scene, crossing East Squantum Street walking towards McDonald's. The victim then contacted the police.

Officer Farina was able to view footage from the surveillance camera inside Walgreens. He was able to retrieve images of both of the suspects walking into the store and roughly a minute later walking back out. The male suspect

## A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS  
Public Information Officer  
Quincy Police Department

was a white male, roughly 5'8", thin build, wearing sunglasses, a grey and black hat with red lettering on it, dark pants, a black t-shirt, a black backpack, and a grey hooded sweat shirt draped over his shoulders. He also has tattoos on both of his upper arms. The female suspect was a white female, roughly 5'8", thin build, strawberry blonde hair, wearing light purple top, dark pants, and carrying a tan bag.

The video shows both parties walking into the store briefly, then into the parking lot where they confronted the victim. The camera in the parking lot did not show the interaction clearly, but did show all the parties talking outside for a few minutes. The two suspects then suddenly walk quickly away from the victim and cross East Squantum Street. Officers checked the area but were unable to locate the suspects at that time.

Later in the day, at approximately 9 p.m., Officer Flynn was dispatched to the parking garage at 275 Hancock St. on

a reported overdose. The caller stated that she observed a male and female using drugs. While speaking with the individuals, Officer Flynn recognized these individuals as the suspects in the earlier incident. He was able to view photos of the suspects, which had been sent to all officers.

As officers investigated further, the male suspect attempted to run past officers. Officer McGowan and Officer Flynn were able to gain control of the suspect and place him in handcuffs. Both parties were then placed under arrest for the earlier incident.

The 29-year-old male from Boston was transported to the station and charged with larceny from a person. He also had an outstanding warrant for his arrest. A search of a backpack belonging to the male suspect recovered a baseball cap and sunglasses identical to what was worn in the photo from the surveillance footage.

Officers also located \$274 in a wallet inside of the backpack. These items were seized as evidence.

The 27-year-old female from Boston was transported to the station and charged with larceny from a person and possession of Class A (heroin). A search of the female suspect recovered a small plastic bag of a brown powdery substance, believed to be heroin, a loaded syringe, and 12 unidentified pills.

## QUINCY POLICE CRIME AWARENESS JOURNAL

### FRIDAY, JULY 9

**VANDALISM/PROPERTY (motor vehicle), 6:11 a.m., Lakeside Avenue.** In QPD lobby. Someone spray painted her vehicle. Requesting to speak with a female officer. Claims to have the incident on video. Report submitted.

**VANDALISM/PROPERTY (graffiti), 12:08 p.m., Bluefin Robotics, South Street.** On the walkway down to the docks. Incident closed.

**VANDALISM/PROPERTY (white Mercedes C300), 3:44 p.m., Willard Street.** In the lot in the back. Was parked; happened last night. Damaged back door passenger side dented. Looks like someone tried to break in on doorknob. Will wait for officer 4 p.m. No break no damage officer advised.

**ASSAULT AND BATTERY (threats), 5:56 p.m., Burgin Parkway.** Arrest made. Caller said her friend who is now not getting along with is making threats to hurt her. Caller said she has been drinking. Party transporting one female under arrest in the 785 cruiser. Party placed under arrest for assault and battery, strangulation, ABPO. Officer to file report. iPad taken to scene; party signed medical refusal.

**VANDALISM/PROPERTY (past), 6:31 p.m., Quincy Avenue.** Last seen vehicle four days ago. Just saw that left rear window smashed. No suspects case number provided.

**VANDALISM/PROPERTY (vehicle), 8:34 p.m., CVS Pharmacy, Southern Artery.** Case number provided.

**LARCENY (past bike), 11:21 p.m., Hancock Street.** Red road bike stolen from garage see caller. No suspect information, case number provided.

### SATURDAY, JULY 10

**BREAKING AND ENTERING/ATTEMPT (dwelling), 1:07 a.m., Smith Street.** States parties have since left. States possibly two people one came up to door and was trying to turn handle and push door open; second was in a vehicle possible older Audi sedan no plate given. Only description is that one was a male. Vehicle last seen going up the wrong way up Smith toward Quarry; report submitted.

**BRAEKNING AND ENTERING/PAST (dwelling), 5:25 p.m., Taffrail Road.** Believe residents from another apartment stole her belongings. They have key to her apartment. Report to be filed. BCI notified.

**LARCENY/MOTOR VEHICLE (past), 5:42 p.m., Parker Street.** Moped was stolen, happened sometime today. NIBRS to be filed - unable to do stolen MV form. Victim has no important information; no registration or VIN.

**LARCENY (plow marker), 8:10 p.m., Hodges Court.** Caller reports someone stole his trash and a plow marker that was the corner of his driveway. He has video from his Ring doorbell and states this party is a regular in the neighborhood always causing problems. Party was advised.

### SUNDAY, JULY 11

**BREAKING AND ENTERING/PAST (follow-up), 10:15 a.m., Taffrail Road.** Reporting party is across the

street with neighbor and requests an officer to view surveillance footage of past breaking and entering. Follow-up to be written to previous report.

**BRAKING AND ENTERING/PAST (thru window), 11:12 a.m., Milton Road.** Happened last night. Someone pulled air conditioner out, entered, items thrown about entire house while resident was sleeping. Not sure what is missing. NIBRS/BCI remains on scene.

### MONDAY, JULY 12

**BREAKING AND ENTERING/PAST (past break), 9:35 a.m., Lee Kennedy Co., Quincy Shore Drive.** Officer was broken into overnight. They have some footage of it. Report to be filed.

**BREAKING AND ENTERING/PAST (past break), 5:01 p.m., Quincy Shore Drive.** See caller in QPD lobby. Has footage of a past break. Report filed.

**LARCENY (wallet), 7:55 p.m., YMCA, Coddington Street.** Caller is in the QPD lobby. Report filed.

### TUESDAY, JULY 13

**LARCENY (gold necklace), 8:01 a.m., Father Bill's Place, Broad Street.** Pulled off neck while sleeping at Father Bill's. Male in the QPD lobby now. Report.

**LARCENY (credit card), 11:49 a.m., Tony's Clam Shop, Quincy Shore Drive.** Meet owner at the counter.

**VANDALISM/PROPERTY (plants destroyed), 1:39 p.m., 1000 Southern Artery.** Believes he has suspect info. No suspect info. No cameras. Case number given.

**LARCENY/MOTOR VEHICLE (scooter), 1:38 p.m., Hersey Place.** In QPD lobby. TTY entered.

### WEDNESDAY, JULY 14

**VANDALISM/PROPERTY (to flag pole), 11:42 a.m., Deware Funeral Home, Hancock Street.** Party that saw the guy is on location now.

**LARCENY (past employee), 2:10 p.m., BJ's, Crown Colony Drive.** Employee had male trespassed in presence of officer and sent on his way.

**LARCENY (clothing), 7:43 p.m., Q at Quarry Hills, Quarry Hills Drive.** In the QPD lobby. Case number provided. Report to be filed.

### THURSDAY, JULY 15

**LARCENY (meds), 9:49 a.m., Father Bill's Place,**

**Broad Street.** See caller in QPD. He believes the staff stole his suboxone. Also he is reporting that a person known to him stole his gold chain. Report.

**BREAKING AND ENTERING/PAST (motor vehicle), 1:41 p.m., Granite Street.** Stolen meds from motor vehicle. Report.

**LARCENY (cash), 1:49 p.m., Walgreen Pharmacy, Hancock Street.** Male party took the caller's money. \$140. White male, baseball cap with a young female with blonde hair. Walking towards McDonald's. Report to be filed.

**LARCENY/MOTOR VEHICLE (pick up truck), 7:30 p.m., Biondis Service Center, Willard Street.** Dark gray 2013 F150 no plate number. Male and female came out of Mary Lou's and walked up California Avenue and stole pick up truck. Employee parked truck before putting it away and was pumping gas into another vehicle when they stole the pick up truck. White female, skinny, black sunglasses, brown hair, wearing green tank top and blue shorts and white male, tall, wearing all black. They were both carrying white trash bags. Reporting party states Mary Lou's should have camera footage of the male and female. Reporting party has no information on vehicle, is going to contact owners and call back when he has necessary information. 775 responding with stolen motor vehicle form.

**VANDALISM/PROPERTY (to motor vehicle), 8:15 p.m., Quincy Avenue.** Suspect damaged person's car. Caller has suspect info. Very minor, almost no damage. No info on suspect. Caller just wanted advice. Case number provided.

### Calls For Service: 1,034

**Larceny Motor Vehicle:** 300 block Willard Street, Hersey Place, Parker Street

**Breaking & Entering Motor Vehicle:** Nightingale Avenue, Water Street, Arnold Street, Hall Place, Walnut Street, 1300 block Hancock Street

**Breaking & Entering in Past:** Granite Street, Quincy Shore Drive (2 - around the 100 block), Taffrail Road

**Breaking & Entering Attempt:** Smith Street

## Koch Open To Police Bodycams

Cont'd From Page 3

"It is a conversation I have to have with the chief and see their thoughts on it. We'll take it from there."

Koch added that he is open to the idea of purchasing body cameras for the department.

"I'm open to it, but I want to talk to them about it to see how they feel about it, the pros and cons, and whether we should do it or not," he said. "They are not the be-

all and end-all. I know they have been helpful in some cases, but, not to sound arrogant in anyway, we have an excellent, professional police department.

"I have said it before and I have been criticized for it, but we don't have a lot of these challenges that a lot of these urban areas have that call for cameras like that. Though we are a city, on the crime side we are more like a suburb, you know. I don't

want to overstate the issues either."

Gov. Charlie Baker on July 1 announced the launch of a five-year, \$20 million grant program that is expected to fund 9,000 cameras as well as on-premises servers for secure video storage for municipal police departments. Municipal departments can apply for funds to begin a new body-worn camera program or expand an existing program.

State officials said at the time that 10 percent of municipal police departments in Massachusetts use body cameras while noting a recent poll by the Massachusetts Chief of Police Association indicated that more than three out of four departments in both major cities and smaller communities are interested in starting a program.

The deadline to apply for a grant is Aug. 30.

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# Quincy, Braintree Residents Oppose Proposed Billboard

Cont'd From Page 3

"All we are asking the board to do tonight is to grant a variance to allow this matter to move forward to the state level," Fleming said.

The sign will not be visible from Quincy's residential neighborhoods, Fleming said.

"You will not be able to see this sign from a residential neighborhood in Quincy, whether it is on Independence Ave or on Centre Street," he said.

Douglas Richardson, a vice president with the John Flatley Company, said the height of the billboard, 35 feet, was chosen because it is 18 feet lower than the nearby buildings that comprise the Elevation apartment complex. Richardson presented the ZBA a slide-show he said indicated the billboard would have no visual impacts when viewed from the Common Street neighborhood and other areas in Braintree.

"There are multiple buffers, trees and grade changes as we make our way over towards the Common Street area," he said. "We have done multiple perspectives and you will not see it."

Drivers headed northbound on Route 3, Richardson stated, would have a "very limited view" of the sign. He said the billboard would be placed at an angle and its pixels would use shades - which he likened to blinders used on horses - to limit the amount of bleed from the side of the signs.

Elected officials from Braintree, however, said the billboard would negatively impact their community.

Braintree Town Councillor Julia Flaherty, whose district includes Common Street and other nearby areas, said the sign would be visible in areas at a higher elevation than Common Street and in the second floors of homes, particularly in winter when there are no leaves on trees.

"It will impact our property values. It will impact our quality of life. No digital billboard belongs that close to a residential neighborhood," she said. "I really hope that Braintree neighborhoods are not irrelevant to your consideration."

Flaherty also said the billboard would distract drivers traveling along Route 3, which could lead to car crashes.

"It's already a fairly stressful place to drive because everyone on the road there has to be focused on getting into the correct lane as they approach the

north-south split," she said. "Billboards create a driving distraction that creates accidents...it is designed to draw your eye away from the road, away from what you are supposed to be focused on."

Braintree Town Councillor Steven Sciascia, whose district abuts Flaherty's, noted that a digital billboard next to Route 3 in Weymouth generated complaints from area residents concerned about light pollution after it was installed.

"The issue is not the billboard, it is the fact that it is a digital, 24-hour-a-day lighted billboard that will be seen from a lot of areas in Braintree," Sciascia said. "Those lights radiate. Everyone has seen them. You have heard all the controversy from towns like Weymouth that have signs like this go in and the impact it has on neighbors."

In addition, Sciascia noted the applicant's presentation used images taken during the spring or summer, when trees are full of leaves.

"When it is winter, and when it is 8 o'clock at night and you are trying to get your kids to go to bed and you have to keep the blinds closed because there are lights coming in your window, it will impact residents," he said.

Quincy City Councillor Anne Mahoney said the intent of city councillors was clear when they barred the ZBA from granting variances for new billboards.

"The city of Quincy made it very clear that we do not want billboards anymore in the city," she said. "Billboards do not have an economic value for the residents of the city of Quincy. It doesn't make the area more valuable - it actually depresses the area, and that is a fact if you do the research."

Mahoney also said she was concerned about the electronic sign leading to distracted driving along Route 3.

"I agree with my neighbors in Braintree. They articulated it very, very well and I am thanking them for being here tonight, because digital advertisements - especially in that section of the highway - would be extremely dangerous and I would hate to see that happen," Mahoney said.

Members of the zoning board were also skeptical about the proposed digital billboard.

Michael Covais, the board's vice chairperson, said he was concerned about the proposed location of the sign along Route 3, calling it a "terrible place for it."

"Though it is not part of my job, I know, I am concerned about our neighbors too. We should be good neighbors," Covais added. "The citizens of Quincy aren't going to get anything out of it and the citizens of Braintree may have some problems."

Board member John Himmel said he drives through that particular section of Route 3 on a daily basis and called it a "nightmare" in the morning and "worse coming home."

"I can't imagine anything worse than a digital billboard up on that hill," he said. "On top of that, what is the advantage for Quincy? Are we going to be known as the 'City of Signs and Cement'? And, the negative impact on the town of Braintree, I think, is terrible."

Martin Aikens, the board's chairperson, likewise questioned what value the new billboard would provide to Quincy. Aikens said he did not want to vote on the matter at the July 13 meeting because the board received more than 40 letters about the proposal. He wanted time to consider that correspondence before voting and made a motion to continue the matter until Aug. 10.

Board member Brian Radell added that he would like to hear from the city solicitor or another city official about whether the ZBA could even grant a variance for the billboard before the vote is taken.

# Koch Taking 'Close Look' At Town Marina Purchase

By SCOTT JACKSON

Mayor Thomas Koch said he will take a serious look at purchasing a Quincy Point marina after the city's Park and Recreation Board encouraged him to do so.

The board on June 14 unanimously approved a resolution calling on the city to purchase the Town River Marina, located at 662-674 Southern Artery. The board said acquiring the marina would provide the public with access to a boat ramp in Quincy Point and help unlock the potential of the adjacent city-owned Southern Tide Mill site.

In a recent interview, the mayor said his administration would take a close look into acquiring the marina.

"We are looking at it seriously," Koch said. "We've got the tide mill site that we own, and this land abuts that. This piece of land has a Chapter 91 license, it has a boating operation out of it, so it can accommodate our rowing program we've been talking about for several

years.

"It is waterfront property - they're not making more of it. The same critics for something like this will be the same critics who say, 'oh, another eight-story building condominium building on a marina that serves the wealthiest.'"

"I think the park board, for all the right reasons, has raised some excellent points and we are taking a real close look at it."

While the property is currently home to a marina, Koch said the city would not necessarily operate the site as one if it were to go through with the purchase.

"The city could run it recreationally, having the rowing program out of there, kayaking and canoeing," he said. "The Town River is a beautiful stretch. It could be a gorgeous site."

The mayor also said there have been no discussions about relocating the USS Salem to the Town River property. The Salem, a Des Moines-class heavy

cruiser, is currently berthed inside the Fore River Shipyard at a pier the ship's operator leases from construction magnate Jay Cashman.

Koch said he was hopeful the Salem, which operates as a museum ship, would continue to have a place in the city.

"I don't know what the latest with Cashman is. They've got a lease with Cashman down at one of the piers at the shipyard, but I don't know the details of that," Koch said.

"The Salem is not only a ship, obviously, but it speaks to the shipbuilding history of our city and on the ship it has a bunch of mini museums of military history that is pretty remarkable - I was really blown away when I went in to see some of those displays and the various uniforms, weapons, swords, stuff that they have."

"It is pretty remarkable, so I hope it always has a place in the city's history, but that is not on the front burner right now."

# Flag Day Fireworks May Return To Blacks Creek

By SCOTT JACKSON

The fireworks display that caps off Quincy's annual Flag Day celebration may return to Blacks Creek next summer after they were set off in Quincy Bay this year.

"My inclination is it will go out to the Blacks Creek area to coincide with the actual event that we're celebrating rather than just a typical fireworks display," Mayor Thomas Koch said in a recent interview.

Koch said he had planned to use fireworks to celebrate the dedication of the Generals Bridge in Quincy Center in May. That dedication was postponed, however, to Sept. 11, so the mayor said he opted to pool resources together and have a larger fireworks display on Flag Day in June.

"What happened here - I don't think people understand it - we were going to have a fireworks display in May for the generals event. When it was moved to Sept. 11, that took out the fireworks display - we're not going to have fireworks for 9/11," Koch said.

"We took the funding,

combined it together with Flag Day, made a bigger show, and did it in Quincy Bay."

The mayor said he is leaning towards moving the fireworks back to the Blacks Creek area because it would attract fewer people from outside the city, creating less of a burden in terms of public safety and traffic. In addition, he said having the fireworks there rather than off Wollaston Beach ties in better with the traditional Flag Day events that take place on Pageant Field - those events did not take place this year amid the pandemic.

Cont'd On Page 17

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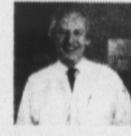
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# Real Estate

## Quincy Real Estate Transactions July 12 - July 16

Transactions are compiled by the Norfolk County Registry of Deeds

### SELLER

Ocean Neck Real Estate LLC  
Arvind Gireesh & David Palma  
Mary P. McCarthy  
Marie A. Ferrante & Donald J. Traynor  
143 & 151 Hancock LLC  
JenDavis LLC  
James & Deborah Gregory  
Peachey Realty Trust  
James M. Biagioni & Nicole E. Guilmette  
Kacey Bongarzone  
Leona M. Cullen Living Trust  
Kathryn Crowley  
Sandra E. Perkins, Gary Schnaper &  
Ronald J. Schnaper  
Neponset Point LLC  
Spondon Hazarika & Debi Sarma  
Anne M. & John P. Perry  
Caroline Farrelly  
Mahoney Family Trust  
Mara L. Lobo  
Diane M. Keough  
JAKT Realty Trust  
Michael F. Harrington  
Limin Chen & Qiao Guan  
Myhanh Le  
Gregory W. Niedolistek & Zdzislawa Solarska  
Life Estate of Saverio & Angela D'Amico  
Peter H. Tsaffaras  
Abigail S. McGregor Revocable Trust  
James E. & Jia W.Z. Sierra  
Leary Family Realty Trust  
Cornelius J. Murphy  
EJS Investments Inc.  
Yao R. & Zhu H. Chen  
EJS Investments Inc.  
Gregory Motz & Fahema Rahman  
Colleen Hayden & James & Mary C. Hayden

### BUYER

Shelly A. Hadden  
Joe Z. Chen  
Andrew T. & Michelle A. Fournier  
Carrie Ko  
Gaobin Zhang, Xiuzhen Xu & Yilun Chen  
Joseph Scribi & James Scribi  
Karen Ho  
Mei Z. Xu & Ti Q. Zhang  
Morgan Miller  
Kerry & Jonathan Green  
9 Avalon Avenue Trust  
Christine Moyer  
  
Ji L. Wang  
Dimitrios & Yiannis Rizos  
Edward M. Enos  
Melody Lo  
Ryan Pugsley  
55 Marlboro Street Realty Trust  
Alireza Memarian & Mahsa Dehghani  
Leslie C. Griffin  
Kevin Wu  
Wen F. Zheng & Saie Chen  
Evan C. Vescovi & Huizi A. Lin  
Zetian & Hui Y Zhou  
Diego & Magdalena Lopez  
Nancy Selig  
Kevin P. & Patricia M. Cook  
G M Trust  
Thrishline Blaise, Brandy N. Blaise & Darshana Blaise  
Qingqing Mao & Zhenfeng Shen  
Paul J. Adamson  
Archana Asundi  
Jiamin & Jia M. Li  
John V. Moloney  
Leeyeng Chin  
Edward L. Kirby, Jr.

### AMOUNT

\$585,000.00  
\$360,000.00  
\$500,000.00  
\$370,000.00  
\$575,000.00  
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\$603,000.00  
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\$609,000.00  
\$668,888.00  
\$385,000.00

### ADDRESS

103 Bay View Avenue, Unit 1  
230 Willard Street, Unit 407  
74 Dickens Street  
500 Willard Street, Unit 304  
151 Hancock Street, Unit 6  
53 Revere Road  
22 Isabella Street, Unit 22  
19 Arnold Road  
11 Grace Road  
13 Poplar Road  
9 Avalon Avenue  
10-12 Lawn Avenue, Unit 2  
  
40 Greenleaf Street, Unit 402  
57 Quincy Shore Drive, Unit 404  
145 Plymouth Avenue  
85 Emerald Street  
211 West Street, Unit 6B  
55 Marlboro Street  
210 Centre Street, Unit 14  
58 South Street, Unit 101  
195 Thomas Burgin Pkwy, Unit 303  
22 Warwick Street  
410 Highland Avenue  
153 Sumner Street, Unit 7  
43 Conant Road  
25 Wedgewood Street  
55 Jenness Street  
36 Tilden Circle, Unit 4-8  
129 Main Street, Unit 3  
25 Deerfield Street  
221 Bellevue Avenue  
50 Desmoines Road, Unit G1  
539 Washington Street  
50 Desmoines Road, Unit F1  
83 Greene Street  
100 Marina Drive, Unit 419

## Register O'Donnell Promotes Foreclosure Assistance Programs

Register of Deeds William P. O'Donnell is reminding Norfolk County homeowners who are struggling to pay their mortgage or facing foreclosure that there are consumer programs available to help them out. There has been an increase in notices to foreclosure and foreclosure deeds.

"The COVID-19 pandemic has caused a great deal of upheaval in all our lives," O'Donnell said in a press release. "Some more than others. Some of our neighbors have been furloughed or lost their jobs

all together due to the economic impact resulting from the COVID-19 pandemic. In the beginning of the pandemic, policy makers at the state and federal levels recognized the impact the pandemic was having on the ability of many to pay their mortgages and rents. A moratorium was put in effect which suspended foreclosure. However, this moratorium expired on Oct. 17th."

While the pandemic has been ongoing, O'Donnell noted, "The Norfolk Registry of Deeds has been working in close coopera-

tion with Attorney General Maura Healey's office monitoring protections afforded to homeowners affected by the COVID-19 state of emergency through Chapter 65 of the Acts of 2020, Act Providing for a Moratorium on Evictions and Foreclosures During the COVID-19 Emergency as well as protections put in place by the Coronavirus Aid, Relief, and Economic Security Act, Pub. L. 116-136, (the "CARES Act"). We are very sensitive to how this pandemic has caused upheaval in people's lives, and want to do our part to ensure compliance with the CARES Act."

To help those facing issues paying their mortgage, the Registry of Deeds has partnered with upstanding non-profit agencies by promoting their services when it comes to mortgage modification and foreclosure programs. Homeowners can contact Quincy Community Action Programs, (617) 479-8181 x-376 or NeighborWorks Housing Solutions at (508) 587-0950 x-46. Another option available is to contact the Massa-

chusetts Attorney General's Consumer Advocacy and Response Division (CARD) at (617) 727-8400.

"All of these agencies provide a range of assistance from helping with the mortgage modification process, providing legal services, and offering credit counseling," O'Donnell said. "For more information on these and other support options, go to the Registry's website [www.norfolkdeeds.org](http://www.norfolkdeeds.org), click on the Support tab and then click on the subtab that mentions Foreclosure Assistance."

O'Donnell also warned homeowners against falling prey to for-profit companies who offer loan modification and credit counseling services but charge an exorbitant fee.

"Even in these times of COVID-19, unscrupulous for-profit foreclosure relief and mortgage modification companies are in some cases preying on vulnerable homeowners. They make unrealistic promises and charge a lot of money for doing so. If one of these companies is telling you something that is

too good to be true, it probably is. Please check out any for-profit foreclosure relief and mortgage modification company before entering into a contract with them," O'Donnell said.

Concluding his remarks, O'Donnell stated:

"There are important discussions ongoing at the State House surrounding the foreclosures. Hopefully, state officials and stakeholders can come to a resolution that satisfies all parties. With the foreclosure moratorium rescinded, many individuals and families are faced with some very difficult decisions. It is truly tragic that so many are having issues paying their mortgages and facing foreclosure through no fault of their own.

"If you or a loved one are in this situation, it would be prudent to sit down with a reputable non-profit agency such as Quincy Community Action Programs, NeighborWorks Housing Solutions or the Massachusetts Attorney General's office to discuss what options are available. The Registry is always glad to help those

facing a mortgage delinquency or foreclosure crisis by directing them to one of these fine agencies. Each of these organizations are there to serve your needs in a professional and honorable manner."

To learn more about these and other Registry of Deeds events and initiatives, like us at [facebook.com/NorfolkDeeds](https://facebook.com/NorfolkDeeds) or follow us on [twitter.com/NorfolkDeeds](https://twitter.com/NorfolkDeeds) and [Instagram.com/NorfolkDeeds](https://instagram.com/NorfolkDeeds).

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

All land record research information can be found on the Registry's website [www.norfolkdeeds.org](http://www.norfolkdeeds.org).

Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101, or email [registerodonnell@norfolkdeeds.org](mailto:registerodonnell@norfolkdeeds.org).

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# Cain Wants Realistic Solutions From New Commission

Cont'd From Page 1

and Jean Kutash, who is a member of the city's Commission on Disabilities.

The commission held its first meeting on July 8 via Zoom and will meet again on Aug. 5. Koch and his chief of staff, Chris Walker, gave introductory remarks during the first session and then the members introduced themselves to each other and discussed potential goals, according to meeting minutes Cain provided to The Sun. Cain, for instance, stated he would like to look into the distribution of city resources to different parts of the community.

Koch announced he would be forming the commission in March, after the City Council approved creating a new Department of Social Justice and Equity, a department the mayor did not fund in the budget for the fiscal year that began July 1. Cain had voted in favor of establishing the new department but questioned at the time whether it would address concerns raised by residents during a public hearing on the proposal.

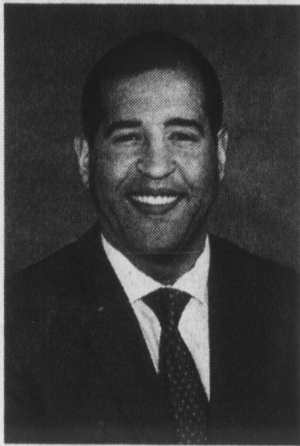
During a recent interview, Cain was asked what he would like to see the commission accomplish and responded that he wants realistic solutions.

"I just want the solutions to be couched in reality. I don't want to give people a sense that the racism and prejudice they have experienced can either be cured or prevented in the future, because that is not possible," said Cain, who in 2015 became the Black person elected to the City Council.

"I view this very pragmatically when it comes to city services. There are plenty of solutions that can be devised so that people are receiving the services appropriately."

Cain added that he wants the commission to be "very pragmatic, non-emotional, and non-political."

"I've seen this in the almost six years I have been on the council, it's like when you see stuff that comes from the national level that is on TV or people are watching things on social



IAN CAIN

media, I can feel exactly the energy when it is brought to the local level when it might or might not be a similar case that is being projected through the media," he said.

"While we want Quincy to be the best place that it can be for everyone that lives here, we want people to come here. It is not good advertising when you're saying that this is a place that doesn't welcome people of different kinds. That's not good advertising at all, so we need to send a message to the outside world that we are one community and we embrace all who come here, start businesses here, because that, at the end of the day, affects the economics of the entire city, including the local government.

"I want it to be very pragmatic, non-emotional, and non-political as well. I don't want this to be about political overtures."

Koch did not provide the commissioners with any goals or a mission statement, Cain said. Those will be determined by the nine members of the commission.

"It is incumbent on us to develop that mission statement and a set of goals. I think the end result will be a report or a recommendation in the form of a report that we provide to the mayor on what can be better if things are bad. We don't even know what's good, what's bad, what is, what isn't," Cain said.

"To me, it is very vague and I come from the place that I am not an identity politician and this is largely defined around identity and race and prejudice and in the context it was brought to the mayor in the first

place, or brought to the council in the first place, it was brought with a slew of very important and personal experiences that had been shared by residents of the city, but the department that was proposed had nothing to do with what was shared by the residents of the city. They were largely experiential things that people had incurred along the lines of racism and prejudice and that department, in the form it was proposed, didn't address that.

"So, there is kind of a chasm between what are we talking about, what is this concept, what should if any department be or what services are and aren't being provided to various constituencies across the city.

"It all comes down to money to me, because I think it is an allocation of resources and who is receiving those resources and services provided by the city. If people aren't adequately or equitably receiving those resources, then I think there are probably great places that we can address that.

"I want to certainly deflate the emotion from the concept and actually have a discussion around it in itself and figure out proper solutions."

The issues the commission will address are not unique to Quincy, Cain said.

"It is happening everywhere," he stated.

"Quincy is a unique place because we can look at it through our own lens with our own people. That is why I think Quincy is a special place, because even at the end of the day if there are differences, I feel like we all do come together on some common ground, and that is our love for the city.

"Let's take the best of what is outside and bring it in. Let's not just take sort of the worst aspects of what is taking place outside and view those as taking place here, because they just might not be happening here.

"Let's take the best practices and implement them here as opposed to looking at the bad stuff and thinking it is happening in our back-

yard when it may or may not be."

Cain said it is likely that the commission ultimately recommends establishing the Department of Social Justice and Equity that councillors had previously approved.

"I definitely think that will probably be a recommendation," he said. "If not that, then it will be that there are certain measures or policies that need to be implemented within different departments so that there are either particular resources adequately provided across the board around the city or that there are varying levels of accessibility that need to be improved because people don't have access.

"I think one of the biggest things is that there are probably perceived or real instances of accessibility, probably around language issues, which make total sense especially when we have a sizable immigrant population of people from all over the world. That is changing an internal perspective and changing internal policies that would allow for better reception of those services."

Koch, in a previous interview with The Sun, said he believed the process would be good for all parties "because I think the commission is going to learn about things the city is doing that they are not even aware of" and "maybe the city learns some things from this process we weren't aware of."

Cain said he appreciates that perspective from the mayor.

"I totally appreciate that," he said. "I think even when the concept was proposed through the council, it was made to sound like the city doesn't do enough. Again, maybe through this

commission we will determine as such."

Cain said various city departments are working to address access issues. He pointed to the work of Betty Yau, who works in constituent services in the mayor's office, as well as a language-access project that City Council President Nina is working with the Planning Department on.

"One person who I think is very unsung is Betty Yau who works out of the mayor's office. She has been with the mayor for many years and has developed great relationships within the East Asian community. I just don't think her name is out there that much. I know she has done a lot of work in maintaining strong relationships between the city and the community," Cain said.

"That is just one person. I know there are obviously places in the school system, places in the Police Department, that certainly address accessibility, language issues. The Planning Department, Nina herself has been working on language accessibility issues in the Planning Department, which has been good to see.

"There are things being done and I do agree it's been probably drowned out by the emotion because I think for most people I think this is the most important thing is going on either in the country or in city government, but they have never paid attention to things that take place in city government before this issue, so they don't

take a holistic view at what is going on. It is just sort of reactionary to their feeling on that issue."

The mayor did not set a timeline for the commission to make its recommendations, Cain said; the councillor estimated the process could take six months to play out.

"He is leaving that to us," Cain said of the timeline. "We are going to have meetings every three to four weeks, we are going to schedule a couple public hearings, and then there is work. There is data we want to ask for or background that can sort of couch the conversation.

"Everyone that has come into this group has their own perspective and they certainly have their own cares and their own missions, and they come from different parts of the community. Everyone is coming to this table with a very different set of eyes and they are all going to be asking for different things because they all view this issue in their own way.

"It is valuable to have a different perspective, but to be able to take all these perspectives and unify it into the cohesion of the group to provide this balanced recommendation for how we can improve our city government and services is going to be the most important part.

"I think it could take six months. That's just an estimate. I don't think we want to drag it out too long either."

## Samantha Smith On Hamilton Dean's List

Samantha Smith of Quincy has been named to the Dean's List for the spring semester at Hamilton College in Clinton, N.Y.

Smith, a rising junior majoring in mathematics, is a graduate of North Quincy High School.

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### Public Access Channel 8

**Thursday, July 22**  
6:00pm: Bethany Congregational Church  
7:30pm: AM Quincy: Quincy Animal Shelter

**Friday, July 23**  
11:30am: LIVE: Currently in Quincy  
7:00pm: Quincy Chamber of Commerce

**Saturday, July 24**  
12:00pm: Quincy Chamber of Commerce  
7:00pm: The Call

**Sunday, July 25**  
10:00am: Bethany Congregational Church  
11:30am: Good News

**Monday, July 26**  
11:30am: LIVE: Currently in Quincy  
7:00pm: CIQ: YMCA Water Safety Tips

**Tuesday, July 27**  
7:00am: LIVE: AM Quincy with Joe Catalano  
7:00pm: AM Quincy: Mayor Thomas Koch

**Wednesday, July 28**  
6:00pm: Good News  
7:00pm: The Call

### Government Access Channel 9

**Thursday, July 22**  
6:00pm: At Your Library: July Happenings  
8:00pm: TCPL Presents: Beyond Abigail

**Friday, July 23**  
7:30pm: In the Know: Norfolk Sheriff's Office  
8:00pm: QRD TV Production Workshop 2021

**Saturday/Sunday, July 24/25**  
12:00pm: MA Joint Com on Health Care 7/13 (Sat)  
12:00pm: MA Joint Com on COVID-19 7/14 (Sun)  
4:30pm: Board of License Commissioners 7/20  
7:00pm: QRD TV Production Workshop 2021  
8:00pm: TCPL Presents: Beyond Abigail

**Monday, July 26**  
7:00pm: State View: Senator John Keenan  
8:00pm: TCPL Presents: Cooking with Colin

**Tuesday, July 27**  
4:00pm: Board of License Commissioners 7/20  
6:00pm: QRD TV Production Workshop 2021

**Wednesday, July 28**  
1:30pm: TCPL Presents: Electric Transportation  
8:00pm: State View: Senator John Keenan  
9:00pm: QRD TV Production Workshop 2021

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## McCarthy Seeking Re-Election To Ward 1 City Council Seat

Ward 1 City Councillor Dave McCarthy announces he is seeking re-election to the ward council seat this fall. McCarthy is running for a third two-year term.

McCarthy has served 16 years as an elected official in the City of Quincy, including 12 years on the Quincy School Committee and the last four spent on the Quincy City Council.

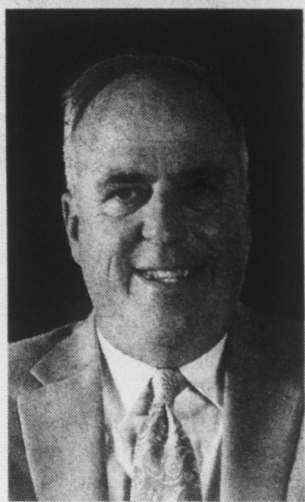
In a campaign press release, McCarthy said:

"The last four years on the council have been extremely busy, especially in Ward 1. Ward 1 has been, I believe, the most active ward in the city. In 2018, the ward was hit hard with flooding issues as two major, catastrophic storms rolled through earlier in that year. Seawall initiatives were beginning, and over those next three years we have continually been working to get the Ward 1 seawall secure and safe. The seawall project was a complete success in not only replacing aging walls but updating and enlarging drainage outfall pipes that should help during storms.

"Much needed Sea Street work was accomplished. National Grid and the Quincy DPW addressed much needed work to update long overdue gas pressure issues that plagued the end of Houghs Neck for years. During 2020, we aggressively took advantage of the decrease in traffic and overall life activity to attack this problem. Paving will begin in the next few weeks.

"Smaller items in Houghs Neck were addressed: the outdoor street hockey rink has been repaired and painted, the public landing parking lot has been striped and labeled for passenger cars/boat trailers, and a new boat ramp was installed last year which included state of the art docks.

"The LaBrecque Field restoration is underway, which includes a new basketball court, re-located new playground, and a walking path will be implemented as the summer goes on. The ballfield itself will be completely re-done and the old



DAVE MCCARTHY

backstop will come down." Continuing, McCarthy said:

"The Adams Shore area has also been a target of much needed seawall work. Heron Road Park improvements and community areas of restoration continue to be a focus. O'Hara Circle has been a location of improvements, moving the World Ward II memorial monument for increased recognition and updating plantings/landscaping in the area. Street repair on Gannett Road was accomplished and other Adams Shore sidewalks and streets are on the schedule to be addressed. This will include both sides of Adams Shore.

"The Adams Shore Library was completely renovated and is back at 100% capability. New air conditioning, the installation of handicap bathrooms, and overall infrastructure issues were addressed in 2020 and 2021.

"Germantown had many areas of improvements. Baker Beach is 80% completed restoration-wise. General beach improvements, to include leveling of the grass park area, reseeding and drainage improvements in connection with Palmer Street have been addressed. Marsh areas off Bowes Avenue have been cleaned and Rhude Street had major tree work as well as a full paving reclamation. Additionally, the Department of Natural Resources is currently working on the Northfield/Bethel neighborhood area. A new small park area is being created, work on a flagpole installation and additional

plantings and landscape are being addressed.

"The Merrymount neighborhood had some great work over the past two years. Paving of Narragansett Road as well as Samoset and Neponset were completed professionally and on time.

"Upper Ward 1 has also focused on many items of concern, addressing speeding issues on Edison Street, creating additional tree plantings in certain areas, and updating Pond Street. Pond Street updates include new wooden guard rails, a state-of-the-art skate board park, field improvements, and hopefully some well overdue street repair that I am lobbying for. A very big accomplishment is the continuing clean-up and restoration of the Southern Tide Mill area.

"My objective has always been getting involved and being hands on in my ward," McCarthy said. "A new Police and Safety Center is on schedule. A great land grab to avoid another 80-unit project has been completed so that plans for a Presidential Library can move forward. Quincy College is rebounding and will again have the Community College stature it always had. Father Bill's is ready for a new updated facility/program improvements and 100 million dollars in street and sidewalk repair have been approved in order to keep Quincy looking great and a destination for many families.

"I ask for your support this summer and eventually this fall as I run for Ward 1 Quincy City Council," McCarthy said. "I would be honored to represent Quincy and Ward 1 again. Thank you."

McCarthy is the director of Security at General Dynamics in Westwood, where he has worked for 38 years.

McCarthy is married to Rosanne (Johnson) McCarthy for 35 years. They have eight children, ages ranging from 15 to 29 and he said they are proud to call Quincy their home.

## LaBrecque Field Renovations Include New Playground, Walking Path

Mayor Thomas Koch announces renovations have begun at LaBrecque Field in Houghs Neck.

The city's Department of Natural Resources will be installing a new playground and shade shelter, renovating the basketball court and softball diamond, and installing a perimeter walking path. The project is being completed as part of Mayor Koch's Park Capital Improvement Plan approved by the City Council in 2017. The new playground is being funded through the Community Preservation Act.

The playground will be moved closer to the parking lot to provide easier access for parents. There will be new trees planted in the park. Exercise equipment will be placed along the perimeter walking trail to encourage health and fitness.

Ward Councillor Dave McCarthy has been working with the local community to develop a plan that meets the local communi-

ty's needs. Work has begun at the park and will continue through September.

"I want to thank Councillor McCarthy for his leadership on this important neighborhood project," Koch said. "Through community feedback, we have developed a plan that best fits the community's needs in Houghs Neck. I want to thank all those residents that took the time to respond and offer their feedback."

In addition to the new equipment, the old baseball backstop will be removed. The commemorative bricks and stones installed during the prior community-built playground will be preserved and incorporated into the new design.

"The pandemic has reinforced the importance of health and fitness," Koch said. "The perimeter walking path will allow neighborhood residents a chance to work out locally and enjoy the activity and scenery in the park. We received great feedback about the

walking path at Kincaide Park and hope to add similar opportunities at neighborhood parks around the city."

This playground is one of 30 playground locations being improved by the Department of Natural Resources through the Community Preservation Fund. Koch applied for \$5.3 million in playground improvement funds in 2017 that were approved by the Community Preservation Committee and the City Council.

"We are extremely grateful for everyone's support of this project; Mayor Koch, the CPC and the Council," said Commissioner of Natural Resources Dave Murphy. "This is the type of success we can have when we are all working together."

The field is named in honor of Alfred N. LaBrecque, a veteran of World War I who went on to serve on the Quincy City Council. LaBrecque was a strong advocate for the people of Houghs Neck and served as City Council president.

## Lighthouse Fellowship Church

The Lighthouse Fellowship Church continues to have Sunday worship service on the front lawn of the church at 73 Newbury St., North Quincy. Church activities are also ongoing.

The Youth Group meets every other Friday night in the fellowship hall. Activities include a Bible lesson, Bible trivia, basketball, volleyball and more.

The Mission Committee is planning a trip in August to Millinocket, Maine. The group, made up of many from the church youth group, will be helping the Faith Baptist Church install a playground at the church. They will also plan and conduct a town-wide outreach to bring people to a saving knowledge of Jesus Christ.

This is what Lighthouse Fellowship experienced last month when a group of 17 youths from the First Presbyterian Church of Mooresville, North Carolina came to Quincy to help in the outreach of the church.

They supplied many hours of labor around Lighthouse Fellowship as well as assisting in conducting a night of Worship and Gospel sharing at Wollaston Beach.

Once a month there is a night of prayer and worship at the church. Church members gather in the church to pray for the needs of the

church and the needs of the neighbors. Also, every Tuesday night there is a meeting at the church. The Men's Group and the Bible Study Group meet on alternate weeks. The meetings start at 7 p.m. and last about an hour.

Sunday Church Service at Lighthouse Fellowship Church starts at 10 a.m. each week and all are invited. All are invited to attend the worship service.

The church is located at 73 Newbury Ave. at the corner of Newbury and Sagamore Streets. For more information call (617) 847-4444.

## Divine Mercy Parish Bingo At St. Mary's Church

Weekly Bingo has returned to the lower hall at St. Mary Church in West Quincy as Divine Mercy Parish Bingo at St. Mary's Church, 95 Crescent St.

Weekly Bingo takes place Tuesday evenings beginning at 6:45 p.m. Doors open at 3 p.m.

During the time of the pandemic, St. Mary Parish Bingo had ceased, and the parish merged with St. Ann and Sacred Heart Parishes in 2020 to become Divine Mercy Parish. The bingo now bears the new parish name, and outside of the Sunday offertories at the

three worship sites, is the major year-long fundraiser that benefits the entire parish community.

For more information visit the parish website at [divinemercyquincy.org/bingo](http://divinemercyquincy.org/bingo) or call the parish office at 617-479-5400.

## Bethany Congregational Church

Sunday, July 25, is the ninth Sunday after Pentecost. The service at Bethany Congregational Church will begin at 9:30 a.m.

Rev. Patrick McCorkle will preach and music will be provided by Paul Frazer as soloist.

There will be a coffee hour after church with COVID precautions followed.

Bethany Congregational Church is located at 18 Spear St., Quincy. The

church website is: [bethanycongregchurch.org](http://bethanycongregchurch.org). Telephone number is: 617-479-7300.

You can attend Bethany services in person or view them on line. Check the church website for instructions on how to watch.

Broad Horizons Preschool is open and accepting students both full and part-time. To inquire and/or fill out an application, go to the website at [broadhorizonsbethany.com](http://broadhorizonsbethany.com) or call 617-471-0022.

## Roger Cufau de Graduates Shenandoah University

Roger Cufau de Quincy recently graduated from

Shenandoah University in Winchester, VA.

## First Baptist Church Of Wollaston

The First Baptist Church of Wollaston, 81 Prospect Ave., Quincy, is open for everyone.

For those who have not fully vaccinated, continue to wear mask and safe distance. However, on-line worship will continue.

Guest preacher will be Rev. Chris Williams; reader, Nancy Rogers.

Online dial-in/Zoom

weekly meeting schedule (see church website):

- Sunday 10:30 a.m. worship service
- Wednesday 6:30 p.m. Community Group Meeting
- Thursday 6:30 p.m. Bible Class - Book of Revelation
- Friday 11 a.m. Prayer Group Meeting
- A Vietnamese Sunday Worship Service is held

every Sunday, 9:30 a.m. at the Fellowship Hall led by Pastor Duc ducphamboston2015@gmail.com

The church's 150th Anniversary will be celebrated Sept 26.

For inquiries about church ministries and activities, call 617-472-0824 and ask for Lewann Mina, the church administrator.

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# Early College High School Program Wins State Approval, Will Launch This Fall

Quincy College, in partnership with Quincy Public Schools, announces it has received Early College High School State Designation to offer a first-of-its-kind program in this region aimed at city high school students who may not otherwise be planning to pursue post-secondary education.

The Early College High School program focuses on so-called "high need students" in grades 10-12 – those who are first-generation, from low-income families, are English language learners, and/or have a disability – who may not actively be considering college. Those enrolled in the program will earn college credit by taking a sequence of college courses taught by QPS instructors as a way to provide students the opportunity to experience post-secondary education while still in high school.

Early College High School courses will be aligned with Quincy College courses, and the College faculty will collaborate with the high school instructors to ensure that the courses are delivered as a college course would be.

Of the 28 Early Col-

lege High School programs designated by the Massachusetts Department of Elementary and Secondary Education, the Quincy partnership is the only one in place on the South Shore.

Program funding will be covered by a three-year grant from the State Street Foundation, support which will include the cost of all student expenses as well as two new high school guidance counselors and two College "transition coaches" who will have responsibility for program implementation and oversight for its first three years of operation. The program is projected to enroll more than 100 students at each of the two high schools during the upcoming school year, a number that could potentially grow to as many as 250 students at each school.

"We're delighted to work with North Quincy High School and Quincy High School to bring this innovative program to our city, and we thank State Street Foundation for their generous contribution," said Dr. Richard DeCristofaro, Ed.D., president of Quincy College. "Any opportunity to expose our high school

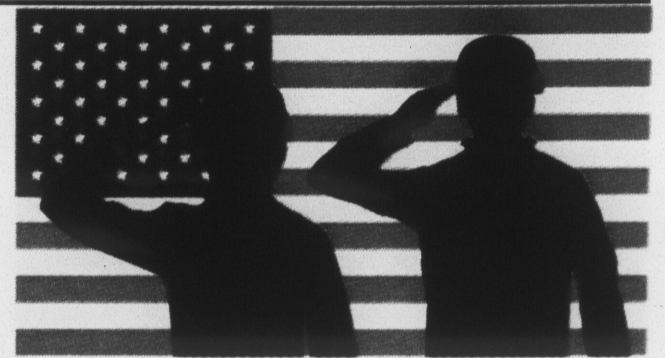
students to the benefits of a college education represents a win for our entire community, and we look forward to supporting those who enroll in Early College High School to assure their success."

"We are excited to offer this new pathway for our students starting this fall," said Lawrence Taglieri, principal of Quincy High School. "The addition of Early College High School to our program of studies will enhance the post-graduation opportunities that are available for our students and position them for success in their pursuit of a college degree. We are grateful for our long-standing partnership with Quincy College and so appreciative of the support from State Street Foundation in sponsoring this program."

"Teaming up with Quincy College to be part of the Early College High School program affords our students the opportunity to build confidence in their ability to be part of a larger academic community," said Noreen Holland, acting principal of North Quincy High School. "Our teams are ready to offer our ECHS students both

non-academic and academic support to ensure their success. Additionally, our teachers look forward to delivering curriculum that will provide students with authentic learning opportunities that will foster future career connections. We look forward to the start of this new program and welcome all participants."

Quincy College is a two-year, municipally affiliated community college serving approximately 4,000 students at campuses located in Quincy and Plymouth. Quincy College is an open access institution that encourages academic achievement and excellence, diversity, economic opportunity, community involvement and lifelong learning. The college offers 36 Associate degree programs and 27 certificate programs in a variety of disciplines. Quincy College is accredited by the New England Association of Schools and Colleges and is licensed by the Massachusetts Board of Higher Education to grant the degrees Associate in Arts and Associate in Science. Visit [www.quincycollege.edu](http://www.quincycollege.edu) for more information.



## Veteran's Voice Network Hosting Music Festival, Expo Saturday At Pageant Field

To help Massachusetts veterans who are struggling and offer a day of family fun, The Veteran's Voice Network will host its second annual Music Festival & Expo on Saturday, July 24, in Quincy.

The event will be held at Pageant Field, 1 Merymount Parkway, Quincy, from 10 a.m. to 3 p.m. It is free and open to the public.

The primary objective of the Expo is to inform Massachusetts veterans of the many services available in healthcare, education, housing, etc. and how to access these benefits.

According to the Massachusetts Veteran Needs Assessment Report (December 2020) "...the percent of veterans with bachelor's degrees or higher is 12 points lower than nonveterans in

Massachusetts."

The Rand Health Quarterly, 2017 states that "Among Mass. vets who reported having an unmet need for education services, most cited not knowing how to access services and not knowing that they were eligible for services as primary."

The Music Festival & Expo will feature:

- Information on benefits as well as professionals to answer questions
- Live music
- Free food
- Games for children
- Sports competitions

Speakers that will include a guest impersonating Corporal Deborah Sampson, the only woman known to have disguised herself as a man and serve in the Continental Army with detection.

## Fix a Flat With Quincycles July 28

The public is invited to take part in a "Fix A Flat" bicycle class on the lawn at Thomas Crane Public Library on Wednesday, July 28 from 6 to 7:30 p.m.

The program is being presented in partnership with Quincycles.

A flat tire is not something to worry about if you



have the know-how to repair it on the road. League of American Bicyclists Certified Instructors will guide you through removing your wheel, replacing your tube,

and getting you and your bike back on the ride. Bring your bike for a personalized experience.

In the event of inclement weather, this class will be held on Aug. 4 at 6 p.m.

The class is sponsored by the Friends of the Thomas Crane Public Library.

## RMV: Beware Of Text Phishing Scam

The Massachusetts Registry of Motor Vehicles (RMV) is cautioning customers to be aware of a text phishing scam that has been reported in the Commonwealth and in other states.

The scam reportedly involves customers receiving text messages, claiming to be from the "DMV," that direct them to click on a provided link to update their personal identifying contact

information. Customers can identify this type of text as a phishing scam because it includes "DMV" and in Massachusetts DMV is not the name of the Registry of Motor Vehicles; in Massachusetts, the name of the Registry is abbreviated as "RMV." Any text using the phrase "Department of Motor Vehicles" or "DMV" should be deleted.

Note that the RMV does

not send unsolicited requests for personal and/or contact information to customers by text. Any communication by text from the RMV would be as a result of a customer-initiated request or transaction.

For the latest Registry updates and information, check [Mass.gov/RMV](http://Mass.gov/RMV) or follow the RMV on Twitter @MassRMV.

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## Quincy Farmers Market at Kilroy Square

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AND THEY'RE OFF — Nearly 80 runners take off from the starting line on Huckins Avenue for the annual Frank Buckley Memorial 5K Road Race in Squantum. The road race, typically held during the Independence Day holiday weekend and supports the neighborhood's Fourth of July Parade, was delayed one week to July 10th due to inclement weather.

## 80 Turn Out For Frank Buckley Memorial Road Race

By TOM JOYCE

Postponing the race one week didn't stop people from turning out for the Squantum Road Race. The event, traditionally held during the Independence Day holiday weekend, was delayed one week to July 10 due to inclement weather.

Nearly 80 people signed up to run in the 5K road race put together by state Rep.

Bruce Ayers (D-Quincy). People of all ages ran and Ayers said that of the competitors, about 95 percent of them are from the Squantum community.

"It's a great community event that we've been doing for many years," he said. "We're pleased today with such a large turnout especially after the postponement, but we were able to

get a lot of people. It worked out fantastically. It was really good running weather."

The event normally takes place along with other July 4th festivities in Squantum. It cost \$20 for adults to partake in the five-mile run while children under 10 ran for free. The proceeds of the event each year go to the Squantum Fourth of July

Cont'd On Page 17



RACE ORGANIZERS Kim Buckley-White (daughter of Frank Buckley) along with Sean Costello (aide to Rep. Ayers) and Rep. Bruce Ayers before the road race in Squantum which drew nearly 80 runners this year. Rep Ayers has been a race supporter and sponsor for 16 years. Frank Buckley, known to many in Squantum, was a very active member in the community for many years. As his daughter Kim said, "my dad was always the first to volunteer for anything. He was always involved in community activities."



TERESA McNALLY (left) with her father, Peter, and sister, Mary, before the start of the Frank Buckley Memorial 5K Road Race in Squantum July 10. There were several parents and children participating in the road race.



ROBERT CANNON, 17, and rising senior at Quincy High School, crosses the finish line with the best overall time in the Frank Buckley Memorial 5K Road Race July 10th with a time of 12:08.



RACQUEL MAILLOUX-MORIN crosses the finish line first for the women with a time of 18:37 at this year's Frank Buckley Memorial 5K Road Race.

Quincy Sun Photos/Larry Carchedi



ANN ROBLES (10 & under division) crosses the finish line in front of her father, Joaquin, at the annual Frank Buckley Memorial 5K Road Race in Squantum July 10. Out of a field of nearly 80 runners, there were 17 participants in the 10 & Under division.

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ALL THE PARTICIPANTS gather with other supporters and sponsors at the end of this year's Frank Buckley Memorial 5K Road Race held July 10th in Squantum.

## 80 Turn Out For Frank Buckley Memorial Road Race

Cont'd From Page 16

Parade.

The official name of the event is the Annual Frank Buckley Memorial Squantum Road Race. Ayers said that Buckley was a "beloved community member" and that he ran the race many times before his passing.

"It's a nice tribute to him," Ayers said. "His family is all here today. We've got some great volunteers that really step up to make it all work."

In all, there were eight different age categories as well as winners for male overall and female overall. The winners got trophies and t-shirts for competing. Additionally, all of the children who competed in the race got medals and t-shirts.

The overall winner of the race was Robert Cannon, who attends Quincy High School and is a three-season runner. He was a junior last year and ran cross country, winter track, and spring track.

Cannon is a distance runner for the Presidents and was a Patriot League All-Star during the Fall II indoor track season. He typically competes in the mile and two-mile runs in his high school meets. Plus, he runs even farther when competing in cross country, so he felt well-prepared for this race.

"It's a race, I was hoping to come out and run fast," he said. "It was fun running up and down the hills. It was fun."

Cannon noted that his two-mile run time is 10:15. He achieved that mark in the Patriot League Championship meet in June and earned a fourth-place finish league wide as a result.

Meanwhile, Steven Nofziger won the race for the 51 to 59-year-old age category. Originally from Los Angeles, Nofziger said he spends much of his time nowadays in the Quincy area.

"I love Squantum," he said. "I walk around here tons of times every week, so it felt good to be part of the community. It's also a beautiful run. It's great being part of a beautiful community like Squantum."

"It's kind of my adopted new home."

The winners of each respective category of the race were: Robert Cannon (male overall), Racquel Mailloux-Morin (female overall), Alex Giaquinto (10 and under), Alex Robles (11 to 15), Conor Walsh (16 to 20), Christina Coronis (21 to 30), Steve Delano (31 to 40), Chris Mylod (41 to 50), Steven Nofziger (51 to 59), and Jim Maver (60 and over).



FRANK BUCKLEY MEMORIAL 5K road race winners of each of the eight divisions. From left to right: Racquel Mailloux-Morin (31-40), Jim Maver (60+), Conor Walsh (16-20), Chris Mylod (41-50), Robert Cannon (16-20), Alex Giaquinto (10 and under), Steven Nofziger (51-59) & Alex Robles (11-15).

Quincy Sun Photos Larry Carchedi

50), Steven Nofziger (51 to 59), and Jim Maver (60 and over).

Ayers said if people are interested in learning more about the race, including how they can get involved with it in the future, that they should check out his page.

"It's a great community event," he said. "We encourage people to learn more about the race and come on out next year."

### Beach Church Sundays On Wollaston Beach

Beach Church is taking place every Sunday morning at 8 a.m. on Wollaston Beach between the Squantum and Wollaston Yacht Clubs.

The public is invited to attend these brief services of Scripture, prayer and

song. The services are led by Rev. Martha Swanson of Christ Church SOS, a mobile Christian ministry. For further information about the ministry visit: christevangelicalchurchmobmin.org.



SISTERS HANNAH (race number 9) and Molle Carte (race number 10) get warmed up before the start of the Frank Buckley Memorial 5K Road Race in Squantum July 10.

## Flag Day Fireworks May Return To Blacks Creek

Cont'd From Page 11

"There is a case to be made for both," Koch responded when asked if he would prefer seeing next year's fireworks at Blacks Creek or Quincy Bay.

"I think that the case to be made for Blacks Creek, which I'm leaning to, is a

little bit more of a community feel. If it becomes Wollaston Beach on the harbor every year, it becomes more of a regional draw. As the mayor, I'm not here to draw thousands from other communities to come watch fireworks and create a burden on our police and safety and

traffic and all that stuff.

"And, there is the community part of the event. You've got the parade, the flag-raising ceremony and the fireworks all right there together. It is really a cool thing."

The city could also move the fireworks back to Blacks

Creek while still using bigger shells, Koch said.

"Maybe we can increase the size of the show at Blacks Creek - maybe there is a flotation device that goes out into the middle of the creek so we can some higher shells," he said.

"As you probably know, the bigger the shell, the

more the safety zone is. So, out in the bay, you don't have to worry about that. But, when you have the program up at Pageant Field, I think the max we have is a six-inch shell because of where the fence is. For every inch you go up higher, I think it is another hundred feet out of fencing."

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# Quincy/North Quincy Track & Field Highlights

## Massachusetts South Division 1 At Hingham

First	Last	Gender	Event	Performance	Place	Comment
Emilia	Henry	F	100	13.50	27th	
Sofija	Slezas	F	200	26.30	4th	AllState Qualifier
Victoria	Rak	F	200	27.45	12th	
Kiera	Sleiman	F	100HH	17.16	17th	
Eileen	Durgin	F	100HH	17.68	24th	
Emilia	Henry	F	4 x 100	50.66	3rd	Allstate Qualifier
Catherine	Brown	F	4 x 100			
Victoria	Rak	F	4 x 100			
Sofija	Slezas	F	4 x 100			
Niamh	Mwafurirwa	F	Discus	75'08"	12th	
Natalia	Kepczynski	F	High Jump	4'10"	4thT	
Catherine	Brown	F	High Jump	4'10"	4thT	
Kelsy	Duong	F	Javelin	105'00"	3rd	Allstate Qualifier
Victoria	Rak	F	Long Jump	15'11"	11th	
Eileen	Durgin	F	Long Jump	15'06.25"	19th	
Aluna	Coogan-Coyne	F	Mile	5:31.05	12th	
Kiera	Sleiman	F	Pentathlon	2591	3rd	AllState Qualifier
Niamh	Mwafurirwa	F	Shotput	29'05.5"	13th	
Kiera	Sleiman	F	Triple Jump	31'10"	14th	
Matt	Wong	M	100	11.46	14th	
Nick	Pereira	M	200	23.70	10th	
Matthew	Francoeur	M	800	2:05.10	14th	
Robert	Cannon	M	2Miles	10:16.25	12th	
Jaycee	Ham	M	4 x 100	44.18	5th	AllState Qualifier
Jose	Las	M	4 x 100			
Nick	Pereira	M	4 x 100			
Matt	Wong	M	4 x 100			
Bobby	Donovan	M	400IH	1:04.93	18th	
Jaycee	Ham	M	High Jump	6'02"	2nd	Allstate Qualifier
Jack	Nelson	M	Javelin	121'00"	13th	
Jaycee	Ham	M	Triple Jump	38'10"	10th	

## All State Results Norwell MA

First	Last	Gender	Event	Performance	Place	Comment
Sofija	Slezas	F	200	26.41	12th	
Emilia	Henry	F	4 x 100	49.94	8th	School Record
Catherine	Brown	F	4 x 100			
Victoria	Rak	F	4 x 100			
Sofija	Slezas	F	4 x 100			

## Beach Barriers Work



PIPING PLOVERS (*Charadrius melodus*) are quick, small (and very cute) beach birds that forage along the tide line on Massachusetts' sandy beaches. They can be seen skittering in small groups along the tideline plucking invertebrate delicacies from the wet sand. They spend the warm months with us, migrating south for the winter. In springtime they fly north, scrape shallow ground nests in soft sand above the high tide line of Quincy beaches, lay eggs and raise their fuzzy hatchlings. They are an endangered species because their favored breeding grounds are limited in area and highly popular with us humans. Along busy Wollaston beach, thoughtful city officials have staked out Plover breeding areas, protecting the nests and chicks from us well-meaning humans who simply cannot see the hidden eggs and tiny camouflaged chicks. The orange string barriers work because they show us humans where the Plovers are breeding. Here we see a recently hatched Plover chick gazing out at the sea from behind the orange string barrier that saved it from being crushed by a well-meaning but unaware human enjoying the beach.

Photo Courtesy Rob Sheridan



QUINCY/NORTH QUINCY girls 4 x 100 relay team set a school record and finished in 8th place at the All-State Track and Field competition held recently in Norwell. The team's time was 49.94. From left to right: Victoria Rak, Sofija Slezas, Emilia Henry and Catherine Brown.

Photos Courtesy Geoff Hennessy



QUINCY-NORTH QUINCY boys 4 x 100 relay team qualified for all-states with a time of 44.18 and fifth place at the Massachusetts South Division 1 competition held recently in Hingham. From left to right: Jose Las, Nick Pereira, Matt Wong and Jaycee Ham.

## Pandemic Pause: Americans Cut Driving Nearly in Half In Early Stage of COVID Crisis

The COVID-19 pandemic and associated restrictions in the spring of 2020, such as stay-at-home orders, led to a drastic drop in U.S. road travel.

New research from the AAA Foundation for Traffic Safety's New American Driving Survey (2020) provides compelling data that examines the types of trips and the characteristics of the people who altered their driving habits. According to the research, the average number of all daily personal car trips plunged 45% in April 2020 and 40% for trips by all modes of transportation combined. The dip in travel moderated later in the year but remained below 2019 levels.

"The COVID-19 pandemic has had a profound impact on commuting habits and patterns in the

United States," said Mary Maguire, Director, Public and Government Affairs, AAA Northeast. "Findings based on the survey data provided some contextual information to understand better how this unfortunate event has affected the way we travel."

Daily trips for all modes of transportation fell from an average of 3.7 trips per day in 2019 to 2.2 trips in April 2020, before slightly recovering. After that abrupt decrease in April 2020, daily trips by U.S. residents rebounded somewhat in May

Cont'd On Page 19

## Round Ball



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www.RoundBallHoopCamp.com

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## NeighborWorks Housing Golf Tourney Raises \$75,000 for Vets' Fund

More than \$75,000 was raised during the 22nd annual Mulligan Golf Tournament hosted by NeighborWorks Housing Solutions, a housing service provider in southern Massachusetts.

The event, held on June 11 at Brookmeadow Country Club in Canton, sold out early in the spring, with more than 144 golfers coming out in support of the work conducted by NeighborWorks Housing Solutions.

All proceeds from this year's tournament will support the new NHS Veterans' Fund that provides resources and assistance to veterans and their families living in NHS housing. NHS provides over 65 units of housing specifically for veterans and their families, with an additional eight units of housing coming online later this fall in Marshfield.

"It is unacceptable to us

that a veteran who fought for our very freedom is homeless right here in their hometown," said Carin L. Paulette, director of veterans' services for the town of Marshfield. "NeighborWorks Housing Solutions is working hard to end veteran homelessness by building beautiful, top-of-the-line veteran homes throughout the commonwealth. Having a home for veterans embedded in the community creates a sense of belonging for the veteran as well as pride and honor within the community. I wish there were a home like the one NeighborWorks is building right now in Marshfield in every town."

"We are grateful to the many businesses, golfers, sponsors and volunteers who came out to support veterans and our Veterans' Fund - many have been joining us year after year,"

said Robert Corley, CEO of NeighborWorks Housing Solutions. "We are grateful to everyone for their dedication and willingness to give to help veterans in our communities."

NeighborWorks Housing Solutions is the leading housing service provider in southern Massachusetts. NHS has more than 70 years of combined experience in the community development field and provides services to more than 11,000 households in more than 75 cities and towns across the region. In addition to building and managing 786 units of housing for veterans, homeless families and others in need, the agency offers a wide range of housing services, including foreclosure prevention counseling, home rehabilitation loans and grants, financial coaching and first-time homebuyer workshops.

For more information, contact Serenity Belo, Resource Development Director, at 617-801-5217 or sbelo@nhsma.org, or visit: [www.nhsma.org](http://www.nhsma.org).



MORE THAN 144 golfers turned out for the 22nd annual Mulligan Golf Tournament hosted by NeighborWorks Housing Solutions June 11 at Brookmeadow Country Club in Canton. Four-somes included (from left to right) Paul Laundry of Marshfield, Carin Paulette, Marshfield Veteran's Agent and resident of Plymouth; Ed Timlin of Marshfield and Assistant Veteran's Agent Lisa Potts of Scituate. The outing raised more than \$75,000 for NHS Veterans' Fund that provides over 65 units of housing specifically for veterans and their families.

Photo Courtesy NeighborWorks Housing Solutions

## Americans Cut Driving Nearly In Half In Early Stage of COVID Crisis

Cont'd From Page 18

and June and then remained at approximately 20%-25% below their 2019 levels during the second half of 2020.

The survey results show that early in the pandemic, reductions in travel were most substantial among teens and young adults (ages 16-24) and among those ages 65 and older. But later in 2020, reductions in travel were more uniform across various age groups.

### Other key findings:

**Daily Car trips:** (as a driver or passenger) fell from 3.2 pre-pandemic to 1.8 in April 2020, before rebounding slightly to 2.6 trips for the rest of the year.

**Travel by transit, taxi, or rideshare:** The proportion of people who reported making any trips by transit, taxi, or rideshare plummeted from 5.5% pre-pandemic to 1.7% in April of 2020, before leveling off at approximately 2.4% for the remainder of the year.

**Commuter Travel:** Work-related travel by all transportation modes

dropped by 40% in April 2020, likely reflecting a mix of layoffs, job losses, and telecommuting. Commuting trips made by workers on days when they worked decreased by approximately 22% relative to pre-pandemic levels as well. In the following months, commuting trips returned to approximately 26% below pre-pandemic levels among the population as a whole, likely due to increases in the proportion of Americans who were working. Commuting remained approximately 25% below pre-pandemic levels among workers on days when they worked, indicative of continued widespread telecommuting.

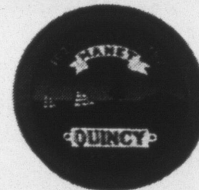
**Staying At Home:** The percentage of the population who remained in the same place all day fluctuated between 9% and 14% before the pandemic but increased to 26% in April 2020, before stabilizing at levels slightly higher than those before the pandemic for the remainder of the year.

## AAA: Gasoline Prices Same

Massachusetts's average gas price is the same as last week, averaging \$3.02 per gallon. Monday's price is 7 cents higher than a month ago (\$2.95), and 89 cents higher than July 19, 2020 (\$2.13). Massachusetts's average gas price is 15 cents lower than the national average.

One of the primary reasons for more expensive gas prices this summer is high crude oil prices. How-

ever, last week crude prices fluctuated from a high of \$75 per barrel down to \$71. News from the Organization of the Petroleum Exporting Countries (OPEC) over the weekend, that they have reached a deal to increase production in August, could give crude oil prices the potential to drop under \$70 per barrel. Regardless, AAA expects higher pump prices to be the norm throughout the summer.



### Downtown Construction Activities

#### Proposed work activities for the week of July 18<sup>th</sup>, 2021



- The contractor at the Generals Bridge project will begin installing new vertical granite curbing along the roadway and masonry veneer at the concrete plinths. Thomas Burgin Parkway north bound lane on the west side adjacent to the bridge remains closed. Traffic is reduced to one lane either direction with the concrete barricades on sides. Vehicle traffic should use caution when entering this area.
- At the McConville Way project the contractor finish construction of the streetscape aside the new roadway. The streetscape work includes the continued installation of polymetric sand, sidewalk caulking, catenary lights (alleyway), and roadway signage. At the future pocket parks, the contractor will finish caulking paver joints, cleaning, and sweeping in polymetric sand between brick pavers. In addition, the contractor will finish placing the pavement markings along Parkingway, Granite St, Cliveden St, the Messina Lot, Walter J Hannon Parkway, and McConville Way. During the time of the pavement marking installation there will be temporary detours of these roadways.
- At the old 100 Parking Way site the contractor will finish install of new parking lot signage. The new parking lot remains closed during construction.
- Work continues along the face of the of 25 Temple St building for the new structural steel that will support the future addition above. Currently, the sidewalk along Temple St at the building remains open during construction.

(The photo on the above left shows the contractor installing new communication conduit below the future sidewalk at Thomas Burgin Parkway with the new concrete barrier wall at the MBTA tracks in the background. The above right photo shows the contractor installing the new roadway signage at McConville Way.)

<https://www.quincyma.gov/mycity/> or follow @CityofQuincy on Twitter.

Contact Patrick McCarthy for construction question's at: 781-264-4646 or email at: [pmccarthy@woodardcurran.com](mailto:pmccarthy@woodardcurran.com)



HOMEOWNERS at 140 Warren Avenue want to extend a thank you to the Quincy Park Department for their assistance in removing a tree that came down in front of their home. The tree fell a few weeks ago resting on electrical wires. The Park Department crew was called in at 10 p.m. at night and had the tree removed in a pouring rain storm. "We are very grateful to live in a city that is able to provide such a high level of service," said the homeowners who emailed The Sun a photo of the crew at work.

## July 27 Last Day To Pull Nomination Papers For This Fall's City Election

23 Residents Have Taken Out Papers As Of Tuesday

By SCOTT JACKSON

The deadline for residents looking to run for municipal office this fall to collect the requisite signatures to qualify for the ballot is fast approaching.

Would-be candidates have until 5 p.m. on Tuesday, July 27, to return their nomination papers to the Board of Registrar of Voters. To qualify for the ballot, residents must obtain the signatures of 50 registered voters — those seeking to run for one of the six ward seats on the City Council must collect all those signatures from voters within that ward.

Certified nomination papers, including a statement of candidacy, must be returned to the City Clerk's Office by 5 p.m. on Tuesday, Aug. 10.

Twenty-three residents had taken out nomination papers as of 9 a.m. Tuesday and seven had returned nomination papers with 50 certified signatures to the City Clerk's Office.

The three incumbent at-large councillors — Noel DiBona of Chickatabot Road, Nina Liang of Grand View Avenue, and Anne Mahoney of Ferriter Street — have pulled papers to seek reelection. DiBona has had his signatures verified by election officials.

One challenger, William Burke of Rice Road, has taken out papers to run for an at-large seat. Burke ran unsuccessfully for state representative in 2018 and had run for Congress two years

prior.

Contested races are also possible for three of the six ward seats on the City Council.

In Ward 1, incumbent David McCarthy of Whitney Road and challenger Joseph Murphy of Macy Street have both pulled papers. McCarthy has had his signatures certified by the clerk's office.

McCarthy and Murphy faced off in the last two municipal elections. They first ran against each other in 2017, when McCarthy was elected to an open seat on the council, and McCarthy won a rematch two years later. McCarthy received 1,954 votes in the 2019 election to Murphy's 1,005.

In Ward 2, incumbent Anthony Andronico of Endicott Street has pulled papers along with challengers Steven Perdios of Ruggles Street and Jorgette Theophilis of Norman Road.

Andronico was appointed to the seat in January following the resignation of longtime councillor Brad Croall. Croall was first elected in 2011, when he defeated Steven Perdios by 56 votes.

In Ward 5, incumbent Charles Phelan Jr. of Fenno Street and challengers Stephen Christo of Standish Avenue and John Rodophele of Grenwold Road have all pulled nomination papers.

Christo and Phelan ran against each other for an open seat in 2019. Phelan outpolled Christo 1,372 to 1,086 in the closest of the

four contested races for ward seats that year. Rodophele ran unsuccessfully for the Ward 5 seat in 2017 and ran for School Committee twice before that.

Ward 3 Councillor Ian Cain of Forbes Hill Road, Ward 4 Councillor Brian Palmucci of Cross Street and Ward 6 Councillor William Harris of Ashworth Road have all taken out nomination papers to run for reelection and challengers have yet to emerge in those races. Harris has had his signatures verified by the clerk's office.

Also up for grabs this fall are three seats on the School Committee.

All three incumbents whose seats are being contested — Douglas Gutro of Arnold Street, Emily Lebo of Highland Avenue and Courtney Perdios of Ruggles Street — have taken out nomination papers to seek reelection.

Five challengers have pulled nomination papers to run for a spot on the committee: Tina Cahill of Grenwold Road, Ellen Patter-

son O'Donnell of Hatherly Road, John McDonald of Quincy Shore Drive, Liberty Schaaf of Howe Street, and Liz Speakman of Merymount Road.

Four of those candidates — Gutro, Perdios, Schaaf and Speakman — have had their signatures certified by the clerk's office.

Perdios was appointed to the committee in February, filling the remainder of Andronico's term after he was appointed to the City Council. O'Donnell, Schaaf and Speakman were also nominated for the seat during the joint convention.

There is no mayoral election this year. Mayor Thomas Koch was reelected to a four-year term in 2019.

If needed, a preliminary election would be held on Sept. 14. A preliminary election would be required if more than two candidates qualify for the ballot in a ward council race, or if more than six qualify in either the councillor at-large or the school board races.

The final election is slated for Nov. 2.

## Morrisette Hosting State Legion Baseball Tournament

This Weekend At Adams Field

The Massachusetts Legion State Baseball Tournament gets underway this weekend at Adams Field with Morrisette team playing host to the eight-team tourney field.

Morrisette will play its first game of the tournament Saturday night at 7:30 p.m. at Adams Field. The team's first-round opponent had not yet been determined as of press time Tuesday.

The opening ceremony will be held Saturday at 7 p.m. before Morrisette takes the field for its first game.

Game times for Saturday and Sunday are set for 10 a.m., 1 p.m., 4:30 p.m. and 7:30 p.m. — all at Adams Field.

Morrisette baseball manager Steve Maze says his squad will be ready to com-

pete with the best Legion teams in the state.

"We're gonna play hard every out. The kids are excited to play great competition," Maze said.

Maze also thanked city leaders for helping to bring the state tournament to Quincy.

"I want to thank Mayor Tom Koch and the Park and Recreation Board for helping with this tournament. It takes a lot of work and commitment from coaches, players and volunteers to put on a tournament of this caliber," he said.

Maze noted that any last minute donations to support the tournament are appreciated. Checks can be made out to Morrisette Baseball; for more information email Morrisetteball@aol.com.

## Favorite Hymn Sing Sunday At Quincy Point Church

Sunday, July 25 at Quincy Point Congregational Church has Sunday worship at 10 a.m. in-person at 444 Washington St. in the air-conditioned sanctuary.

The deacons will lead worship this Sunday, Eileen Donaldson will be the lay reader and Matt Coveney will be the soloist of the day.

Subscribe to "Points" weekly electronic newsletter to receive the link for weekly worship. To sign up for these emails, just visit our website at [www.quincy-pointcong.org](http://www.quincy-pointcong.org) and fill out the form on right hand bottom of page or contact the church office.

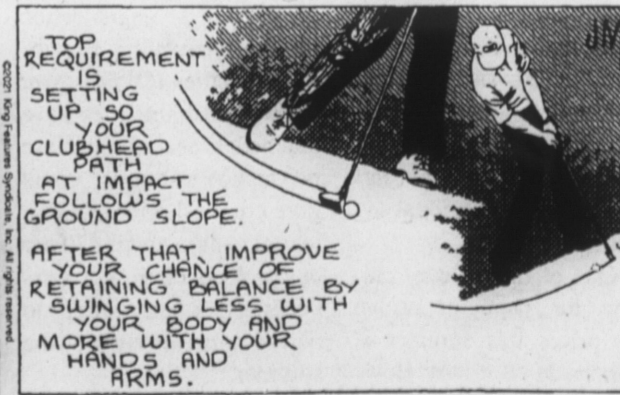
Church School for All — Summer edition airs at 9:15 a.m. on the Quincy Point Congregational Church YouTube channel on Sundays.

The Summer series is based on the book by Charles Swindoll, "Paw Paw Chuck's Big Ideas in the Bible" and this week Mike Helvey will read, "Share Bears" a story about sharing based on the bible verse "It is more blessed to give than to receive (Acts 20:35)." The story starts

with the news that a new baby cub is on the way and the cubs have to stay at Paw Paw Chucks for dinner. But, the cupboards are bare! After they figure out the dilemma, the topic of "sharing" becomes the dinner conversation. Due to copyright guidelines from the publisher this video is designated as "unlisted" so the church will need to email you a link to the video. The instructions to make sure you are on the mailing list are above.

The Missions and Social Justice Committee of Quincy Point Congregational Church is sponsoring a summer clothing collection for Quincy Public Schools McKinney Vento Program. Items needed in children's sizes XS-XL are: children's underwear (needed most), socks (needed most), t-shirts, sweatpants and leggings. Drive ends on Sept. 26. Drop off to the church on Sundays before worship or weekdays from 9 a.m. to 2 p.m. (ring the church doorbell by the bakery, doorbell at the Abbey Road accessible door or call 617-773-6424).

## Play Better Golf with JACK NICKLAUS



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# OBITUARIES

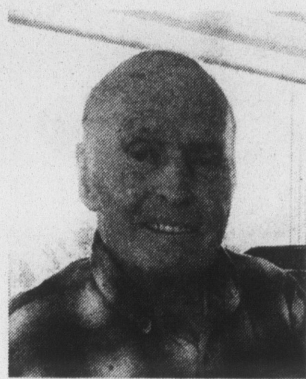
## James L. Berlo, 80

A funeral Mass for James "Jim" Leo Berlo, 80, of Quincy, will be celebrated July 28 at 11:30 a.m. in Gate of Heaven Church, South Boston.

Mr. Berlo died peacefully in his home on Sunday.

Mr. Berlo, son of Henry and Susan Berlo, was born in Boston, attended South Boston High School and began his 40-year telecommunications career with New England Telephone company. A long-time member of IBEW 2222 and the New Outlook Pioneers. He was past commodore and member of the Gull Point Yacht Club, a past member of the South Boston Yacht Club and the Commodore's Club of America.

He is survived by his wife of 49 years, Stephanie (Casey) Berlo, his sisters Rose (Berlo) Hines, Susan (Berlo) Mulligan, Ann (Berlo) Kennedy and Mary (Berlo) Burnieika, and the late William Berlo, Virginia McParland, Robert Berlo, and Henry Berlo. He is also survived by his children Mary Ann (Berlo) Galvin, James L. Berlo, Jr., Jeanne (Berlo) Kelly and Susan (Berlo) Morrissey and his three granddaughters Chris-



JAMES L. BERLO

tina Morrissey, Savannah Morrissey and April Galvin. He had many godchildren, nieces and nephews.

Mr. Berlo was adored by his companion Chester who passed in 2019. Jim loved his family and friends as well as traveling, skiing and golfing.

Visiting hours are 4 to 8 p.m. on July 27 in Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held in the funeral home at 10:30 a.m. on July 28.

Interment is private.

Memorial donations may be made to the Alzheimer's Association, MA Chapter, 309 Waverley Oaks Rd., Waltham, MA 02452 or to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

A funeral Mass for Patricia A. (Tajc) Caldwell, 79, of Quincy, will be celebrated July 26 at 10 a.m. in St. Joseph's Church, Quincy.

Mrs. Caldwell died peacefully on July 17 at Carney Hospital in Boston.

Born in Pennsylvania on April 10, 1942, she was the daughter of the late Paul and Irene (Stefanik) Tajc. She attended local schools and graduated from Quincy High School.

A homemaker, Mrs. Caldwell was devoted to her family and loved them more than anything. She enjoyed the time she had watching her grandchildren as they grew. Mrs. Caldwell was always active in the children's and grandchildren's extracurricular activities. In



PATRICIA A. CALDWELL

her spare time, she enjoyed reading at home.

Everyone who knew Mrs. Caldwell would know that her favorite holiday was Christmas. She loved celebrating with her family on Christmas Eve and enjoying the togetherness that the season brought. Mrs. Caldwell was a kind, loving and selfless person. She was

the best wife, mother and grandmother anyone could ask for. Her life lessons and example are part of her legacy that continue through her family. She will be missed by all the lives she touched.

Mrs. Caldwell was the beloved wife of Frederick M. Caldwell. The two married on June 23, 1962, and together they shared 59 loving years of marriage. She was the devoted mother of Frederick M. Caldwell, Jr. and his wife Sheila of Weymouth, Kathleen V. "Vicki" Orcutt and her husband Bruce of Plymouth and Kevin J. Caldwell and his wife Kristen of Weymouth. Loving grandmother of 12 and the loving great grandmother of one. Dear sister of Kathleen Boucher and her husband Edward of Florida, Pamela Centamore and her husband Russell of Plymouth and Mark Tajc of Quincy. Also survived by many loving nieces, nephews, extended family and friends.

Visiting hours are 2 to 6 p.m. on July 25 in Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held in the funeral home at 9 a.m. on July 26.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to the American Parkinson Disease Association, 72 East Concord St., Boston, MA 02118.

### LEGAL NOTICE

**CITATION ON PETITION TO CHANGE NAME**  
Docket No. NO21C0224CA  
Commonwealth of Massachusetts  
The Trial Court

Probate and Family Court  
Norfolk Probate and Family Court  
35 Shawmut Road  
Canton, MA 02021  
(781) 830-1200

**In the Matter of:**  
Aidan Jackson Ward  
A Petition to Change Name of Minor has been filed by

Aidan Jackson Ward of Quincy, MA  
requesting that the court enter a Decree changing their name to:

**Aidan Jackson Bushman**  
**IMPORTANT NOTICE**

Any person may appear for purposes of objecting to the petition by filing an appearance at: Norfolk Probate and Family Court before 10:00 a.m. on the return day of 08/25/2021.

This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

**WITNESS, Hon. Patricia Gorman, First Justice of this Court.**

Date: July 16, 2021  
COLLEEN M. BRIERLEY  
Register of Probate  
7/22/21

### LEGAL NOTICE

**CITATION ON PETITION TO CHANGE NAME**  
Docket No. NO21C0225CA  
Commonwealth of Massachusetts  
The Trial Court

Probate and Family Court  
Norfolk Probate and Family Court  
35 Shawmut Road  
Canton, MA 02021  
(781) 830-1200

**In the Matter of:**  
William Sebastian Ward  
A Petition to Change Name of Minor has been filed by

William Sebastian Ward of Quincy, MA  
requesting that the court enter a Decree changing their name to:

**William Sebastian Bushman**  
**IMPORTANT NOTICE**

Any person may appear for purposes of objecting to the petition by filing an appearance at: Norfolk Probate and Family Court before 10:00 a.m. on the return day of 08/25/2021.

This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

**WITNESS, Hon. Patricia Gorman, First Justice of this Court.**

Date: July 16, 2021  
COLLEEN M. BRIERLEY  
Register of Probate  
7/22/21

## Pauline M. Lecomte

Funeral services for Pauline M. Lecomte, a longtime resident of Quincy, were held Wednesday in the First Baptist Church of Wollaston.

Ms. Lecomte died July 13 after a lengthy illness.

She was the loving daughter of the late Paul and Kathryn (Pettit) Lecomte and loving sister of the late Ann C. Lecomte.

Memorial donations may be made to the First Baptist Church of Wollaston, 81 Prospect Ave, Quincy, MA



PAULINE M. LECOMTE

02170. Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

## More Obituaries On Pages 22-24

### REQUEST FOR QUALIFICATIONS

### REQUEST FOR QUALIFICATIONS

#### REQUEST FOR QUALIFICATIONS

CITY OF QUINCY, MASSACHUSETTS  
PURCHASING DEPARTMENT  
1305 HANCOCK ST., QUINCY MA 02169

Filed Sub-bid Trade Contractors for:  
Quincy Public Safety Headquarters Early Release Project

The Department of Public Buildings for the City of Quincy, Massachusetts is issuing a Request for Qualifications (RFQ) to pre-qualify Filed Sub-bid Trade Contractors for the **Quincy Public Safety Headquarters Early Release Project**. Statement of Qualifications (SOQ) will be received until 12:00 p.m. local time on **Thursday, August 5, 2021**, at the offices of the Purchasing Agent, City Hall, 1305 Hancock Street, Quincy, Massachusetts 02169. SOQ received after the time of announced opening will not be accepted.

#### Trade Category/ Est. Cost

Roofing/flashing: \$113,080.  
Acoustical tile: \$52,510.  
Waterproofing/ Damproofing/Caulking: \$41,435.  
Misc. Ornamental Iron: \$54,546.  
Resilient floors: \$54,126.  
Painting: \$176,920.

#### Trade Category/ Est. Cost

Metal windows: \$58,518.  
Plumbing: \$707,707.  
Fire Protection: \$77,844.  
Heating/ Ventilating / Air Conditioning: \$642,888.  
Electrical: \$2,136,965.

The Work includes, but is not limited to, procurement and construction of a new City fueling depot, stormwater pump station, the retrofit of the existing 39 Broad Street building for tenant fit out, site electrical undergrounding and associated building electrical scope, and all materials, equipment, services, and construction inherent to the Work. Filed Sub-bid Trade Contractors must be certified by the Commonwealth of Massachusetts Division of Capital Asset Management and Maintenance (DCAMM) for General Building Construction.

Detailed Request for Qualifications will be available at 10:00 a.m. local time on July 21, 2021, on-line at the City of Quincy's website, [https://www.quincyma.gov/govt/depts/purchasing/current\\_bids.htm](https://www.quincyma.gov/govt/depts/purchasing/current_bids.htm). Filed Sub-bid Trade Contractors shall send a confirming email to "purchasing@quincyma.gov" to allow Owner to maintain a RFQ holders list. If RFQ documents are downloaded and/or printed from Owner's website, it is Filed Sub-bid Trade Contractors responsibility to check the website for any addenda before submitting a Statement of Qualifications. The Owner will not be responsible for any Statement of Qualifications that omits addenda acknowledgement.

This RFQ shall be in full compliance with Massachusetts General Laws, Chapter 149A, Sections 44A-M, as last revised, all Federal, State and City of Quincy regulations when applicable in relation to Minority Business Enterprise, Women's Business Enterprise, Minority Work Force, Equal Employment Opportunity, and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26 to 27H and/or any applicable federal rates. Firms interested in providing Filed Sub-bid Trade Contractor Services for the construction Project **MUST** submit a Statement of Qualifications in response to this RFQ. The City reserves the right to waive any informality in or to reject any or all Bids when such an action is deemed in the best interests of the City.

#### Non-responsive and/or unbalanced Bids may be rejected.

Thomas P. Koch  
Mayor  
7/22/21

Paul J. Hines  
Commissioner, Department of Public Buildings

Kathryn R. Logan  
Chief Procurement Officer

## OBITUARIES

## Eileen F. P. Higgins, 90

Eileen Frances Patricia (Lyons) Higgins of Wollaston died peacefully on July 9 at the age of 90.

Beloved wife of the late William S. Higgins, Jr. Devoted mother of Eileen Higgins Robichaud and her husband, David, of West Concord, Liz O'Leary and her husband, Rick, of Croton Falls, NY, Kathleen Higgins Broderick and her husband, Matt, of Cohasset and the late Monica Anne Higgins of Wollaston and Cambridge. Fun loving Nanny to Charlie and Gabe Robichaud, Richard and William O'Leary, and Kate, Will and Thomas Broderick. Beloved sister of the late Anne L. Sullivan of Jamaica Plain and the late Betty O'Malley of Clinton. She will be missed by her Lyons and Higgins nieces and nephews.

Mrs. Higgins grew up in East Somerville, the daughter of Jeremiah and Annie (Murphy) Lyons, immigrants from County Cork, Ireland. She attended the Little Flower School and St. Benedict's High School in East Somerville. She was a clerk-stenographer at the Boston District of the FBI where she made many lifelong friends and could recount the Brinks robbery file number at any given moment. She held several offices of the Boston Chapter of the Society of the Former FBI Women



EILEEN F. P. HIGGINS

including president and was a faithful member for many years.

Mrs. Higgins was the records officer at the Boston Athenaeum for more than 20 years. Upon her retirement, the Boston Athenaeum endowed the Eileen Lyons Higgins Book Fund.

She had a lifelong love of reading and instilled this love in her daughters and grandchildren. She was proud of the fact that like herself, each of her daughters and her granddaughter either worked for or volunteered at a library including the Thomas Crane Public Library in Quincy, The Ruth Keeler Memorial Library, in North Salem, NY, The Dinand Library at the College of the Holy Cross, The MacPhaidin Library at Stonehill College and The Paul Pratt Memorial Library in Cohasset; and her daughter, Monica, was the director

of events at the Boston Athenaeum.

Mrs. Higgins was proud of her Irish heritage and researched her genealogy which she passed down to her family. She loved to attend Irish social dances and sewed and embroidered many Irish step dancing costumes. Mrs. Higgins would playfully recount the memory of her first phone conversation with her father in the 1940s, as it was only then that she realized he did, indeed, have an Irish brogue.

She loved her home of 57 years on Kemper Street in Wollaston and her many friends from the Kem-Bass neighborhood and St. Ann's Parish. She made a new home in late 2017 at the Fenno House Assisted Living Facility in Wollaston. Mrs. Higgins' family would like to thank the Fenno House staff and her private aides who allowed her to lead her best life these last years.

Memorial donations may be made either to the Pat Roche Hospice House, where she and her family received amazing care at the end of her life, or the Quincy Animal Shelter.

Funeral services are private.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

## Michael J. O'Malley

Michael Joseph O'Malley of Corvallis, Oregon, was born on Oct. 8, 1957 in Boston. He was the son of Michael John O'Malley and Bridget Theresa Costello O'Malley, both of Galway County, Ireland. He died suddenly at home, in the arms of his beloved wife of 30 years, on the morning of July 1, 2021.

Mr. O'Malley married Nell Winokur O'Malley in Lexington, MA, on Dec. 29, 1990. They made their way from Westminster, SC to the Pacific Northwest in June of 1991, and later had two children: a daughter, Bridget Rose, and a son, Emmett Joseph.

The oldest child of immigrants, Mr. O'Malley was the first in his extended family to go to college. He received his Bachelor's Degree from Northeastern University in 1981, and his Master's Degree from Harvard University in 1990. He (proudly) dropped out of law school five times — University of Texas at Austin, University of Wisconsin-Madison, Northeastern (2x), and University of Oregon — before becoming a teacher.

From 1991 to 2006, Mr. O'Malley taught social studies and language arts in K-12 public education in South Carolina, the state of Washington, and Oregon.



MICHAEL J. O'MALLEY

He was voted "Best Teacher" wherever he taught. In 2000, while serving as the director of Albany Night High School, he was asked to give several guest lectures at Oregon State University's College of Education. Soon thereafter, Mr. O'Malley was offered a part-time position at OSU. Inadvertently, a Boston backtalker had become a college professor.

He started working full-time at the College of Education in 2006. Mr. O'Malley believed that education should inspire students to pursue their passion, free them from delusion, and direct them to those activities that best suit them to build their own stories. He took immense pride in his mentoring of students, and the outpouring of love and gratitude in the days since his passing has been extraordinary.

Though he loved his friends and childhood memories, Mr. O'Malley often said the greatest joy of his too-short life was raising his children. He will be remembered for living with immeasurable gusto and joy, and touching so very many lives.

Mr. O'Malley is survived by his wife Nell, his daughter Bridget (26), and his son Emmett (23), along with all of his former students, his sister Mary M. O'Malley of Weymouth, his nephew Michael J. Bittner of Quincy, his sister Anne C. Godwin of Reading, his brother Patrick M. O'Malley of Norwood, and his many nieces, nephews, and cousins all over the United States, Ireland, and England.

A funeral Mass celebrated at St. Mary's Catholic Church in Corvallis, OR on July 16.

The family has decided to establish a scholarship in Mike's memory for OSU College of Education students. In lieu of flowers, please consider a gift to Mr. O'Malley's scholarship fund. Gifts can be made to the OSU Foundation at osufoundation.org or mailed to OSU Foundation, 4238 SW Research Way, Corvallis, OR 97333. Please indicate that the gift is in memory of Mike O'Malley.

## Robert A. MacDougall, 78

Funeral services for Robert A. MacDougall, age 78, a longtime resident of South Weymouth, were held Monday in Fort Square Presbyterian Church, Quincy.

Mr. MacDougall died peacefully July 11 in the comfort of his home, surrounded by his loving family.

He was born in Quincy, to the late Thomas M. and Christine F. (MacKay) MacDougall. Raised and educated in the Adams Shore neighborhood of Quincy, Mr. MacDougall was a graduate of Quincy Trade School. He had lived in South Weymouth for over fifty years, previously in Quincy.

Mr. MacDougall was employed as a licensed electrician with the MBTA for twenty-seven years, and had been retired for many years.



ROBERT A. MACDOUGALL

He was a proud member of IBEW Local 103.

Mr. MacDougall was a longtime active member of the Fort Square Presbyterian Church in Quincy.

He enjoyed fishing, hunting, gardening and golfing. Most of all, Mr. MacDougall was devoted to his family, especially his grandchildren,

supporting all their many activities and accomplishments.

Beloved husband for forty-three years of the late Catherine I. (MacLeod) MacDougall. Devoted father of Kate S. Marshall and her husband Michael of South Weymouth, David A. MacDougall and his wife Elisabeth of Hanover. Loving grandfather of Michael J. Marshall, Jr. and Catherine M. Marshall, Duncan A. MacDougall and Ian L. MacDougall.

Dear brother of Joanne Cole and her husband Robert of Middleboro, and predeceased by Barbara Ryan and her late husband Richard, Donald MacDougall and his late wife Catherine. Mr. MacDougall is also survived by several nieces and nephews.

Pastor John W. Culp officiated the services.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to the Fort Square Presbyterian Church Mission Fund, 16 Pleasant St., Quincy, MA 02169.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

## William J. Lawless, 79

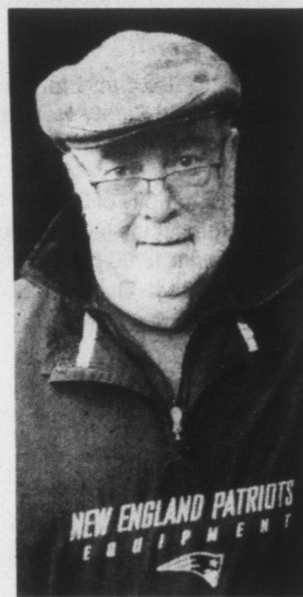
A funeral Mass for William J. Lawless, age 79, a longtime resident of Quincy, was celebrated July 17 in St. John the Baptist Church, Quincy.

Mr. Lawless died peacefully July 11 in the comfort of his home, surrounded by his loving family.

He was born in Boston, to the late Thomas G. and Rita E. (Griffin) Lawless. Raised and educated in Dorchester alongside his dear sister, Regina M. Lawless, he was a graduate of Mission High School, Class of 1960. He would later move to Quincy, where he lived for fifty-five years.

Mr. Lawless was a great businessman who got his start as a salesman for the Boston Gas Company and the Friday Engineering Company in Burlington. He was also involved with and worked at The Fours Restaurant in Quincy Center, and would later go on to be the owner and operator of the Ice Vendor Associates of Quincy for many years.

Mr. Lawless was a man of faith and a longtime active parishioner of Saint John the Baptist Parish in



WILLIAM J. LAWLESS

Quincy. Following their faith, he and his wife, Joyce, sought to help those in need. They founded and faithfully served Saint John's Food Pantry for over forty years, also serving meals for the residents at the former Long Island Shelter.

He was active in several charitable organizations, including My Brother's Keeper and Friends of the Unborn. He and Joyce assisted in the Cursillo program at the Holy Cross Retreat House in North Easton, and

most recently, Mr. Lawless became a dear friend and supporter of Mother Olga and the Daughters of Mary of Nazareth.

Bill is survived by his childhood sweetheart, beloved wife for 57 years and true love for 65 years, Joyce M. (Gallagher) Lawless; his children, William J. Lawless, Jr. and his wife Denise, Kelly M. Orrock and her husband Craig, and Jennifer M. Lawless; his grandchildren, Felicia Lawless, Q.P.D., Justin Lawless, Declan Orrock, and Liam Orrock, whom he supported in all their endeavors; his Irish cousins, whom he loved so much that he made thirty-four trips to Ireland; and a countless amount of dear friends.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to Saint John's Food Pantry, Attn: Tom Lester, c/o 556 Washington St., Quincy, MA 02169.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.



Honor Your  
Loved One's  
Memory  
With Flowers

cliffords.com  
1.800.441.8884

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## Bernard R. Anderson, 47

A funeral Mass for Bernard Robert "Bernie" Anderson, 47, of Quincy (OFD) will be celebrated Saturday at 10 a.m. in St. Ann's Church, Quincy.

Mr. Anderson died after a valiant battle with glioblastoma surrounded by his loving wife, family, friends, music and laughter on July 15.

He was born on July 19, 1973 in Boston to Linda (Osborne) of Quincy and the late Paul Anderson. Beloved husband and best friend of Marianne (Blaikie) of Quincy, and the devoted father to Little Bernie and Ruby Anderson of Quincy. Loving son-in-law to Stephanie Blaikie. He is also survived by a loving extended family, nieces, nephews, many close friends, and two brothers.

Mr. Anderson was a Port Rat, growing up in the Port Norfolk section of Dorchester later meeting Marianne and settling in the Merry-mount section of Quincy. His love of hockey began at an early age when he started playing goalie for Neponset Youth Hockey (now DYH).



**BERNARD R. ANDERSON**

Attending high school at Dom Savio where he continued to play. Mr. Anderson started his electrical career with IBEW Local 103, and later went on to become a Massport electrician. He carried on his love of hockey to his children, spending many hours involved in the Quincy Youth Hockey Community.

Mr. Anderson will be remembered for his boisterous spirit, colorful one-liners, and infectious personality. A friend of Bill W, Mr. Anderson was always the life of the party. He was full of life, love and humor.

Visiting hours are 4 to 8 p.m. on Friday in Keohane Funeral Home, 785 Hancock St., Quincy.

## Henry J. Hernandez, 59

A funeral service for Henry J. Hernandez, 59, of North Quincy was held Tuesday in Keohane Funeral Home, 785 Hancock St., Quincy.

Mr. Hernandez died July 13.

He was born in Boston to Addys (Urquiza) and Enrique Hernandez. Mr. Hernandez graduated from Cotting School and went on to attend Bridgewater State University, Bunker Hill Community College and UMass Boston where he earned his Associate's Degree in business administration. He then became a portfolio administrator for State Street.

Mr. Hernandez was passionate about model airplanes, the Boston Red Sox, his family and friends and he was a firm believer in living life to the fullest. His presence is sorely missed and his loss is deeply felt.

Cherished son of Addys



**HENRY J. HERNANDEZ**

(Urquiza) and her husband Gil Alonso of North Quincy. Loving brother to Richard Hernandez and his wife Anna of Weymouth. Beloved uncle to Julia and Melissa Hernandez of Weymouth. He also leaves behind many aunts, uncles, cousins and extended family members.

Interment at St. Joseph's Cemetery, West Roxbury.

Memorial donations may be made to the Christopher and Dana Reeve Foundation, 636 Morris Turnpike, Suite 3A, Short Hills, NJ 07078.

## Catherine O'Connor, 80

A funeral Mass for Catherine (Keane) O'Connor, 80, of Quincy, formerly of Braintree, Portland, Maine and Galway Bay, Ireland, will be celebrated Friday at 10 a.m. at Divine Mercy Parish in Sacred Heart Church, Quincy.

Mrs. O'Connor died peacefully at Hancock Park Rehabilitation Center on July 16.

Born in Galway Bay Ireland on Aug. 13, 1940, she was the daughter of the late Thomas and Ann (Flaherty) Keane. Mrs. O'Connor attended local schools in Ireland and, in 1957, she immigrated to the United States. She was so proud to be naturalized, becoming an American citizen.

Mrs. O'Connor's ambitions pointed her in many career directions. As a bookkeeper, bank teller and successful real estate broker. Mrs. O'Connor enjoyed traveling with her beloved husband Patrick, hosting and attending family events with her children, siblings and grandchildren. She especially enjoyed dancing and the casinos with Patrick. She and her siblings were as close as can be, often speaking Gaelic over the phone and dancing at the Blarney Stone. She bowled, volunteered her time and helped anyone in need family, friends, and many new acquaintances.

Mrs. O'Connor was the life of the party. She lived up any get together she attended. She was known as "The Mayor of the Wing" by the residents at Hancock Park. Mrs. O'Connor loved to tell a good joke, and everyone loved her delivery. She was generous, kind, loving, elegant and a loving mother. Her life lessons and example are part of her legacy that continue through her family. She will be missed by all the lives she touched.



**CATHERINE O'CONNOR**

Mrs. O'Connor was the beloved wife of the late Patrick J. O'Connor, who died in 2004. The two married in June of 1967 and together they shared 37 years of marriage. She was the devoted mother of Thomas O'Connor of Norwell, Judy O'Connor of Quincy and the late Christopher O'Connor and his surviving wife Marybeth of Quincy. Loving grandmother of Haley O'Connor, Brenden O'Connor and Siobhan O'Connor. Dear sister of Mauda, Bartley, Shawn, Poric, Peggy, Micheal, Tom, Peter and Ann. Survived by sisters Peggy Hayden and Ann Burke, sisters-in-law Patricia Keane, Nora Keane, Katherine Murphy and brother-in-law James Burke and many loving nieces and nephews.

Visiting hours are 4 to 8 p.m. Thursday in Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held Friday at 9 a.m. in the funeral home.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to Kindred Hospice, 130 Rumford Ave., Suite 211, Auburndale, MA 02466.

## Madeline A. Guglielmi, 89

A funeral Mass for Madeline A. (Fanara) Guglielmi, age 89, of Braintree, formerly of Quincy, will be celebrated Friday at 10 a.m. in Holy Trinity Parish at Our Lady of Good Counsel Church, Quincy.

Mrs. Guglielmi died unexpectedly at home.

She was born in Waltham, to the late Salvatore and Frances (Cannella) Fanara. Raised and educated in Quincy, she was a graduate of Quincy High School, Class of 1949. Mrs. Guglielmi had lived in Braintree for ten years, previously in Quincy for all of her life.

She was a devoted homemaker and mother. Mrs. Guglielmi had also worked as a waitress for the former Howard Johnson Company for many years, and later at the former Finian's Restaurant in Quincy Center.

Mrs. Guglielmi enjoyed reading, playing bingo and cards, and occasional trips to Foxwoods with family and friends.

Always active, she enjoyed her time and the many friendships she made at Independence Manor.

Most of all, Mrs. Guglielmi loved spending time with her family and was especially proud and supportive of her many cherished grandchildren.

Beloved wife for fifty-seven years of the late John A. Guglielmi. Devoted mother of Linda Hanlon and her husband Jeff of Pembroke, John A. Guglielmi, Jr. and his wife Jean of Braintree, Lorene Connolly



**MADELINE A. GUGLIELMI**

and her husband Stephen of Quincy, Lois Lindenfelzer and her husband Robert of Quincy, and Lisa Kamb and her husband Stephen of Quincy.

Loving grandmother of Thomas, James, Eric, Brian, Rachel, Stephen, Catherine, Stephen, Madeline, and John and great grandmother of Salvatore, Lucas, and Isaiah.

The last of eight siblings, Mrs. Guglielmi was predeceased by Teresa Campitelli, Jean Corrigan, John Fanara, Mary Codner, Anna Tosches, Salvatore Fanara, and Catherine Cirillo. She is also survived by her sister-in-law, Linda Fanara of Quincy, as well as many nieces and nephews.

Visiting hours are 4 to 7 p.m. Thursday in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

## Marion L. Florino, 100

A funeral Mass for Marion L. (Sullivan) Florino, age 100, of Quincy, formerly of Dorchester, was celebrated Wednesday in St. John the Baptist Church, Quincy.

Mrs. Florino died peacefully Sunday at Hancock Park Rehabilitation and Nursing Center, surrounded by her loving family.

She was born in Boston, to the late John P. and Catherine M. (Monahan) Sullivan. She was raised and educated in Dorchester and graduated from the former Saint Mark's School. Mrs. Florino had lived in Quincy for over forty years, previously in Dorchester.

She was a devoted homemaker who was dedicated to her family.

Mrs. Florino was a longtime parishioner of St. John the Baptist Church. She was also a member of the former Quincy Medical Center Women's Auxiliary and the William Walsh Post Women's Auxiliary in Dorchester.

She enjoyed reading and was an art connoisseur.

Beloved wife of the late Stephen D. Florino. Devoted mother of Catherine M. Reynolds of Braintree and her late husband James, Elizabeth J. Finn and her husband Stephen of Quincy. Loving grandmother of Stephen P. Finn and his partner Nicole Abruzzese of Quincy, Scott Finn of Dorchester. Cherished great-grandmother of Cody and Marielle Finn and step great-grandmother of Evan Abruzzese.

One of three siblings, Mrs. Florino was predeceased by Francis Sullivan and Louise McCobb. Dear sister-in-law of Marie Connelly of Braintree, Rita Florino of Quincy, the late Laura Florino, and the late



**MARION L. FLORINO**

Helen Palkey. She is also survived by many nieces and nephews.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to the Carmelite Monastery of the Sacred Hearts, 8540 Kenosha Dr., Colorado Springs, CO 80908.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

**More Obituaries online at  
www.TheQuincySun.com**

## 2021 Hamel-Lydon Compassionate Service Awards

*In the spirit of compassionate service, Hamel-Lydon Chapel is proud to honor individuals by granting ten \$500 Compassionate Service Awards to healthcare providers. Visit HamelLydon.com for more information.*



**HAMEL-LYDON CHAPEL**  
&  
CREMATION SERVICE OF MASSACHUSETTS  
Pre-Planning • Funerals • Cremations

**(617)472-5888**

**DIRECTORS**

**Christopher P. Goulet, Sr. & Michelle A. Lydon**

**650 Hancock Street, Quincy, MA 02170 • HamelLydon.com**

## OBITUARIES

## Robert O'Brien, 61

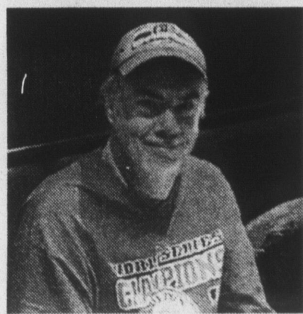
A funeral Mass for Robert "Bobby" O'Brien, 61, of Quincy, will be celebrated July 31 at 10 a.m. in Divine Mercy Parish in St. Ann's

Church, Quincy.

Mr. O'Brien died April 16 after a courageous battle with cancer.

The beloved son of the late Paul J. and Lorraine (Downing) O'Brien. Devoted brother of Kathleen Wills and her husband David of Quincy and Mary-Ann Russo and her husband Brian of Randolph. Uncle of Courtney and Michael Wills and Shannon and Brianna Russo. He leaves his dear companion, the dog Lito.

Mr. O'Brien worked for New England Telephone for 35 years. He was a member of the New England Telephone Pioneers club and enjoyed going to Dunkies with his friends. He was an avid fan of both the Boston Celtics and Boston Bruins and



ROBERT O'BRIEN

enjoyed photographing their games. He also enjoyed collecting Kennedy memorabilia.

The foundation of his life was his faith and his family. Mr. O'Brien will be sadly missed by all those who were blessed to have known him.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

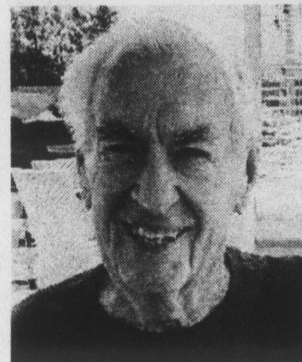
## Paul J. O'Brien, 88

A funeral Mass for Paul J. O'Brien, 88, of Quincy will be celebrated July 31 at 10 a.m. in Divine Mercy Parish in St. Ann's Church, Quincy.

Mr. O'Brien died March 21.

He adored his family, especially being "Grampy" to his grandchildren. His faith was very important to him and he was the last surviving member of the Legion of Mary at St. Ann's Church in Quincy. Mr. O'Brien enjoyed doing yardwork, sitting on his front porch in the sunshine, and playing sudoku.

He was a graduate from Quincy High School, loved watching the football games, was a member of the Wollaston Yacht Club, and was proud to be from the city. Mr. O'Brien was also a proud



PAUL J. O'BRIEN

veteran of the United States Navy, serving during Korea, and then worked for many years for Verizon until retiring.

Mr. O'Brien was a people person who had a great sense of humor and always had a joke ready. He was a kind man who loved to give hugs and will be greatly missed by all who knew him.

Son of the late Robert C. and Marion E. (Butler) O'Brien. Beloved husband of the late Lorraine (Downing) O'Brien. Devoted father of Bobby O'Brien of Quincy, Kathy Wills and her husband David of Quincy, and Mary-Ann Russo and her husband Brian of Randolph. Brother of the late Robert O'Brien. Cherished Grampy of Courtney and Michael Wills, Shannon and Brianna Russo, and Dylan and Jacqueline O'Brien.

Memorial donations may be made to Father Bill's Place, Development Office, 422 Washington St., Quincy, MA 02169.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

## LEGAL NOTICE

## CITATION ON PETITION FOR FORMAL ADJUDICATION Docket No. NO21P1750EA Commonwealth of Massachusetts The Trial Court Probate and Family Court

Norfolk Probate and Family Court  
35 Shawmut Road  
Canton, MA 02021  
(781) 830-1200  
Estate of:  
Helen A. Lane  
Date of Death:  
12/14/2020

To all interested persons:  
A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Susan Carr of Hyde Park, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Susan Carr of Hyde Park, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

## IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 A.M. on the return day of 08/18/2021**. This is **NOT** a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

## UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: July 14, 2021  
COLLEEN M. BRIERLEY  
Register of Probate

7/22/21

## INVITATION TO BID

## INVITATION TO BID

## INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS  
PURCHASING DEPARTMENT  
1305 HANCOCK ST., QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

## PARK DEPARTMENT

## TREE PLANTING

AUGUST 5, 2021 @11:00 A.M.

Detailed specifications are on file at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM.

Installation and planting operations shall be conducted by an on-site certified Arborist, who holds at least one (1) of the following licenses: Massachusetts Certified Arborist (MCA); and/or Massachusetts Certified Horticulturist (MCH); and/or an International Society of Arboriculture Certified Arborist (ISAC); with at least ten years experience in the field of municipal tree planting.

Bids must state exceptions, if any, the delivery date and any allowable discounts. Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked "BID ENCLOSED" with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All Federal, State and City of Quincy regulations and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26 to 27H and/or any applicable federal rates. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informalities in the bidding if it is in the best interest of the City to do so.

Thomas P. Koch, Mayor

Kathryn R. Logan, Purchasing Agent

7/22/21

## INVITATION TO BID

## INVITATION TO BID

## INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS  
PURCHASING DEPARTMENT  
1305 HANCOCK ST., QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

## PARK DEPARTMENT

## STUMP GRINDING

AUGUST 5, 2021 @11:30 A.M.

Detailed specifications are on file at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM.

Services shall include the grinding of stumps 6" - 8" below surface, the cleanup of debris/wood chips as a result of grinding, and the placement of loam to fill the hole and level to the existing grade of the grass border. Grass seed to be planted once loam is leveled. Loam and seed shall meet the Commonwealth of Massachusetts' Mass Highway specifications.

Bids must state exceptions, if any, the delivery date and any allowable discounts. Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked "BID ENCLOSED" with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

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The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informalities in the bidding if it is in the best interest of the City to do so.

Thomas P. Koch, Mayor

Kathryn R. Logan, Purchasing Agent

7/22/21

## LEGAL NOTICE

## CITATION ON PETITION FOR ORDER OF COMPLETE SETTLEMENT Docket No. NO18P2039EA

Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Norfolk Probate and Family Court  
35 Shawmut Road  
Canton, MA 02021  
(781) 830-1200  
Estate of:

Effie P. Pettit  
Date of Death:  
06/20/2018

A Petition for **Order of Complete Settlement** has been filed by **Michael G. O'Neil, Jr. of Quincy, MA** requesting that the court enter a formal Decree of Complete Settlement including the allowance of a final account and other such relief as may be requested in the Petition.

## IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this court before: **10:00 A.M. on the return day of 08/11/2021**. This is **NOT** a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: July 12, 2021  
COLLEEN M. BRIERLEY  
Register of Probate

7/22/21

PLEASE  
RECYCLE  
THIS  
NEWSPAPER

JUL

22

2021

# Baker-Polito Admin. To Invest \$186 Million in Federal COVID-19 Funding

## For Critical Health Care, Workforce Priorities

The Baker-Polito Administration has announced it will invest \$186 million of the Commonwealth's direct federal aid from the American Rescue Plan Act (ARPA) toward critical priorities including support for hospitals, health and human services, mental health, and workforce development.

Utilizing these federal resources now will help further the Commonwealth's economic recovery and provide relief for residents hardest-hit by COVID-19, such as lower-wage workers and communities of color.

This \$186 million is part of a total of approximately \$5.3 billion in direct aid awarded to the Commonwealth through ARPA. The funding announced today is part of \$200 million provided to the Administration in recently signed legislation for addressing critical needs as a result of the COVID-19 pandemic. Governor Baker has filed legislation to put an additional \$2.915 billion of this funding to immediate use to address additional urgent and pressing needs including housing and homeownership, economic development and local downtowns, job training and workforce development, health care, and infrastructure.

"Our administration is putting this \$186 million to work now because many communities throughout Massachusetts – especially low-income families and communities of color – have been disproportionately impacted by COVID-19 and cannot wait for assistance. More than 400,000 residents are due to lose enhanced unemployment benefits in the first week of September, making the workforce training funding particularly urgent," said Gov. Charlie Baker. "We look forward to working quickly with our colleagues in the Legislature in allocating additional funding and providing residents and families with relief from the housing, economic, workforce, health care, and other challenges which continue to face the Commonwealth as we recover from the COVID-19 pandemic."

Highlights of this \$186 million investment plan include:

### Health Care

- \$55 million for health

and human services' workforce development. Funding will enable 10% immediate time-limited rate enhancements from July through December 2021, helping strengthen and stabilize the state's provider networks' workforce in response to the COVID-19 public health emergency.

- \$50 million for fiscally distressed hospitals. This funding will help stabilize safety net hospital systems that have experienced significant financial shortfalls according to the latest data published by CHIA and those serving communities that were disproportionately impacted by COVID-19.

- \$31 million for inpatient psychiatric acute facilities, both free-standing and in general hospitals. This investment will help bridge a significant staffing gap which is resulting in many individuals not being able to access licensed psychiatric beds and therefore spending extensive periods of time in emergency rooms. Funding will provide temporary supplemental payments to recruit critically needed

clinical and direct care staff.

### Workforce

- Up to \$50 million to help train an estimated 15,000 unemployed or underemployed individuals across Massachusetts by providing industry credentials in critical areas of the economy such as advanced manufacturing, health care, information technology, and construction. Funding will also help scale up workforce development efforts in work readiness programs such as ESOL and the Signal Success soft skills-building curriculum.

The discretionary funds awarded to the Commonwealth through ARPA are intended to support urgent COVID-19 response efforts, replace lost revenue, support immediate economic stabilization for households and businesses, and address unequal public health and economic challenges in Massachusetts cities and towns throughout the pandemic. ARPA is also providing a total of \$3.4 billion in direct aid for local governments throughout Massachusetts.

### NOTICE OF PUBLIC HEARING

#### Case ZBA 21-46

#### NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, August 10, 2021 @ 5:30 P.M. to consider the application of **Lane Goldberg** for a Variance to construct a single family home of the vacant lot in violation of Title 17 as amended, Chapter 4.1.1 (dimensional requirements) on the premises numbered **0 (11) GERTRUDE AVENUE, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: August 10, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/96392127320?pwd=RnpOQmtScFdtMmYyZUQwd08wTWlhQT09>

Meeting ID: 963 9212 7320

Passcode: Quincy

Dial by your location

1 646 558 8656 US (New York)

Meeting ID: 963 9212 7320

Passcode: 994673

Find your local number: <https://zoom.us/j/96392127320?pwd=RnpOQmtScFdtMmYyZUQwd08wTWlhQT09>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

7/22/21, 7/29/21

### NOTICE OF PUBLIC HEARING

#### Case ZBA 21-48

#### NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, August 10, 2021 @ 5:30 P.M. to consider the application of **JCBT Architect** for a Variance to subdivide the existing lot into two (2) lots and construct a single family home on the newly created lot in violation of Title 17 as amended, Chapter 4.2.5 (lot size, area, width), Chapter 4.2.6 (minimum frontage and width), 4.0 (dimensional regulations) and Chapter 5.1.16 (paving of yards) on the premises numbered **40 HOWE STREET, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: August 10, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/96392127320?pwd=RnpOQmtScFdtMmYyZUQwd08wTWlhQT09>

Meeting ID: 963 9212 7320

Passcode: Quincy

Dial by your location

1 646 558 8656 US (New York)

Meeting ID: 963 9212 7320

Passcode: 994673

Find your local number: <https://zoom.us/j/96392127320?pwd=RnpOQmtScFdtMmYyZUQwd08wTWlhQT09>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

7/22/21, 7/29/21

### NOTICE OF PUBLIC HEARING

#### Case ZBA 21-49

#### NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, August 10, 2021 @ 5:30 P.M. to consider the application of **JCBT Architect** for a Variance to remove the existing left side deck and replace it with a two-story bathroom addition in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements) on the premises numbered **100 HAVILEND STREET, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: August 10, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/96392127320?pwd=RnpOQmtScFdtMmYyZUQwd08wTWlhQT09>

Meeting ID: 963 9212 7320

Passcode: Quincy

Dial by your location

1 646 558 8656 US (New York)

Meeting ID: 963 9212 7320

Passcode: 994673

Find your local number: <https://zoom.us/j/96392127320?pwd=RnpOQmtScFdtMmYyZUQwd08wTWlhQT09>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

7/22/21, 7/29/21

### NOTICE OF PUBLIC HEARING

#### Case ZBA 21-51

#### NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, August 10, 2021 @ 5:30 P.M. to consider the application of **Renae Tuffy** for a Variance for paving of the front yard and use a portion of the lot for the benefit of 15 Nightingale Avenue parking in violation of Title 17 as amended, Chapter 5.1.16 (paving of yards), Chapter 4.2.8 (fences and hedges) and Chapter 5.1.1 (location) on the premises numbered **29-31 NIGHTINGALE AVENUE, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: August 10, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/96392127320?pwd=RnpOQmtScFdtMmYyZUQwd08wTWlhQT09>

Meeting ID: 963 9212 7320

Passcode: Quincy

Dial by your location

1 646 558 8656 US (New York)

Meeting ID: 963 9212 7320

Passcode: 994673

Find your local number: <https://zoom.us/j/96392127320?pwd=RnpOQmtScFdtMmYyZUQwd08wTWlhQT09>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

7/22/21, 7/29/21

### NOTICE OF PUBLIC HEARING

#### Case ZBA 21-56

#### NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, August 10, 2021 @ 5:30 P.M. to consider the application of **Attorney Patrick Foley** for a Variance/Use Variance/Special Permit/ Finding to remove the existing warehouse building and construct a 50-unit residential building in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements), Chapter 3.1 (use variance/regulations) and Chapter 9.4 (special permit) on the premises numbered **17 BENNETT LANE, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: August 10, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/96392127320?pwd=RnpOQmtScFdtMmYyZUQwd08wTWlhQT09>

Meeting ID: 963 9212 7320

Passcode: Quincy

Dial by your location

1 646 558 8656 US (New York)

Meeting ID: 963 9212 7320

Passcode: 994673

Find your local number: <https://zoom.us/j/96392127320?pwd=RnpOQmtScFdtMmYyZUQwd08wTWlhQT09>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

7/22/21, 7/29/21

### LEGAL NOTICE

#### ALL POLICE ORDERED OR ACCIDENT TOWS

(Sale of Motor Vehicle under G.L. c. 255, Section 39A)

Notice is hereby given by: Schlager Auto Body Repair, 299 Centre St., Quincy, MA

pursuant to the provisions of G.L. c.255, Section 39A, that on Saturday, August 7, 2021 at 9:00A.M. at 299 Centre St., Quincy Public Sale

the following Motor Vehicle will be sold to satisfy the garage-keeper's lien thereon for storage, towing charges, care and expenses of notices and sale of said vehicle.

Description of Vehicle: 3NICN7AP6EL818512 Nissan Versa 2014

Name and address of owner of vehicle: Hazen Barkache, 64 Willard St., Quincy, MA 02169

By: James Schlager

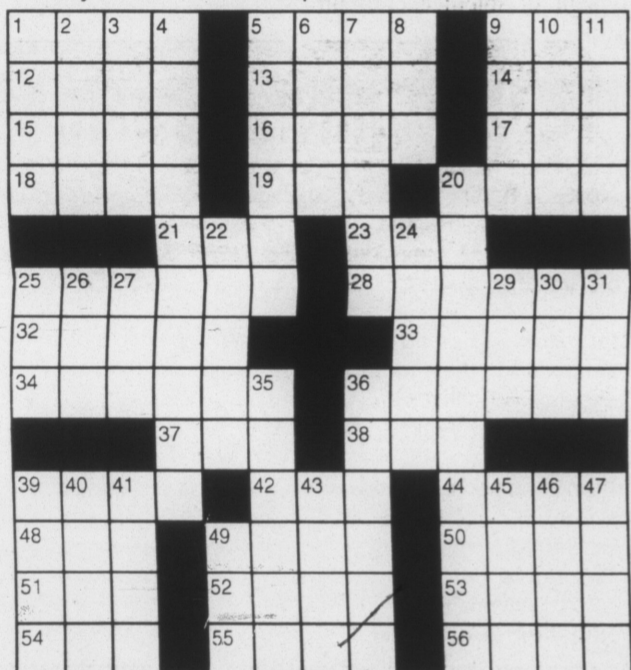
This notice has been given under the provisions of G.L. c.255, Section 39A

7/22, 7/29, 8/5/21

# SUN FUN PAGES

## King Crossword

- ACROSS**
- 1 Circulate
  - 5 Jolly laugh
  - 9 Lustrous black
  - 12 Zero, in tennis
  - 13 Scent
  - 14 — glance
  - 15 Border on
  - 16 Reply to "Shall we?"
  - 17 Rug cleaner, briefly
  - 18 Gestation location
  - 19 Goat's plaint
  - 20 Roman censor
  - 21 Fib
  - 23 Medit. nation
  - 25 Cellist Pablo
  - 28 Keep perusing
  - 32 Muscat resident
  - 33 Sky blue
  - 34 Lively dances
  - 36 "Be that as it may ..."
  - 37 Sch. URL ender
  - 38 Atty.'s title
- DOWN**
- 1 Imperfection
  - 2 Timber wolf
  - 3 Egg
  - 4 Stick-in-the-mud
  - 5 Baker Street sleuth
  - 6 Classic theaters
  - 7 Empty talk
  - 8 Hosp. areas
- ACROSS**
- 39 Libretto
  - 42 Plead
  - 44 "Oops!"
  - 48 Priestly garment
  - 49 Competent
  - 50 Tiny bit
  - 51 2016 Olympics city
  - 52 Composer
  - 53 Figure skating leap
  - 54 Gender
  - 55 Mideast gulf
  - 56 Helen's home
- DOWN**
- 9 Coffee
  - 10 Coup d'—
  - 11 Mexican entree
  - 20 Hodgepodge
  - 22 Homer classic
  - 24 Penn and Connery
  - 25 Police officer
  - 26 "I love," to Livy
  - 27 Bando of baseball
  - 29 "Gee, ya think?"
  - 30 Spanish gold
  - 31 Just out
  - 35 Filled in
  - 36 Sea off Greece
  - 39 Old salts
  - 40 Author Wiesel
  - 41 PlayStation alternative
  - 43 Vogue rival
  - 45 60 minutes
  - 46 "Beetle Bailey" dog
  - 47 Vague
  - 49 Lawyers' org.



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## MAGIC MAZE • MADE OF PLASTIC

I I F S C A S X V S Q O L J H  
E C A X T V T L R P N L J G L  
P H F D B E Y X L V T R A P L  
O A S M K I K G E O D R B Z A  
X C R E D I T C A R D S C W B  
S C S W L U T R U E Q R U O E  
N N O E D T L J N B R I P I L  
G F O M N O T H D C E A S A F  
S L W O B O O O Y X L H Y W F  
V T S R P S H F B P U C O O I  
N L K J E S E P I P R E T A W

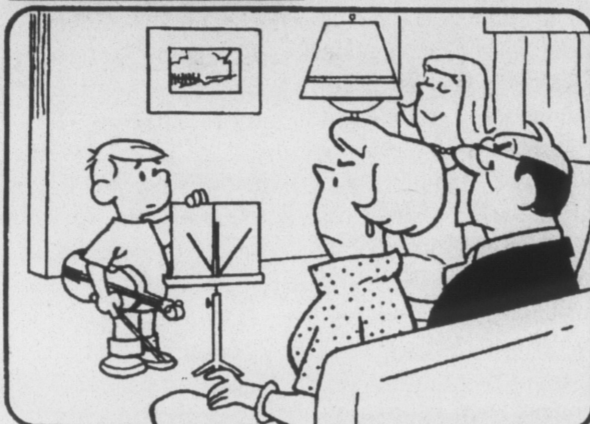
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: A MEASURING STICK

- |         |              |             |             |
|---------|--------------|-------------|-------------|
| Bottles | Combs        | Food wrap   | Toys        |
| Bowls   | Credit cards | Garden hose | Water pipes |
| Buckets | Cups         | Phones      | Wiffle ball |
| Chairs  | Dolls        | Spoons      |             |

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## HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Music stand is different. 2. Glasses are missing. 3. Curtain is narrower. 4. Picture is moved. 5. Lampshade is different. 6. Sleeve is longer.

## Trivia test

by Fifi Rodriguez

- TELEVISION:** What were the first names of the "Golden Girls" characters on the 1980s sitcom?
- MOVIES:** What was the name of the dance song in the movie "The Rocky Horror Picture Show"?
- GEOGRAPHY:** What is the newest internationally recognized nation in the world?
- GENERAL KNOWLEDGE:** How big is an Olympic swimming pool?
- U.S. STATES:** What is the state animal of Nevada?
- ASTRONOMY:** What color is the sunset on Mars?
- HISTORY:** When was the Emancipation Proclamation issued?
- ANIMAL KINGDOM:** What are the offspring of cicadas called?
- AD SLOGANS:** Which auto is advertised as "the ultimate driving machine"?
- LITERATURE:** What is the setting for the novel "Anne of Green Gables"?

Answers

- Rose, Blanche, Dorothy and Sophia
- "Time Warp"
- South Sudan (2011)
- Fifty meters long, 25 meters wide and at least 2 meters deep
- Desert bighorn sheep
- Blue
- Jan. 1, 1863
- Nymphs
- BMW
- Prince Edward Island, Canada

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## Wishing Well®

6 5 8 6 4 7 2 8 4 6 7 2 8  
L U U O M M Y N A V A O I  
7 4 8 2 7 8 7 6 5 4 5 4 6  
K K O U E N S E S E E W O  
3 7 5 6 4 7 2 6 8 6 7 4 3  
P O T F I M F S O O E S E  
7 4 3 4 7 2 3 8 7 6 3 6 4  
O E A C N L C F E C E I H  
8 6 8 6 3 6 8 6 8 3 4 6 5  
I A D L F W E O A U O R A  
6 7 2 3 8 2 7 2 7 4 3 5 4  
K G O L S U L R A I L L C  
7 4 2 4 5 2 5 2 3 5 3 5 3  
D E I S E S N H I T F S E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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## Salome's Stars

**ARIES** (March 21 to April 19) You face the possibility of raising your relationship to another level. However, your partner might demand that you make promises for which you're not sure you're ready.

**TAURUS** (April 20 to May 20) As changes continue, expect things to get a little more hectic at your workplace. An unexpected travel opportunity could open new career prospects.

**GEMINI** (May 21 to June 20) Confront the person who caused your hurt feelings and demand a full explanation for his or her actions. You'll not only recover your self-esteem, but you'll also gain the respect of others.

**CANCER** (June 21 to July 22) That personal problem in the workplace is compounded by someone's biased interference. Stand your ground, and you'll soon find allies gathering around you.

**LEO** (July 23 to August 22) You don't accept disapproval easily. But instead of hiding out in your den to lick your wounded pride, turn the criticism into a valuable lesson for future use.

**VIRGO** (August 23 to September 22) That former friend you thought you'd cut out of your life is still affecting other relationships. Counter his or her lies with the truth. Your friends are ready to listen.

**LIBRA** (September 23 to October 22) What appears to be an unfair situation might simply be the result of a misun-

derstanding. If you feel something is out of balance, by all means, correct it.

**SCORPIO** (October 23 to November 21) A stalled relationship won't budge until you make the first move. Your partner offers a surprising explanation about what got it mired down in the first place.

**SAGITTARIUS** (November 22 to December 21) A co-worker shares some startling news, but before you can use it to your advantage, make sure it's true. The weekend favors family matters.

**CAPRICORN** (December 22 to January 19) Your usual conservative approach to family situations might not work at this time. Keep an open mind about developments, and you might be pleasantly surprised.

**AQUARIUS** (January 20 to February 18) Plans might have to be put on hold because of a family member's problems. Don't hesitate to get involved. Your help could make all the difference.

**PISCES** (February 19 to March 20) Relationships in the home and in the workplace need your careful attention during this period. Be careful not to allow misunderstandings to create problems.

**BORN THIS WEEK:** You have a keen, insightful intellect and enjoy debating your views with others who disagree with you. You also love to solve puzzles — the harder, the better.

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## CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: C equals L

FCBHW TFICCO CHXFP JHW WZFIX  
WAMZ. OAS'BF JFITP JHW MIEASW  
ZSVF "CABF EFIZ ZFVPFT."

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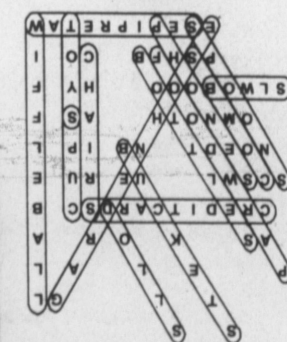
## King Crossword

Answers

Solution time: 21 mins.



Magic Maze ANSWERS:



CryptoQuip answer

Elvis really liked his steak soft. You've heard his famous tune "Love Me Tender."

JUL

22

2021

# HOLLYWOOD

by Tony Rizzo

**HOLLYWOOD** – Is there anything Mayim Bialik can't do? She was TV's "Blossom" from 1991-1995 and guested on many sitcoms. In 2007, she enrolled at UCLA and earned her doctorate in neuroscience. In 2010, she joined "The Big Bang Theory" and became a regular in season four, as Amy Farrah Fowler, until its final episode in 2019. She currently stars in the Fox TV series "Call Me Kat" (just renewed for a second season), and for two weeks in June was a very impressive guest host of "Jeopardy."

Still not impressed? Well, hold on...She's currently making her directorial debut shooting the film "As Sick as They Made Us," which she also wrote. In addition to her "Big Bang" castmate Simon Helberg, she's cast and is directing Oscar-winner Dustin Hoffman and Emmy-winner Candice Bergen through their paces. She confesses, "Seeing these actors bringing my words to life and seeing their creativity soar is an experience I never imagined could bring so much satisfaction."

\*\*\*

Harrison Ford, 78, injured his shoulder rehearsing a scene for "Indiana Jones 5," forcing filming to shut down, regroup and shoot around him until his injury heals in order to maintain a July 2022 release date. His last film, "The Call of the Wild," had no setbacks despite being shot in rugged terrain. Sadly though, due to the pandemic, it bombed

at the box office. Harrison, how about a nice romantic comedy next time?

The producers of "Mamma Mia, Here We Go Again," Judy Craymer and Gary Goetzman, loved working with Cher so much they've come up with a script (along with Eric Ross), for a Cher biopic. Cher's experiences with them on that film have made her feel they would work WITH her on making this a great film. She's also begun mapping her plans to start touring again in February. Would that be the first, second or third farewell tour?

\*\*\*

Jerry Seinfeld, who has said he'll never do another sitcom "because we got it right the first time," has committed to write, produce, direct and star in a film for Netflix. As he put it, the film is "about the world-shaking invention of the Pop Tart," called "Unfrosted," which is based on a joke from his stand-up act. Seinfeld says the joke was based on sheer silliness, admitting, "How did they know there would be a need for a frosted fruit-filled heated rectangle in the same shape of the box it comes in and with the same nutrition as the box it comes in?"

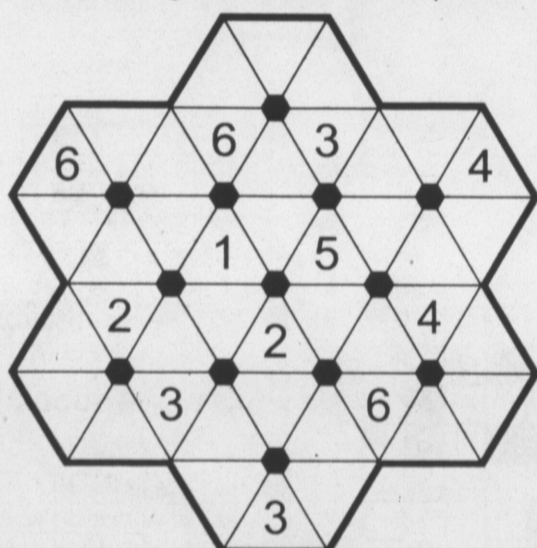
Sidebar: Steven Spielberg said he'd never work for Netflix... "until hell froze over!" Must be freezing in hell, because he and his Amblin productions are now working with Netflix!

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## SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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## GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult

★★★ GO FIGURE!

	-		x		24
÷		x		+	
	x		+		13
x		+		x	
	-		x		20
28		15		25	

1 2 2 3 4 5 6 7 8

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## KOVELS Antiques & Collecting

By Terry and Kim Kovel

**Plastic Fada Radio** – Vintage but modern-looking plastic radios are popular with collectors today. The art deco design was popular when Bakelite was introduced as the first molded plastic used for radio cases, in 1933. But Bakelite was either brown or black, sometimes with a marbled look, and customers wanted more color. In 1937, Catalin was a new plastic that was white or beige when used for a molded case. Red and a few other colors were also possible. The famous Fada radio used this plastic, but no one realized that the colors might fade. Today, white cases have yellowed, and blue ones have turned dark green. The cases also shrink, crack and have other damage. But plastic scientists kept improving mixtures and manufacturing methods, and by the 1950s, other better and cheaper radios were made with new materials. Today one of the older plastic radios in good working condition sells for \$440 to \$1,000. This Fada Model 845XA sold at a Palm Beach Modern auction for \$1,000, although it was never tested to see if it works.

\*\*\*

**Q: I bought a "personal wash set," four pieces consisting of a chamber pot, pitcher and two smaller pieces. On the bottom they're marked "Admiral V.P. Co." I've searched online and can't find any information on the company or item. It's a pretty floral pattern, purple flowers on a white background, and is in very good shape. The seller thought the piece was made in the 1800s. Can you tell me anything about this set?**

**A:** Wash sets were used in the late 18th and early 19th centuries before indoor plumbing be-

came common. A washstand, usually in the bedroom, held the items necessary to "wash up." The pitcher was used to fill a washbasin or bowl. The chamber pot usually had a lid. Other pieces could include a soap dish, hair receiver, toothbrush holder and slop jar. This mark was used by Vordrey Pottery Company of East Liverpool, Ohio. The company made white graniteware and semi-porcelain. It was in business under that name from 1896 until 1928. A pitcher and bowl set from an average maker sells for \$100 to \$150, the slop jar with lid for about \$75, and small pieces for \$25-\$40.

\*\*\*

### CURRENT PRICES

Tortoise shell glass powder jar, round, squat, lid with silver repousse decoration, c. 1900, 2 1/2 x 3 inches, \$80. Wood glove-making form, carved birch wood, mitten shape, tombstone style base, Gloversville, N.Y., c. 1910, 14 x 3 1/2 in., 6 pieces, \$405. Toy, bus, Seeing New York 899, open air, 4 passengers, driver, cast iron, 6 1/2 x 10 1/2 inches, \$860.

Lamp, electric, Tripod, T. Robsjohn Gibbings, chrome, steel, 3 supports, center band, tapered linen shade, Widdicomb, c.1950, 47 x 19 inches, pair, \$1,875.

\*\*\*

**TIP:** Never store rhinestone jewelry in a plastic bag. Moisture inside the bag will cause the stones to discolor.

Looking to declutter, downsize or settle an estate? Kovels' Antiques & Collectibles Price Guide 2021 by Terry and Kim Kovel has the resources you're looking for.

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## STICKELERS (s.c.) by Terry Stickels

Below are five squeezer puzzles. Can you find the correct word to be placed in the middle of each to create two new words, one front-end, one back-end?

Here's an example of how it works:

ever GREEN horn  
pole \_\_\_\_\_ board  
other \_\_\_\_\_ wide  
work \_\_\_\_\_ mark  
under \_\_\_\_\_ ache

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## Strange BUT TRUE

- In the 1880s, businessman LaMarcus Thompson was so upset over the temptations presented by saloons and brothels that he decided to clean up what he viewed as one of America's most immoral places—New York's Coney Island. To that end he built the country's first roller coaster in a bid to give folks some good, clean fun well away from sleazier pursuits.
- Flamingos bend their legs at the ankle, not the knee. Their knees are closer to the body and covered by feathers.
- Those apples you buy at your local market aren't all that fresh. They're typically plucked between August and November, then covered in wax, hot-air dried, and sent to cold storage before landing in stores six to 12 months later.
- The world's largest waterfall, in the Denmark Strait between Iceland and Greenland, is underwater.
- Dunce caps used to be a sign of intelligence! Thir-

teenth-century philosopher John Duns Scotus believed that a pointed cap helped spread knowledge from the tip to the brain, and his followers proudly wore them as badges of honor. A few hundred years later, when his ideas became less popular, the meaning of the Duns cap was turned on its, er, head, becoming a joke that led to its less flattering association.

- About a month after its dedication, the Statue of Liberty became a working lighthouse for 16 years.
- When Benjamin Franklin designed the first U.S. penny in 1787, it was emblazoned not with E Pluribus Unum, but "Mind Your Business."
- The tongue of a blue whale can weigh as much as an elephant.

\*\*\*

**Thought for the Day:** "The happiness of your life depends upon the quality of your thoughts: therefore, guard accordingly, and take care that you entertain no notions unsuitable to virtue and reasonable nature." – Marcus Aurelius

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## Now here's a tip!

by Jo Ann Derson

- Keep a pretty basket by your front door for anything you need to take along when you leave. This can be store returns, backpacks, exercise gear for the gym, your sunglasses, whatever. When you leave the house, check the basket!
- "Necklaces can be stored together without tangling if you thread each one through a straw. You can cut the straw to a shorter length for choker-length necklaces or bracelets. No knots!" – I.A. in Arizona
- If you have a little bit of touchup paint left in your gallon can, transfer it to a mason jar. Write the exact color and brand on the lid, and it will be much easier to store.
- "Our basement was dark and a little claustrophobic. My husband painted it a lovely sunny yellow and that

helped, but it needed something else. I took a photo of the spectacular view at our son's house in Montana, and had the photo blown up. We mounted it on the wall with some dummy curtains! It's perfect, and it reminds me of him." – R.W. in New York

• Need to chill a bottle of wine quickly? Wet a kitchen towel, then wrap it around the wine. Twist the ends to secure, and put the whole thing in the freezer for 30 minutes.

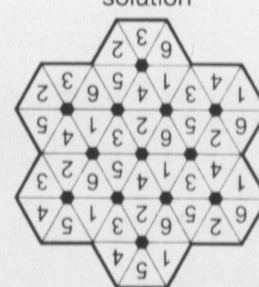
• Great ways to remove stuck labels: nail polish remover (NOT for use on plastics), WD-40 oil, soaking in hot water, rubbing alcohol.

Send your tips to Now Here's a Tip, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475 or e-mail JoAnn at heresatip@yahoo.com.

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## SNOWFLAKES

solution



## Go Figure!

answers

	25		15		28
7		x	3	-	7
20					
	x		+		x
13		1	+	6	x
	+		x		÷
		x	2	-	8

## Stickelers Answer

under BELLY ache  
work BENCH mark  
other WORLD wide  
pole STAR board

## Super Crossword

A TEN FROM  
A HEN

## ACROSS

1 Cookout rod  
5 Long wedge-shaped inlet  
8 Dermal drawing  
14 Alfalfa's girl in "Our Gang"  
19 Lacking a permanent shelter  
21 Sponge up  
22 Hawke of the screen  
23 Get closer  
24 Gated water channel  
25 Blue-footed bird  
26 Start of a riddle  
29 Sippy cup part  
30 "— yellow ribbon round ..."  
31 "Little" actress Issa  
32 Web page visitor's directory  
36 With 53-Across, walks across  
39 World power until '91  
41 New title for a bride  
43 Italian cardinal Borgia

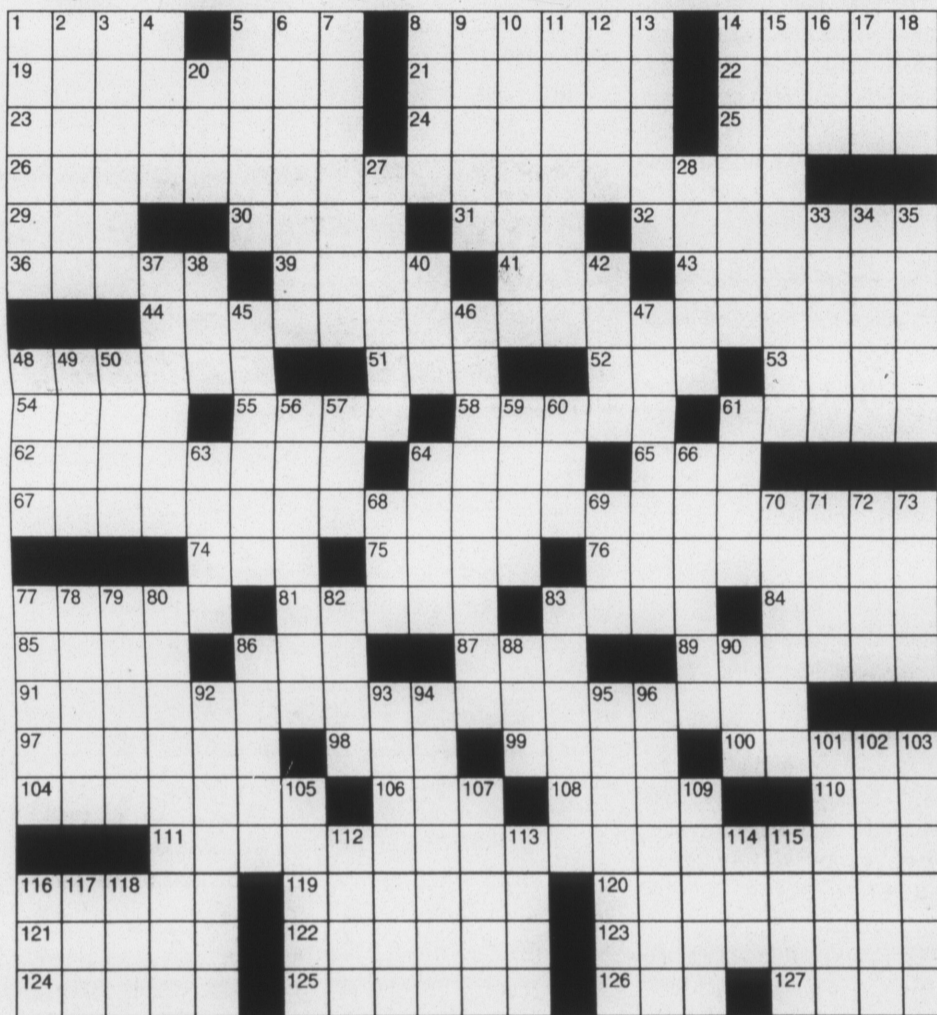
44 Riddle, part 2  
48 "— a son golt" ("Each to one's own taste")  
51 Big-billed bird  
52 Actress Novak  
53 See 36-Across  
54 Violin master Hilary  
55 Big-billed bird  
58 Increase  
61 Belief set  
62 Just slightly  
64 Insects in forest trails  
65 E. African country  
67 Riddle, part 3  
74 River in Switzerland  
75 Real heels  
76 More like heaven's gates?  
77 In the company of  
81 19th-century German industrialist Alfred  
83 Roman 2,505  
84 Sphere  
85 Root used to make poi  
86 Darjeeling, e.g.  
87 Singer Ocasek of the Cars

89 Like the firstborn child  
91 End of the riddle  
97 Soprano Auger or actress Sorkin  
98 Soccer's Hamm  
99 West African land  
100 Big name in baseball  
104 Put on anew, as a play  
106 "Lil" studio  
108 Done, in France  
110 Liquid in la Seine  
111 Riddle's answer  
116 Major port in Japan  
119 Terrarium creature  
120 Like firefighters and cyclists  
121 Swanky watch  
122 Like single-guy bands  
123 Extensive essay  
124 Megaphone noise  
125 Mole zappers  
126 Former JFK jet

127 Behaves  
DOWN  
1 Some afghans  
2 #1 Billboard song, often  
3 Hamper  
4 Arctic diver  
5 Say "Ouch!" say  
6 Pelvic-base bone  
7 Least ruddy  
8 Piece of work  
9 More skilled  
10 Big wave  
11 Hard-working people  
12 Whale variety  
13 Is compliant  
14 Formal arguer  
15 Redresses  
16 17th Greek letter  
17 R&D site  
18 A single one  
20 Mauna —  
27 Exchanges for bills  
28 "Attack, Rover!"  
33 "Tara Road" novelist Binky  
34 Curved  
35 — Canada (oil giant)  
37 Many a meal on a blanket

38 Beatles' bud Sutcliffe  
40 Fleecy male  
42 Noted Fifth Ave. store  
45 Puzzlement  
46 Started a play-for-pay career  
47 Drunk, slangily  
48 Cartoonist Addams, for short  
49 Padlock part  
50 "Alas"  
56 Frat party dispenser  
57 Place to stay the night  
59 Off-road trucks, briefly  
60 British verb suffix  
61 Singer of the hit "Believe"  
63 Neither hor. nor vert.  
64 Take — (doze)  
66 Go on a trip  
68 Hosp. part  
69 Tach abbr.  
70 "My pleasure!"  
71 Suffix with multimillion  
72 Roger of "Cheers"  
73 "Dam it all!"

77 In a conflict  
78 Faint gold medalist Phil  
79 Tough tests  
80 Student at a lecture, often  
82 Chicago mayor Emanuel  
83 Golden Arches java chain  
86 Faint trace  
88 Suffix of elements  
90 Drunk, slangily  
92 Cleaver  
93 Musical tone qualities  
94 "I dunno!"  
95 Detrains, e.g.  
96 Dawdles  
101 Relating to digestion  
102 Least ruddy  
103 High-end leathers  
105 Rave about  
107 Cheek tooth  
109 Speck in the sea  
112 Sushi staple  
113 Some male dolls  
114 Doc bloc  
115 Prefix with tarsal  
116 Sphere  
117 Fa-la link  
118 — mode



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celebrity  
extra

by Dana Jackson

**Q: I really miss the original "Sopranos" series on HBO, and I'm very excited there's going to be a new one — a prequel, they say. Who is going to be in it, and when will it air? — B.V.**

**A:** "The Many Saints of Newark" is a prequel to the critically acclaimed mob series "The Sopranos," but it's not a new series, it's a movie. It's produced and co-written by the original series creator, David Chase, who was widely criticized for his vague, anticlimactic series finale to such an acclaimed drama. Hopefully this motion picture will appease fans since a real sequel isn't possible due to the untimely death of the show's star, James Gandolfini.

The cast of "Many Saints" is stellar with such talent as Ray Liotta ("Goodfellas"), Leslie Odom Jr. ("Hamilton") and Vera Farmiga ("Bates Motel"). According to Deadline.com, the film is "set in the era of the Newark riots in the 1960s, and focuses on Dickie Moltisanti (played by Alessandro Nivola), the father of Michael Imperioli's original-series Christopher Moltisanti and a mentor to young Tony (Michael Gandolfini) as his own father, Johnny Boy, was

grooming his son for organized crime prominence." Michael Gandolfini was only 14 when his father, James, died of a heart attack, and now he's paying tribute to him as the young Tony Soprano.

It'll be hard to top the original classic of "The Sopranos," which won armfuls of Emmys during its reign on HBO, but perhaps it will be another classic film up there with Martin Scorsese's epics. It's set to premiere Oct. 1.

\*\*\*

**Q: I saw a red-carpet photo of Sean Penn and his daughter. She looks so much like her mother, Robin Wright. Is she an actor like her parents? — P.H.**

**A:** At 5-feet-7-inches tall, 30-year-old Dylan Frances Penn is indeed a clone of her mother, Robin Wright, especially when Robin played Buttercup in the classic Rob Reiner film "The Princess Bride." Like her mom, Dylan started out modeling before transitioning into acting. She currently stars in dad Sean Penn's new film "Flag Day," along with her brother Hopper Penn, who resembles his dad. Sean directs and stars in the movie, which according to Yahoo! News, is about "a real-life wheeler-dealer who lurches from one failed business venture to another, causing heartbreak for daughter Jennifer, who reveres him." Dylan accompanied her dad to the movie at the Cannes



Sean Penn and daughter Dylan

Photo Credit: Depositphotos

Film Festival, which earned them a standing ovation at the conclusion of their film.

\*\*\*

**Q: I was sorry to see that Yaya DaCosta's character nurse April won't be on "Chicago Med" anymore. I've been watching her on TV since she was on "America's Next Top Model." What's next for her? — C.K.**

**A:** While the "Chicago" shows — "Chicago Med," "Chicago Fire" and "Chicago P.D." — are big hits and will be back this fall, DaCosta was ready to vacate her supporting role after six years. A meatier role was quickly offered in the upcoming Lee Daniels' Fox drama "Our Kind of People." Daniels previously directed DaCosta in the film "The Butler" and also is the creative force behind the hit Fox series "Empire."

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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## Even Exchange by Donna Pettman

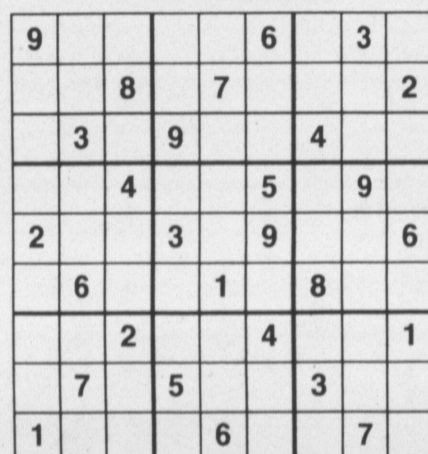
Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- |                      |             |                    |             |
|----------------------|-------------|--------------------|-------------|
| 1. Recluse           | H _ _ _ _ _ | Miss Piggy's beau  | K _ _ _ _ _ |
| 2. Rage              | _ _ _ _ _ R | Cherub             | _ _ _ _ _ L |
| 3. Sea-soldier       | _ _ _ _ _ E | Harbor             | _ _ _ _ _ A |
| 4. Rotating map      | _ _ _ _ _ B | Catcher's mitt     | _ _ _ _ _ V |
| 5. Financier         | _ _ _ _ _ N | Carnival huckster  | _ _ _ _ _ R |
| 6. Hatchling         | _ _ _ _ _ H | Get along with     | _ _ _ _ _ L |
| 7. Code inventor     | _ _ _ _ _ R | Mickey or Minnie   | _ _ _ _ _ U |
| 8. Accountant's book | _ _ _ _ _ E | Hotel guest        | _ _ _ _ _ O |
| 9. Spicy stew        | _ _ _ _ _ I | Cool in the fridge | _ _ _ _ _ L |
| 10. Overturn         | _ _ _ _ _ R | Buy stocks         | _ _ _ _ _ S |

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## Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

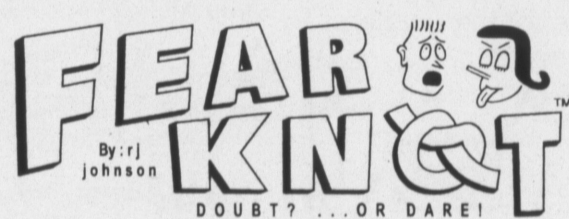
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## Super Crossword

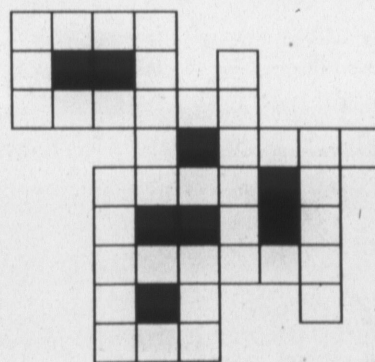
Answers

Even Exchange  
answers

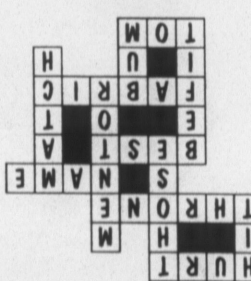
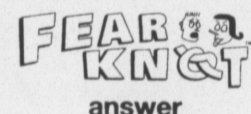
- |                   |                    |
|-------------------|--------------------|
| 1. Hermit, Kermi  | 10. Invert, Invest |
| 2. Anger, Angel   | 9. Chill, Chill    |
| 3. Marine, Marina | 8. Ledger, Lodger  |
| 4. Globe, Glove   | 7. Morse, Mouse    |
| 5. Banker, Barker | 6. Chick, Click    |



- BMU  
OMNERT  
♥ HESTO  
♥ ENMA  
ARCFIB  
ITH  
♥ TBSE  
AHMCT  
♥ MTO  
♥ EHNTRO  
ETFIB  
♥ UTRH



Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.



## Weekly SUDOKU

Answer

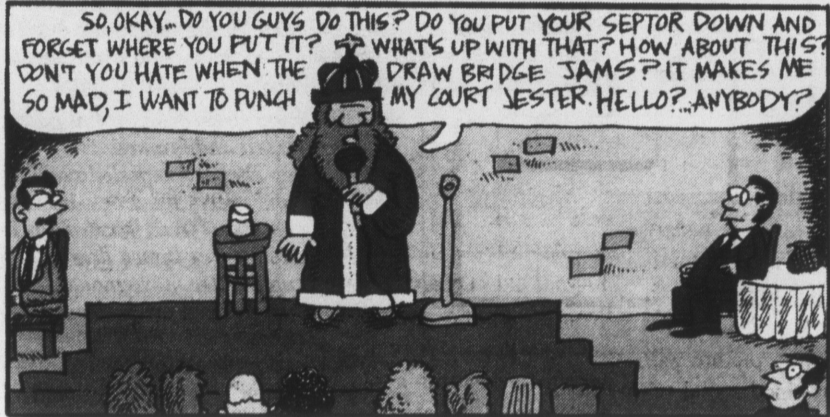
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Amber Waves

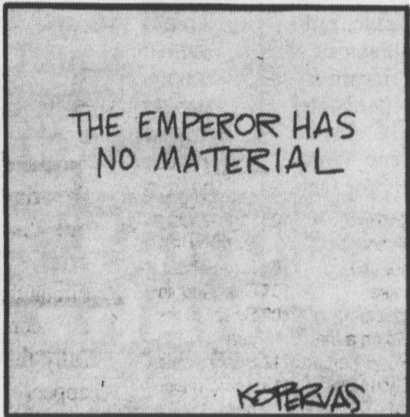


by Dave T. Phipps

Out on a Limb



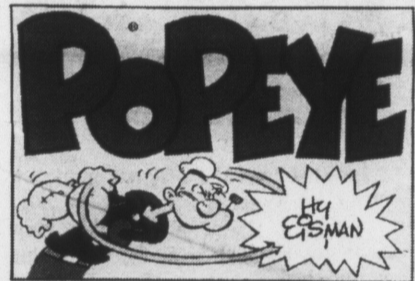
by Gary Kopervas



R.F.D.



by Mike Marland



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Seek

ARCHES

Bridge

TENURED

Diamond

TRACE

Quick

DRAIP

TODAY'S WORD

"Have you read any good lately?"

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

6	6	5	5	1	4
4	1	2	3	1	2
5	3	4	2	6	1
2	3	1	4	4	3
5	5	5	4	2	3
3	2	6	4	5	3

©2021 Conceptis Puzzles Dist. by King Features Synd., Inc.



Why the U.S. Ban on Dog Imports?

DEAR PAW'S CORNER: I've been working for months to purchase a purebred dog located in Ukraine. Today, the transaction was put on hold by the breeder, who said that dog imports are being banned by the U.S. What is going on? - Nadiya in NYC

DEAR NADIYA: What happened is that dogs are being imported into the U.S. with rabies certificates that are fraudulent. After at least 450 imported dogs were found to have fake certificates, the Centers for Disease Control and Prevention took action in June and temporarily banned the import of dogs from more than 100 countries\* with a high rabies risk, including Ukraine, for at least one year. According to the CDC's official notice, in 2020 it identified a significant increase in the number of imported dogs that were denied entry into the U.S. from high-risk countries. Due to reduced flight

schedules, dogs denied entry are facing longer wait times to be returned to their country of departure, leading to illness and even death.

Why did the number of fraudulent rabies certificates rise so quickly? In a word, the pandemic. During lockdown, demand for dogs (and cats) soared. Worried about the risk of animals being abandoned when their owners went back to the office, many shelters drastically raised fees and other requirements for adoption. Demand for imported dogs rose.

Unfortunately, there are no options for those who intend to purchase or adopt a dog from one of these countries. If you try to import the dog anyway, or even hand-carry it across the border, it will be denied entry and shipped back home at your expense. It's a bummer, but necessary to reduce the risk of rabies spreading in the U.S.

\*For a map showing banned countries, go to [www.statista.com](http://www.statista.com) and search for "CDC bans dog imports." To read the official notice, go to [www.cdc.gov](http://www.cdc.gov) and search for "high-risk dog ban."

Send your tips, comments and questions to [ask@pawscorner.com](mailto:ask@pawscorner.com).

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TOP VIDEO RENTALS AND SALES

TOP TEN VIDEO, DVD for release week of July 19, 2021

Video on Demand

- Nobody (R) Bob Odenkirk
- Godzilla vs. Kong (PG-13) Alexander Skarsgard
- Lansky (R) Harvey Keitel
- The Misfits (R) Pierce Brosnan
- Raya and the Last Dragon (PG) animated
- Those Who Wish Me Dead (R) Angelina Jolie
- Rogue Hostage (NR) Tyrese Gibson
- The Marksman (PG-13) Kathryn Winnick
- The Unholy (PG-13) Jeffrey Dean Morgan
- Till Death (R) Megan Fox

DVD, Blu-ray Sales

- Godzilla vs. Kong (PG-13) Warner Bros.
- Nobody (R) Universal
- Raya and the Last Dragon (PG) Disney
- Space Jam (PG) Warner Bros.
- Batman: The Long Halloween - Part One (PG-13) Warner Bros.
- Fast & Furious 8-Movie Collection (PG-13) Universal
- The Unholy (PG-13) Sony Pictures
- E.T. - The Extra-Terrestrial (PG) Universal
- A Quiet Place (PG-13) Paramount
- Tom & Jerry (PG) Warner Bros.

Source: Comscore/Media Play News

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Hitori answer

3	5	4	9	2	3
3	2	4	5	5	5
3	1	4	4	3	2
6	1	4	2	3	5
2	1	2	3	1	4
6	5	5	1	4	6

RECIPES

Today's Word  
3. Caret; 4. Rapid  
1. Search 2. Denture;  
solution

SCRAMBLERS



# CLASSIFIEDS

SERVICES	SERVICES	SERVICES	SERVICES	SERVICES	SERVICES				
<b>DERRICKS PAINTING</b> <i>When Quality Counts</i> <b>Interior/Exterior Home Repairs</b> <b>Gutter Cleaning</b> <b>References Available</b> <b>617-851-1688</b> <small>Licensed/Insured</small>	<b>KERRY CONSTRUCTION INC.</b> CARPENTRY, GUTTERS, DECKS REPLACEMENT WINDOWS & DOORS SHINGLE & RUBBER ROOFS FULLY INSURED & LICENSED <b>JIM AT 617-825-0592</b>	<b>IMAGE LANDSCAPING</b> <i>We are committed to your property.</i> <b>QUALITY WORKMANSHIP FOR ALL YOUR LANDSCAPING NEEDS</b>	<b>M&amp;M SALVAGE</b> - CLEANOUTS - CASH FOR CARS - FREE SCRAP REMOVAL <b>617-842-8205</b>	<b>T &amp; M Landscape</b> • Spring & Fall Cleanups • Power Washing • Lawn Mowing Services • Yard Mulching • Bushes & Trees Trimmed <i>Free Estimates</i> <b>617-733-4554</b> <i>~ AFFORDABLE RATES ~</i>	<b>Quincy Physical Therapy</b> Don't let pain change the way you live. Get on the right track today! <i>All insurances accepted</i> <b>Call 617-481-2000</b>				
<b>DANA AHERN</b> <b>617-633-9454</b> Licensed Massachusetts Real Estate Agent representing Flavin & Flavin Realty: Experienced realtor Maximize profit when selling, reduce Time finding property	<b>McGAHAN &amp; SON ELECTRIC CO.</b> <b>Residential/Commercial</b> Panel changes, ceiling fans, devices, additions. <b>MASTER ELECTRICIAN 14266A</b> <i>Free Estimates</i> <b>781-351-1022</b>	<b>DE PAULA CLEANING</b> Residential & Commercial <i>A service you can trust</i> 17 years experience - References Available - <b>Call Silvia 781-353-4108</b>	<b>HALLS FOR RENT</b> <b>MORRISETTE LEGION POST</b> 81-83 Liberty St., Quincy <i>Function Hall Available</i> <b>Call for Details 617-770-4876</b> Internet Capable • Weddings • Showers • Christenings • Meetings After Funeral Gatherings	<b>THOMAS C. SWEENEY</b> Smaller Jobs a Specialty 54 Years Experience <b>Carpentry, Siding, Painting, Porches</b> <b>Vinyl/Windows, Doors</b> <b>Roofing, Decking, Steps</b> License #1373 Free Estimates Reliable <b>781-974-4434</b> References					
<b>PERSONAL</b> <b>THE MIRACLE PRAYER</b> Dear Heart of Jesus, in the past, I have asked for many favors. This time, I ask you this very special favor (mention favor). Take it dear Heart of Jesus, and place it within your own broken heart where your father sees it. Then in his merciful eyes it will become your favor, not mine. Amen. Say this prayer for 3 days, promise publication and favor will be granted, no matter how impossible. Never known to fail. <b>M.F.</b>	<b>PERSONAL</b> <b>THE MIRACLE PRAYER</b> Dear Heart of Jesus, in the past, I have asked for many favors. This time, I ask you this very special favor (mention favor). Take it dear Heart of Jesus, and place it within your own broken heart where your father sees it. Then in his merciful eyes it will become your favor, not mine. Amen. Say this prayer for 3 days, promise publication and favor will be granted, no matter how impossible. Never known to fail. <b>J.A.S.</b>	<b>DG'S YARD MAINTENANCE</b> • LAWN MOWING • Mulching, Weeding & Edging • Small Tree Removal • Hedge & Shrub • Overseeding/Sod • Trimming or Removal • FULLY INSURED • Rototilling & Dethatching <i>Serious about Service</i> <b>CLEAN-UPS</b> <b>617-786-9558...FREE ESTIMATES</b>	<b>REAL ESTATE</b> <b>QUINCY REALTOR FOR 35 YEARS</b> <b>make sure you are getting the Highest Price for your property!</b> <b>617-834-5577</b>	<b>J.F. ROOFING Co.</b> <b>QUINCY, MA</b> • Shingles • Rubber • Slate • Copper • Vinyl Replacement Windows <b>617-471-8216</b> <b>CREDIT CARDS ACCEPTED</b>					
<b>Want to pick up a copy of The Quincy Sun?</b> <b>Here are stores in Quincy that sell it on their newsstands:</b>	<b>GOODIE'S STORE</b> 1250 Hancock St., Presidents Place <b>NEW STORE ON THE BLOCK</b> 1183 Hancock St., Quincy Ctr. T Station <b>HANCOCK MARKET</b> 1520 Hancock St. <b>MIGNOSA'S FRUIT BASKET</b> 138 Granite St. <b>STAR MARKET</b> 130 Granite St. <b>WALGREENS</b> 132 Granite St. <b>FRANKLIN ST. BP</b> 60 Franklin St. <b>7-11</b> 78 Franklin St. <b>SHOP N SAVE LIQUORS</b> 20 Independence Ave. <b>DONUT + DONUTS + MUFFINS</b> 33 Scammell St. <b>PRESIDENTIAL LIQUORS</b> 25 Scammell St. <b>ADAMS VARIETY</b> 22 Independence Ave. <b>DAILY MART</b> 291 Quincy Ave. <b>ROCHE BROTHERS</b> The Falls <b>WALGREENS</b> 418 Quincy Ave. <b>WALGREENS</b> 550 Adams St.	<b>ARTERY GROCERY</b> 1000 Southern Artery <b>7-11</b> 495 Washington St. <b>DAIRY FARM</b> 330 Washington St. <b>7-11</b> 230 Washington St. <b>STOP &amp; SHOP</b> Southern Artery <b>CVS</b> Southern Artery <b>7-11</b> 650 Adams St. <b>7-11</b> 678 Adams St. <b>VILLAGE COMM. MARKET</b> 100 Willard St. <b>COPELAND LIQUORS</b> 273 Copeland St. <b>GRANITE MART</b> 308 Willard St. <b>7-11</b> Copeland St. <b>JOE'S PLACE</b> 260 Centre St. <b>CORNER FOOD MARKET</b> 1060 Hancock St. <b>200 FOOD MART</b> 200 Sea St. <b>ADAMS SHORE SUPERMARKET</b> 494 Sea St. <b>PALMER STREET MARKET</b> 231 Palmer St. <b>BERNIE'S GENERAL STORE</b> 1147 Sea St.	<b>7-11</b> 721 Hancock St. <b>BEALE ST. NEWS AND TOBACCO</b> 17 Beale St. <b>CVS</b> 42 Beale St. <b>COFFEE BREAK CAFE</b> 12 Old Colony Ave. <b>SUPREME LIQUORS</b> 615 Hancock St. <b>SQUANTUM MARKET</b> 205 W. Squantum St. <b>STOP &amp; SHOP</b> 65 Newport Ave. <b>7-11</b> 363 Hancock St. <b>WALGREENS</b> 324 Hancock St. <b>SAM'S VARIETY</b> 125 Billings Rd. <b>LUCKY'S WINE &amp; LIQUOR</b> 66 Newbury Ave. <b>ATLANTIC MARKET &amp; LIQUORS</b> 247 Atlantic Ave. <b>CARMINE'S CAFE</b> 69 Huckins Ave. <b>7-11</b> 751 E. Squantum St. <b>LUCKY SHAMROCK</b> 265 Beale St. <b>EVEREST MARKET</b> 121 Standish Ave. <b>5 CORNER FOOD MART</b> 163 Newbury Ave. <b>WEST ELM VARIETY</b> 139 W. Elm Ave.	<b>Prayer to Thee Blessed Virgin</b> <i>(Never known to fail)</i> O, most beautiful flower of Mt. Carmel, fruitful vine, splendor of heaven, Blessed Mother of the Son of God, Immaculate Virgin assist me in this necessity. O Star of the Sea, help me and show me herein, you are my mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech thee from the bottom of my heart to succor me in my necessity (make request). There are none that can withstand your power. Oh, Mary, conceived without sin, pray for us who have recourse to thee (three times). Holy Mary, I place this cause in your hands (three times). Say this prayer for three consecutive days and then you must publish it and it will be granted to you. M.C.B.	<b>THANK YOU</b> <b>ST. JUDE, BLESSED MOTHER, ST. ANTHONY, ST. JOSEPH, ST. PEREGRINE, ST. THERESA</b> <b>J.D.</b>	<b>In Loving Memory</b> <b>DORIS VIOLETTE BLAKE-MENZ</b> July 4, 1919 - July 25, 2016 <b>DEPUTY CHIEF, QFD</b> <b>JOHN R. MENZ</b> August 31, 1918 - September 1, 2003 <i>Love, Your Son Doug</i>	<b>NEED A TUTOR FOR H.S. SUBJECTS</b> Quincy area, \$25/hr, speaking Spanish a plus <b>Call Tom</b> <b>617-347-0730</b>	<b>HELP WANTED</b> <b>BAR &amp; WAIT STAFF</b> Apply in person at <b>Cronin's Publick House</b> or email <b>CRONINSPUB@COMCAST.NET</b>	<b>PLEASE RECYCLE THIS NEWSPAPER</b>
<b>REPORT POTHOLES</b> Potholes are a year-round problem and should be reported to the Quincy Department of Public Works. <b>617-376-1914</b>									

## The Quincy Sun CLASSIFIED AD FORM

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PAYABLE IN ADVANCE. Payment must accompany order.

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- ☐ Boats
- ☐ For Rent
- ☐ Wanted
- ☐ Help Wanted
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- ☐ Pets
- ☐ Lost & Found
- ☐ Real Estate
- ☐ Antiques
- ☐ Flea Markets
- ☐ Yard Sales
- ☐ Instruction
- ☐ Day Care
- ☐ Personal
- ☐ Miscellaneous

### RATES

- |                         |   |
|-------------------------|---|
| <b>1 WEEK</b>           | <input type="checkbox"/> \$9.00 for one insertion, up to 20 words, 10¢ for each additional word.                                      |
| <b>2-4 WEEKS</b>        | <input type="checkbox"/> \$8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.             |
| <b>5-10 WEEKS</b>       | <input type="checkbox"/> \$7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.       |
| <b>11 WEEKS OR MORE</b> | <input type="checkbox"/> \$7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word. |

☐ Enclosed is \$\_\_\_\_\_ for the following ad to run \_\_\_\_\_ weeks in **The Quincy Sun.**

COPY: \_\_\_\_\_

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

# Cub Scout Pack 42 Holds Bicycle, Scooter Rally

Quincy's Cub Scout Pack 42 held a Bicycle and Scooter Rally on July 11 at Wollaston Elementary School.

The Scouts ran obstacle courses, played games and had a safety presentation from Massachusetts Safe Routes to School. The Quincy Police Department was on hand to donate bicycle helmets to children who needed them, courtesy of the law firm of Breakstone, White & Gluck. Volunteers from Quincycles hosted a helmet fitting and decoration station.

Pack 42 runs a year-round Scouting program for boys and girls in kindergarten through 5th grade. Participants gain character-building attributes such as leadership, preparedness and citizenship through a tested program based around fun, community-building activities. The parent-run volunteer leadership team places an emphasis on enjoying and respecting the outdoors.

Families interested in learning more about the group are invited to visit their website at [cubscout-pack42.org](http://cubscout-pack42.org) for more information or to join the group at one of their summer events.



QUINCY POLICE OFFICERS Stephen Cleary and Jim Whedbee, volunteers from Quincycles, and Vivian Ortiz from Massachusetts Safe Routes to School joined Cub Scout Pack 42 Quincy leaders and Scouts for their Bicycle and Scooter Rally on July 11 at Wollaston School. Photos by Vy Nguyen, Cub Scout Pack 42 Quincy

information or to join the group at one of their summer events.

The Pack will be holding a water bottle rocket launch on Saturday, Aug. 14, open to current Scouts and those interested in the program. Families interested in attending should email Cubmaster Matthew Sammons at [cubmasterpack42quincy@gmail.com](mailto:cubmasterpack42quincy@gmail.com) for more information.

## Main Public Library Reopens To The Public

The main library of the Thomas Crane Public Library reopened to the public July 14. The main library is located at 40 Washington St., Quincy Center.

Hours are Monday to

Thursday 9 a.m. to 9 p.m. and Friday and Saturday 9 a.m. to 5 p.m. Sunday hours will resume after Labor Day.

Outside pickup service has been discontinued.



CUB SCOUTS line up to participate in a game during Pack 42's Bicycle and Scooter Rally.

**FREE EVENT**

THE VETERAN'S VOICE NETWORK presents the

# VETERAN'S

★ SECOND ANNUAL ★

## Music Festival & Expo

FOR VETERANS, FIRST RESPONDERS & THEIR FAMILIES

Join us for a fun-filled day with Live Music, Free Food, Games for the Kids, Sport Competitions, Guest Speakers and Veteran Support Professionals

**Saturday, July 24, 2021**

Pageant Field, 1 Merrymount Parkway, Quincy, MA

**10 AM - 3 PM**

FOR EVENT INFORMATION: **781-985-1551**  
OR EMAIL: [greggbrasso@aol.com](mailto:greggbrasso@aol.com)

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CUB SCOUT CHARLOTTE MOK of Quincy rides a bike through a course during one of the activities at Cub Scout Pack 42's Bicycle and Scooter Rally.

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